

[LD 135]

OCTOBER 2013
MPT DEGREE EXAMS
SECOND YEAR

Sub. Code: 8135

BRANCH V – SPORTS PHYSIOTHERAPY
PAPER II – PHYSIOTHERAPY INTERVENTIONS (SPECIALITY II)
Q.P. Code : 278135

Time : 3 hours

Maximum : 100 marks

I. Elaborate on :

(2x20=40)

1. Explain in detail the applied Biomechanics, aetiology and Exercise prescription following Hamstring injury of a 22 yr old athlete.
2. Physiotherapy management of a 30 yr old cricketer who had underwent arthroscopic Bankart repair tear less than 5mm.

II. Write notes on :

(10x6=60)

1. Pre – event massage
2. DAPRE technique
3. Fortification
4. Role of mechanical compression in soft tissue edema.
5. Pulsed muscle energy technique.
6. Write briefly about “not to tape”
7. Thoracic outlet syndrome
8. Manipulation for tenniselbow.
9. Core stability exercise using swissball.
10. Osgood –Schlatter’s disease.
