# B.Sc (Nursing) DEGREE EXAMINATION (New Regulations for the candidates admitted from 2006-07 onwards) FIRST YEAR PAPER II – NUTRITION AND BIOCHEMISTRY

Q.P. Code: 664702

Time: Three hours

Maximum: 75 marks

## Answer Section A and Section B Separately SECTION A (NUTRITION)

I. Elaborate on: (1x15=15)

1. Discuss any three National Nutrition Programmes.

II. Write notes on: (3x5=15)

- 1. Principles of menu planning
- 2. Goitre
- 3. Factors affecting food and nutrition intake.

### III. Short Answers on: (5x2=10)

- 1. What is rickets?
- 2. Define health
- 3. List out four foods avoided by a diabetic patient
- 4. What are essential amino acid?
- 5. Define Basal Metabolic Rate

### SECTION B (BIOCHEMISTRY)

I. Elaborate on: (1x15=15)

1. Define Glycolysis. Describe in detail about the pathway and significance of Glycolysis.

### II. Write notes on: (2x5=10)

- 1. Hypervitaminosis
- 2. Define and classify the enzymes.

### III. Short Answers on: (5x2=10)

- 1. Osmosis
- 2. Name the water soluble and fat soluble vitamins.
- 3. Flurosis
- 4. Essential Amino Acids
- 5. Lysosomes

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