

DAY – 1 – DEPARTMENT OF EXPERIMENTAL MEDICINE- SERIAL. NUMBER 1 to 17

S. No	System	Topic	Name	Time
1	Siddha	Lifestyle Management Of Heart Disease-A Review	Dr.M.Selvam ¹ , Dr.T.Maduravani ² , Dr.A.Kingsly ³ , Dr.G.Esakkypandian ⁴ , Dr.R.Antony Duraichi ⁵ , Government Siddha Medical College, Palayamkottai. Email.Id: Vijayaselvamsms24@Gmail.Com	2:00-2:07 P.M
2	Siddha	Lifestyle Modification And Management Of Sinaipai Neerkatti –Pcod In Siddha	Dr.Mirunaleni , Dr.Anusha, Dr.Shalini, Dr.Arulmozhi Mirunalenibsms@Gmail.Com	2:08-2:14 P.M
3	Siddha	Moringa Oleifera -Mother's Best Friend	Aravind Samy.M, Gowslya.E, Kalainithi.K,Uma.A.P Sivaraj Siddha Mdical College, Salem, Aravindjames296@Gmail.Com	2:15-2:21 P.M
4	Siddha	Lifestyle Disease And Its Holistic Management	Dr.B.V.Shasikala (PG Scholar) ¹ , Dr. M. Mohamed Musthafa.,Md(S),Gsmc, Chennai Dr.Nandhinielangovan@Gmail.Com	2:22-2:28 P.M
5	Siddha	A Holisitic Approach On Individual's Health Against Challenging Environmental Diseases.	Vishnu Priya.K ¹ , Pavithra. ¹ , Ramya.R ² , Balagurusamy.K ³ Velumailu Siddha Medical College & Hospital, Sriperumbudu. Email: velumailusiddha@yahoo.in	2:29-2:35 P.M
6	Siddha	A Role Of Yoga In Maintaining Good Posture For Holistic Health	M. Latha Rani 1 , S. Mathu Kumar 2 1. Professor, Sri Sairam Siddha Medical College & Research Centre, Chennai – 44. drlatharani@gmail.com	2:36-2:42 P.M
7	Siddha	Holistic Management And Rehabilitation Of Obsessive Compulsive Disorder By Cell Phones	Abarna.B 1 , Swathi.T 1 , Ramya.R 2 , Balagurusamy.K 3, Velumailu Siddha Medical College And Hospital, Sriperumbudur. velumailusiddha@yahoo.in	2:43-2:49 P.M
8	Siddha	Prevention and management of Iron deficiency anemia through siddha system of medicine - An rmerging lifestyle disorder	Sudha V 1 , Sasi Rekha R 2 , Anbu N 3 1 Pg Department Of Medicine, Gsmc, Chennai 106. dr.sudhabsms93@gmail.com	2:50-2:56 P.M
9	Siddha	Healthy Ageing- A Work Of Art	Dr. N. Anbu, Dr. S. Saranyashalini, Dr. A. Lavanya, Government Siddha Medical College, Chennai 9788837600 . Dr.Saranyashalini@Gmail.Com	2:57-3:03 P.M

10	Siddha	Pregnancy & Iron Deficiency Anemia A Holistic Approach Towards Well Being Of Mother- A Review	Dr.D.Beula Consultant (Nhm) Drdbeulapremmil@Gmail.Com	3:04-3:10 P.M
11	Siddha	Antioxidant and hepatic enzyme changes in kanakalinga corporate meshuga, treated experimental hypothyroid disorder	Elango.V And Jeya Venkatesh J Department Of Siddha Medicine, Faculty Of Sciences, Tamil University, Thanjavur. Drelangovantu@Gmail.Com	3:11-3:17 P.M
12	Siddha	Ennai Kuliyal (Medicated Oil Bath) - A Non-Invasive Therapy For Integrated Psychiatric Management	V.S. Nandini*, C. Samuel Justin Raj*, Thomas M Walter# Govt Siddha Medical College, Palayamkottai,Tamilnadu Nandinivsnandu@Gmail.Com	3:18-3:24 P.M
13	Siddha	Anti Aging - Possible In Siddha	Dr. A. Suberna Devi Md(S), Reg. No: 4192, Siddha Physician. Email Id: Subernadevi@Gmail.Com	3:25-3:31 P.M
14	Siddha	Management And Prevention of Lumbar spondylosis -A review of siddha pharmacotherapy non – pharmacological therapies	Dr.A.Lavanya M.D(S), Research Associate, Siddha Central Research Institute, Chennai-106 Lavanyasiddha@Gmail.Com	3:32-3:38 P.M
15	Siddha	A Role On Nutrition For Lifestyle Disorders In Holistic Approach	Selvalenin. C, Dr. Revathi. M Sivaraj Siddha Mdical College, Salem,Tamilnadu,India. E-Mail : Leninselva555@Gmail.Com	3:39-3:45 P.M
16	Siddha	Holistic Assistance For Hypertension With Imbooral Leghiyam	Porkodi Porcheliam ThamaraiKannan Vijayakumar, Prakash Ramesh, Dr.Rajarajeshwari ,Sivaraj Siddha Medical College, Salem. Mail Id: Sp11496@Gmail.Com	3:46 –3:52 P.M
17	Siddha	A Study On External Haemorrhoids Allied With diet And Life Style	Dr.Revathi.M.,(Lecturer) Sivaraj Siddha Medical College, Salem. E-Mail : Prajna_Slm@Yahoo.Com	3:53 – 4:00 P.M

