

[LD 136]

OCTOBER 2013
MPT DEGREE EXAMS
SECOND YEAR

Sub. Code: 8136

BRANCH VI – PHYSIOTHERAPY IN OBSTETRICS AND GYNECOLOGY
PAPER II – PHYSIOTHERAPY INTERVENTIONS (SPECIALITY II)

Q.P. Code : 278136

Time : 3 hours

Maximum : 100 marks

I. Elaborate on :

(2x20=40)

1. Discuss in detail the short term and long term physiotherapy management following cesarean section. Elaborate on Ergonomic Consideration.
2. Discusses briefly about pelvic floor muscles, grading strengthening and its significance in relation to urinary incontinence.

II. Write notes on :

(10x6=60)

1. Contra indication to exercise during pregnancy
2. Post natal abdominal muscle training
3. Re education of Diastasis Recti Abdomini
4. Weight gain during pregnancy
5. Normal dietary requirements during growth spurt
6. Neonatal respiratory distress syndrome
7. Post operative complications of mastectomy and its management
8. Breathing techniques used in various stages of labour
9. Electrotherapy option for labour pain and postnatal problems.
10. Ergonomic control of musculoskeletal injuries for women in work place.
