

[LG 823]

FEBRUARY 2015

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE  
EXAMINATION  
FIRST YEAR - NON SEMESTER  
PAPER II – NUTRITION AND DIETETICS**

*Q.P. Code : 684883*

**Time: Two hours**

**Maximum: 35 marks**

**I. Elaborate on:**

**(1 x 15 = 15)**

1. a) Write about the importance of assessing nutritional status in a Community.
- b) Write elaborately on various methods of assessing nutritional status in a community.
- c) List out the channels of nutrition education methods.

**II. Write notes on:**

**(2 x 5 = 10)**

1. Routine hospital diets
2. Food hygiene

**III. Short answers on:**

**(5 x 2 = 10)**

1. Write any two signs and symptoms of rickets
2. List four foods to be avoided in hypertension
3. Any four advantages of breast feeding
4. List four nutritional problems in India
5. Food exchange system

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