DAY –1- SENATE HALL, SERIAL NUMBER 18 to 33

18	Ayurveda	Integrative Oncology – Ayurvedic Approach	Dr M.K.Seeni M.D (Ayu),Ph.D (Ayu), Asst.Prof, Govt. Ayurveda Medical College & Hospital, Kottar , Nagercoil Drmkseeni@Gmail.Com	2.00 – 2:07 P.M
19	Ayurveda	A Holistic Approach Towards Prevention And Treatment Of Hypertension	Vyshna Ravindran 4th Year Bams From Sri Ayurveda Medical College , Chennai Vyshna.2@Gmail.Com	2.08 – 2:14 P.M
20	Ayurveda	Efficacy Of Ayurveda Formulation For The Treatment Of Type-2 Diabetes	Suganthan R., Palanisamy T, Kalpana.S., Joseph Maria Adaikalam.S And Srinivas G Department Of Epidemiology The Tn Dr.M.G.R.Medical University,Chennai 21suganth.ayu@gmail.com	2.15 – 2:21 P.M
21	Ayurveda	LITERATURE REVIEW OF PCOS TREATMENT IN VIEW OF INDIAN SYSTEM OF MEDICINE	Dr Lavanya.M., MRs.Kavitha.S. Dr Shanmugasundari. R., DR Joseph Maria adaikalam, Department Of Epidemiology, TN Dr M.G.R Medical University vennila298@gmail.com	2:22-2:28 P.M
22	Homeopathy	Positive Approach/Role Of Homoeopathic Medication In Diabetic Patients During Clinical Practice.	Dr Shikha Upadhyay,Mph Dr Debadutta Sahoo,Mph School Of Public Health,Aiims Jodhpur Drdevaiims2610@Gmail.Com	2:29-2:35 P.M
23	Homeopathy	The Pace Of Homoeopathy To Improve As Primary Palliative Care	Dr. Hari Sankar.V Md (Hom) Associate Professor, Sarada Krishna Homoeopathic Medical College Kulasekharam, Kanyakumari District, 629161 Resdep@Skhmc.Org	2:36-2:42 P.M
24	Homeopathy	Clinical Study On Homoeopathy For Attention Defecit Hyperactivity Disorder (Adhd) In School	Dr. N.V.Sugathan * & Dr.V.Siju Email: siju.suchi@gmail.com	2:43-2:49 P.M

