

[LI 823]

FEBRUARY 2016

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE  
EXAMINATION  
FIRST YEAR - NON SEMESTER  
PAPER II – NUTRITION AND DIETETICS**

*Q.P. Code : 684883*

**Time: Two hours**

**Maximum: 35 marks**

**I. Elaborate on:**

**(1 x 15 = 15)**

1. a) Define Nutrition and Balanced Diet.
- b) Dietary modification for patients with Acute Renal Failure.
- c) Malnutrition – Causes, Signs and Dietary Modification.

**II. Write notes on:**

**(2 x 5 = 10)**

1. National Nutrition Policy.
2. Dietary fibre.

**III. Short answers on:**

**(5 x 2 = 10)**

1. List four conditions that require potassium restriction.
2. Define specific Dynamic Action.
3. Give example for supplementary foods to infants.
4. Post-operative diet.
5. Classification of protein based on quality with example.

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