

**FIRST B.N.Y.S. DEGREE EXAMINATION**  
**PAPER VI – PHILOSOPHY OF NATURE CURE - II**

*Q.P. Code : 821508*

**Time: Three Hours**

**Maximum : 100 Marks**

**Answer All questions**

**I. Essay Questions:**

**(2 x 15 = 30)**

1. Explain in detail about the scientific relaxation and normal suggestion.
2. Write in detail about the role of diet and yoga in nature cure.

**II. Write Notes on:**

**(10 x 5 = 50)**

1. Ways to improve elimination.
2. Ojas and Mala vignana.
3. Preparation of Homeo medicine.
4. Dinacharya.
5. History of Allopathy.
6. Properties of air.
7. Importance of Mental hygiene.
8. Basic Principles of Unani.
9. Nature cure Vs. Modern Medicine.
10. History of Ayurveda.

**III. Short Answers on:**

**(10 x 2 = 20)**

1. Types of agnis.
2. Properties of mud.
3. Vaccination.
4. Types of enema.
5. Sapta Dhatus.
6. Ennervation.
7. Fomentation.
8. Mother tincture.
9. Define fasting and types.
10. Define Balanced diet.

\*\*\*\*\*