

[LB 1522]

Sub. Code: 1522

**THIRD B.N.Y.S. DEGREE EXAM – AUGUST 2012**

**Paper – VII MASSAGE, AROMATHERAPY,  
CHIROPRACTICE AND OSTEOPATHY**

**Q.P. Code: 821522**

**Time: 180 minutes**

**Maximum: 100 marks**

**Answer ALL questions**

**I. Elaborate on:**

**Pages Time Marks  
(Max.)(Max.)(Max.)**

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|---|----|----|----|
| 1. What is massage and its effects on nutrition, Haematogenesis, Phagocytosis, Absorption of increased inflammatory exude, Obese and emaciated. | 16 | 25 | 15 |
| 2. Write down various movements in massage, used for each part of the body and contradicted movements.  | 16 | 25 | 15 |

**II. Short notes on:**

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|--|---|---|---|
| 1. Aromotherapy for Anxiety.             | 3 | 8 | 5 |
| 2. Classify kneading movements.          | 3 | 8 | 5 |
| 3. Shiatsu in manipulative therapy.      | 3 | 8 | 5 |
| 4. Powder massage – merits & demerits.   | 3 | 8 | 5 |
| 5. Effects of pressure of hands on skin. | 3 | 8 | 5 |
| 6. Phagocytosis.                         | 3 | 8 | 5 |
| 7. Massage to head and spine.            | 3 | 8 | 5 |
| 8. Massage to infants and children.      | 3 | 8 | 5 |
| 9. Osteopathy.                           | 3 | 8 | 5 |
| 10. History of massage in brief.         | 3 | 8 | 5 |

**III. Short Answers on:**

- |  |   |   |   |
|--|---|---|---|
| 1. Side effects of aroma oils.                             | 1 | 5 | 2 |
| 2. Oils used in Insomnia.                                  | 1 | 5 | 2 |
| 3. Difference between Indian and Swedish massage.          | 1 | 5 | 2 |
| 4. Touch and its classification.                           | 1 | 5 | 2 |
| 5. Blending of aroma oils.                                 | 1 | 5 | 2 |
| 6. Dry brush massage.                                      | 1 | 5 | 2 |
| 7. Circum Location.  | 1 | 5 | 2 |
| 8. Physiological effects of Chiropractice.                 | 1 | 5 | 2 |
| 9. Chiropractice - Origin.                                 | 1 | 5 | 2 |
| 10. Difference between Indian massage and Swedish massage. | 1 | 5 | 2 |

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