



**Government of Tamil Nadu
Health & Family Welfare Department
Commissionerate of Indian Medicine
and Homoeopathy**

**Treat and prevent Dengue fever through Siddha Medicine
Natural healing through traditional medicine**



(1) PAPAYA LEAF JUICE

Fresh Papaya leaves (excluding veins) should be mixed with a little cold water and ground and filtered. Consume 10 ml four times a day. Fever will subside on consumption for five days. Even after recovery from fever this may be continued for another two days.

Papaya leaf juice is a traditional home made natural medicine.



(2) MALAI VEMBU LEAF (HILL NEEM) JUICE

Fresh Malaivembu leaves should be mixed with a little cold water and ground and filtered. Consume 10 ml two to three times a day. Fever will subside on consumption for five days. Even after recovery from fever this may be continued for another two days.

Malaivembu leaf juice is a traditional home made natural medicine.



(3) NILAVEMBU KUDINEER

Boil 10 grams of Nilavembu Kudineer Powder in 100 ml of water until it gets reduced to half and consume 50 ml two times per day in the morning and evening. Prepare the Nilavembu Kudineer freshly for each dose. Fever will subside on consumption for five days. Even after recovery from fever this may be continued for another two days.

Nilavembu Kudineer powder is available in all Siddha wings in Government Hospitals and Primary Health Centres free of cost.

For further information contact :

INDIAN MEDICINE WINGS OF THE GOVERNMENT HOSPITALS