		Children		
25	Homeopathy	Prevalence Of Metabolic Syndrome In School Children And Its Homoeopathic Management	Dr.T.Ajayan Sarada Krishna Homoeopathic Medical College Kulasekharam, Kanyakumari District,-629161. tajayandr@gmail.com	2:50-2:56 P.M
26	Homeopathy	Effectiveness Of Natrum Muriaticum 1m On Reduction Of Tsh Level In Females Between Age Group 35 TO 55 years	Dr. SATHISH KUMAR . V PROFESSOR, HOD Dep of Repertory Sarada krishna homoeopathic medical college hospital Kulasekharam sathishskhmc@gmail.com	2:57 – 3:03 P.M
27	Homeopathy	Management Of Critical Values In Hematology Laboratory In Skhmc.	Dr.Chandradeva.C.V. resdep@skhmc.org	3:04 – 3:10 P.M
28	Siddha	Integrated Psychiatry Psychiatric Disorders (Schizophrenia) And Its Treatment In Siddha Medicine – Literature Overview	Priya M ¹ Geethadevi S ² ,Ujjevanam G ³ ,Kanagavalli K ⁴ ¹ compulsory Rotatory Residential Internship,Government Siddha Medical College,Chennai-106. Email Id: priyabsms23@gmail.com	3:11 – 3:17 P.M
29	Siddha	Role Of Yogasanam In Treatment Of Pcos	R.Deebiga ¹ , S.Mathukumar ² .Lecturer, 2.Principal, Sri Sairam Siddha Medical College dr.deebi@gmail.com	3:25 – 3:31 P.M
30	Siddha	Efficacy Of Arimedadi Oil Pulling In Plaque Related Gingivitis	Shanmuga Sundari S ¹ ,Koshy Chithresan ² , Srinivas G ¹ , Arun Maradi ² , Valarmathi S ¹ , Kalpana S ¹ , Geethalakshmi S ¹ The Tamilnadu Dr. M.G.R. Medical University And Sri Ramakrishna Dental College, shanmugiram@gmail.com	3:18 – 3:24 P.M
31	Siddha	A Study On Natural Siddha Supplement (Mr. Health) In	<u>Thirunarayanan G¹</u> , Tamizharasan S ² , Shree Devi Ms ³ ,1.. Medical Consultant, Shri Siddeshwara Siddha Hospital,	3:25 – 3:31 P.M

		Body Builders	Panruti.2., Chennai.Thirunarayanan.Dr@Gmail.Com	
32	Siddha	In Vitro Evaluation Of Wound Healing Assay Of Siddha Formulation On Padikara Neer.	Suvetha C ¹ , Vanitha A ² , Seethalakshmi G ³ , Valarmathi S ⁴ , Srinivas G ⁵ The Tamilnadu Dr.M.G.R Medical University, Chennai. sweths66@gmail.com	3:32 – 3:38 P.M
33	Siddha	Interventional Siddha Therapy For Insulin Dependent Diabetes Mellitus Foot Ulcer With Majitti Root (Rubia Cordifolia) Kudineer - A Case Study	Ujjeevanam G ¹ , Kanagavalli K ² ¹ head Of The Department, Aruvaimaruthuvam, Government Siddha Medicalcollege, Chennai-106. Email Id: ujjeevanam@gmail.com Phone No:9884175653	3:39 – 4:45 P.M

DAY-2: DEPARTMENT OF EXPERIMENTAL MEDICINE, SERIAL NUMBER 34 to 49

34	Yoga & Naturopathy	Study To Evaluate The Changes In Polycystic Ovarian Morphology After Naturopathy And Yoga Interventions	Dr. M. Ezhil Ratnakumari, M.D Government Yoga And Naturopathy Medical College And Hospital, Arumbakkam, Chennai. drezhilratnakumari@gmail.com	2:00- 2:07 P.M
35	Yoga & Naturopathy	Effect Of Classical Acupuncture In Chronic Insomnia – A Single Case Study	Dr. M. Kalpanadevi, Bnys Md Final Year, Dept. Of Acupuncture & Energy Medicine, Govt. Yoga & Naturopathy Medical College, Arumbakkam, Chennai – 106 drkalpanabnys@gmail.com	2:08- 2:14 P.M
36	Yoga & Naturopathy	Efficacy Of Mud Pack To Eyes On Sleep Disorders	Dr. Y. Rosy Ayda, Md Iii Year (Naturopathy), Govt. Yoga And Naturopathy Medical College, Arumbakkam drrosyayda@gmail.com	2:15- 2:21 P.M
37	Yoga & Naturopathy	Effect Of Jalandra Bandha On Hypothyroidism	Dr.S.Vinudha Ii Year M.D Yoga Government Yoga And Naturopathy Medical College And Hospital., Chennai-106. vinudhamanian@gmail.com	2:22- 2:28 P.M
38	Yoga & Naturopathy	Pranic Healing For Healthy Aging	B.R.Amarnath ¹ , T.Tamilarasu ² Jss Institute Of Naturopathy And Yogic Sciences, Coimbatore.641105 Email: tamilarasumoorthy@gmail.com	2:29- 2:35 P.M
39	Yoga & Naturopathy	Physiological Effects During Practice Of Arokya Raksha Panchatantra In Health Volunteers	A.Gobinath, R.Rajamani, Final Bnys. Jss Institute Of Naturopathy And Yogic Science, Cbe.Agobi95@Gmail.Com (9942264270) drswathiram1995@gmail.com	2:36- 2:42 P.M
40	Yoga &	Auto Immune Disorder- Naturopathy And Yogic	Prof. Dr. B.T. Chidaananda Murthy Principal & Cmo, Jss Inys, Coimbatore.	2:43- 2:49 P.M

