B.Sc. CARDIAC TECHNOLOGY

SECOND YEAR

PAPER II – TREADMILL EXERCISES STRESS TESTING AND 24 HOUR AMBULATORY ECG RECORDING

Q.P. Code: 801512

Time: Three Hours Maximum: 100 Marks

Answer all questions

I. Elaborate on: $(3 \times 10 = 30)$

- 1. What are the indications and contra indications for Treadmill Test?
- 2. What are the physiological changes takes place during exercise Test?
- 3. List out the difference exercise protocols you know and discuss in detail about Bruce protocol.

II. Write notes on: $(8 \times 5 = 40)$

 $(10 \times 3 = 30)$

- 1. Indications for 24 hour holter monitoring.
- 2. Modified Bruce protocol.
- 3. MASONLIKER modification and its advantage.
- 4. Define METs (metabolic equivalent).
- 5. Non electro cardiographic changes during Treat mill test.
- 6. Different types of ST depression.
- 7. DUKE Tread mill score.
- 8. Dressing and dietary advice for Tread mill test.

III. Short answers on:

- 1. Indication for ARM ERGOMETRY.
- 2. Types of ST segment depression.
- 3. ST segment elevation in Tread mill test.
- 4. Non coronary cause for ST depression.
- 5. Target heart rate for exercise test.
- 6. Indication for modified Bruce protocol.
- 7. List out arrhythmias noted during tread mill test.
- 8. Instruction to patient while doing Tread mill test.
- 9. Monitoring during recovery period of treadmill Test.
- 10. Basis for Tread mill test.
