

[LL 1017]

OCTOBER 2017

Sub. Code: 1311

**M.Sc. CLINICAL NUTRITION EXAMS
SECOND YEAR
PAPER I – APPLIED NUTRITION**

Q.P. Code : 281311

Time : Three hours

Maximum : 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Role of functional foods in health and disease.
2. Diet and feeding patterns of 0 to 12 months infants.

II. Write notes on:

(10 x 6 = 60)

1. Rationale for menu planning.
2. Advantages of breast milk.
3. Effect of maternal nutrition on foetal outcome.
4. Nutritional problems for preschoolers.
5. Dietary guidelines for adolescents.
6. Techniques for measuring body composition for elderly.
7. Nutritional requirement in hot environment.
8. Different types of space foods.
9. Classification of functional foods.
10. Exchange list and food composition table.