	Naturopathy	Management Of Psoriasis; A Clinical Case Presentation	Btcmurthy@Gmail.Com	
41	Yoga & Naturopathy	To Evaluate Yoga And Naturopathy Intervention In Abdominal Obesity (The Hidden Health Risk)	Dr Divya D & Dr Kayelarasi A Government Yoga And Naturopathy Medical College Hospital, Chennai Divyaraji9793@Gmail.Com	2:50- 2:56 P.M
42	Yoga & Naturopathy	Immediate Effect Of Hot Water Immersion of extremities on pulmonary function in healthy individuals: A randomized control trial	Dr .Divya, Second Year, Md,Dept.Of.Naturopathy,Govt.Yoga & Naturopathy , Medical College And Hospital,Arumbakkam,Chennai-106. Email: divyaraji9793@gmail.com	2:57- 3:03 P.M
43	Yoga & Naturopathy	Longitudinal cohort study to Identify the efficacy of Yoga in preventive atherosclerotic changes in coronary Arteries	R. N. Rani , S. T. Venkateswaran Department Of Yoga, Government Yoga And Naturopathy Medical College, Chennai Email: r.navisrani@gmail.com	3:04- 3:10 P.M
44	Yoga & Naturopathy	To Evaluate The Efficacy Of Cold Hip Bath On Primary Dysmenorrhoea	P. Prema Latha, N. Manavalan Department Of Naturopathy, Government Yoga And Naturopathy Medical College, Chennai. prems165@gmail.com contact no. 9994532029	3:11- 3:17 P.M
45	Yoga & Naturopathy	Effect Of Gastro Hepatic (Gh) Pack On Non-Alcoholic Fatty Liver Disease	Dr.C.Senthilkumar, Third Year M.D.Naturopathy , (Govt. Yoga & Naturopathy Medical College , Chennai-106) sasimathi2013@gmail.com	3:18- 3:24 P.M
46	Yoga And Naturopathy	A cross-sectional survey on awareness and attitude regarding Diabetes Mellitus and its Yogic management	Dr. Naresh Kumar Ph: 9976157398 JSS Institute of Naturopathy and Yogic Sciences Palakad Highway, Navakarai, Coimbatore	3:25- 3:31 P.M
47	Nursing	Life Style Diseases And Its Holistic Management	Dr.N.Kokilavani M.Sc(N).,M.A(Pub Admin).,M.Phil.,Ph.D.,Principal,	3:32- 3:38 P.M

			Adhiparasakthi College Of Nursing, Melmaruvathur - 603 319. Email: drnkvani@gmail.com	
48	Nursing	Holistic Nursing And Integrative Health Approaches	Dr.C.Susila.Principal,Billroth College Of Nursing, Chennai Susilachandrasekaran@Yahoo.Com	3:39- 3:45 P.M
49	Basic science	Effects Of Skin Tap Technique On Intramuscular Injection Pain	Manju R1, Arumugam P2, Geethalakshmi S3 Department of Transfusion Medicine, The TamilNadu Dr.MGR Medical University, Guindy, Chennai. manju.r@tnmgrmu.ac.in	3:46- 3:52 P.M

