

[LB 1525]

Sub. Code: 1525

**FOURTH B.N.Y.S. DEGREE EXAM – AUGUST 2012**

**Paper – III FASTING AND DIET THERAPY**

**Q.P. Code: 821525**

**Time: 180 Minutes**

**Maximum: 100 marks**

**Answer ALL questions**

**I. Elaborate on:**

1. Write briefly rules of fast.
2. Dietary management in
  - (i) Obesity
  - (ii) Gout.

**Pages Time Marks  
(Max.)(Max.)(Max.)**

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**II. Short notes on:**

1. Classify fasting.
2. List auxiliaries of fasting.
3. Pros and cons of fasting.
4. Vital economy in health.
5. Diet therapy for fatty liver.
6. Diet therapy in old age.
7. Draksha Kalpa (Grape juice diet)
8. Fasting in chronic disease.
9. Fasting in ancient India.
10. How to break the fast?

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**III. Short Answers on:**

1. Law of vital energy.
2. Aestivation.
3. Importance of mudpack in fasting.
4. Disease crisis.
5. Clothing and fast.
6. Coriander juice.
7. Salt as a forum.
8. Ash gourd.
9. Fasting in Skin allergy.
10. Cause of disease in Naturopathy.

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