DAY -2: SENTATE HALL, SERIAL NUMBER 50 to 67

50	Siddha	A Review On Integrative Psychiatry In Siddha System	Rohini Priya.R ¹ , Ramya. R ² , Balagurusamy. K ³ Velumailu Siddha Medical College And Hospital, Sriperumbudur. velumailusiddha@yahoo.in	2:00- 2:07 P.M
51	Siddha	Holistic Management Of Cardiovascular Diseases- A Lifestyle Disorder	Aathifa Anjum. K ¹ , Divya. D ¹ , Ramya. R ² , Balagurusamy. K ³ , Velumailu Siddha Medical College And Hospital, Sriperumbudur. velumailusiddha@yahoo.in	2:08- 2:14 P.M
52	Siddha	In Vitro Anti Cancer Activity Of Chanda Marutha Chenduram Using Cell Line Model	Ponnaiya.V1, Ravichandran.M2* Govt. Siddha Medical College, Chennai 106. Govt.Siddha Medical College, Chennai 106. Email: Sreeveeka.Rv@Gmail.Com	2:15- 2:21 P.M
53	Siddha	An Integrative approach of psychiatric disorder by modern drug along with occimum basilicum	Dr. K.Thirugnanam (Pg Scholar) ¹ , Dr. M. Mohamed Musthafa.,Md(S) ² Gsmc,Chennai Dr.Nandhinielangovan@Gmail.Com	2:22- 2:28 P.M
54	Basic Sciences	Efficacy Of Helicteres Isora Concoctions On Glucose Level In Type-2 Diabetic Patients Practicing Yoga – A Cohort Study	G. Bupesh*, S. Vennila*, V.Mohan, E.Gowtham Raj, V.Elangovan ¹ research & Development Wing, Sree Balaji Medical College And Hospital, Chromepet. Email: bupeshgiri55@gmail.com	2:29- 2:35 P.M
55	Siddha	Evaluation of Integrated siddha formulations (Sugar free powder and kadukkaiilakiyam (Terminaliachebula)) On Type-2 Diabetes mellitus Patients	E.Gowtham Raj ¹ , V.Elangovan ^{1*} , G. Bupesh ² , V.Mohan ² Pranavaji Elansithar Beedam,Kannivadi , Dindigul- 624705,Tamilnadu, India. Email: bupeshgiri55@gmail.com	2:36- 2:42 P.M
		Gicora- An Enriched Nutritional	K. Swathi*, S. Merish*, Thomas M. Walter [#]	

56	Siddha	Formulation In Autism Management	Gsmc,Palayamcottai Swathibsms@Gmail.Com	2:43- 2:49 P.M
57	Pharmacy	Traditional Approach In The Treatment Of Peptic Ulcer	M.Deepak,G.Nagarajaperumal, R.Gayathri And S.Mohan Karpagam College Of Pharmacy, Coimbatore-641032 , navaneethan258@gmail.com	2:50- 2:56 P.M
58	Pharmacy	Management Of Inflammation And Pain Using Traditional Herbs	P.Navaneethakrishnan, G.Nagarajaperumal, R.Gayathri And S.Mohan Karpagam College Of Pharmacy, Coimbatore-641032 , navaneethan258@gmail.com	2:57- 3:03 P.M
59	Siddha	Reaping The Benefits Of Integrative Oncotherapy Through Siddha Co-Prescription	Thomas M. Walter [#] , G. Sanjana [*] , G. Sabari Devi [*] . Sanjugopi1997@Gmail.Com	3:04- 3:10 P.M
60	Siddha	Paradigm Shifting In Siddha Research And Opening Opportunities For Integration	S. Merish ¹ , Thomas M. Walter ² Merish@Doctor.Com Government Siddha Medical College, Palayamkottai, Tamilnadu, India. Walter@Siddhawalter.Org	3:11- 3:17 P.M
61	Siddha	Integration of ayush medicines into existing “Health care delivery system and national public health program” of India	Thomas M. Walter ¹ , S. Merish ² Government Siddha Medical College, Palayamkottai. siddhawalter@gmail.com Walter@Siddha Research Centre, Tirunelveli, merish@siddhawalter.org	3:18- 3:24 P.M
62	Siddha	Plant Derived Isolates (Curcumin) For Wound Healing Activity Antibacterial Activities- A Modern Phyto Nanozomal Approach	Karthik Ragul R , Mohamed Abusali.V.K.S, Senthil Kumar C , Nagaraja Perumal.G, Gayathri R and Mohan S, Karpagam College Of Pharmacy, Coimbatore 32, Tamil Nadu karthik.jkr96@gmail.com	3:25- 3:31 P.M

63	Siddha	Holistic Management For Lifestyle Disease - Obesity	UMA Kullapan Shanmugam, Associate professor, Department of Siddha The TN Dr. M. G. R Medical University. Chennai-32 uma.ks@tnmgrmu.ac.in	3:32- 3:38 P.M
64	Siddha	Integrated Oncology	G.Suchitra Lakshmi nithya11kala@gmail.com	3:39- 3:45 P.M
65	Siddha	Lifestyle Disease And Its Holistic Management	Dr.E.Nandhini, Dr.M.MohamedMusthafa	3:46- 3:52 P.M
66	Siddha	An Integrated And Synergetic Approach To Treat Benign Prostate Hyperplasia	V. Murugan, Thomas M.Walter, S. SulfinNihar Dept of Gunapadam (Pharmacology), Govt. Siddha Medical College, Palayamkottai. dr.murugu23@gmail.com	3:53 - 04.00 P.M
67		Ageing Well/ Anti-Ageing	tanu.winko.1@gmail.com	4.00 - 4.07 P.M