

S. No	System	Topic	Name
1	Siddha	In Siddha System Of Medicine, Eye Care Were Followed Through Oil Bathing 'Ennai Kuliya'	Dr.Dhivyalakshmi ,Dr.Zafiroon Nisa, Dr.Yamuna,GSMC-Chennai. kjdhiyya24@gmail.com
2	Ayurveda	Ageing Well/Anti-Ageing	Renita Ponsingh Bams- 4th Year Sri Sai Ram Ayurveda Medical College And Research Centre, Chennai Renita5597@Gmail.Com
3	Yoga & Naturopathy	Effect Of Combined Administration Of Eye Exercises, Trataka & Herbal Eye Wash In Improving The Refractive Errors	Dr. Madankumar.S, BNYS, MBA(HM), Msc(Psy),Pg Scholar, Department Of Yoga, Govt. Yoga & Naturopathy Medical College, Chennai - 600106. Contact No: 7401109494 Drmadankumarbnys@Gmail.Com
4	Yoga & Naturopathy	Acute Effect Of Static Magnetic Field On Hemodynamics	Dr.M.Fathima Jebin. Govt. Yoga & Naturopathy Medical College, Chennai - 600106. Fathimajebin@Yahoo.Com
5	Siddha	Eye Disorders	R.Shanthini Internee, 2.A.Thirugnanam Internee, 3.K.G.Tamil Oviya Arasi Internee, 4.D.Sowmiya Internee, Sri Sairam Siddha Medical College Shanthinishrinky@Gmail.Com
6	Siddha	Management Of Osteoarthritis Through Siddha System Of Treatment	K.G.Tamil Oviya Arasi, S.Nhirupamaa S.Saindhavi,R.Shanthini, Sri Sairam Siddha Medical College Tamiloviya138@Gmail.Com
7	Yoga & Naturopathy	Efficacy Of Hot Spinal Spray In Depression	Dr. R. Arthi Bnys., Md li Year Naturopathy, Govt. Yoga And Naturopathy Medical College &

			Hospital, Chennai – 600106. Drarthibnys@Gmail.Com
8	Siddha	Active Music Therapy To Reduce Stress And Hypertension	.S.Saindhavi Internee , 2.K.G.Tamil Oviya Arasi Internee, Sri Sairam Siddha Medical College. Saindhavisyamakrishnan@Gmail.Com
9	Siddha	A Review Of Anti-Ageing Herbs Used In Siddha	M.Uma Maheswari ¹ , A.Kingsly ² , G.Essakypandian ³ , R.Antony Durachi ⁴ Govt Siddha Medical College, Palayamkottai, Msuma023@Gmail.Com
10	Siddha	Siddha Verses Cancer	M.Jenifer Vimala, R.Christy Iv th Professional Bsms, Sivaraj Siddha Medical College, Salem Mariaselvam2011@Gmail.Com
11	Siddha	Effects Of Erythrina Variegata Against Stomach Ulcer	Gowsalya.E, Aravind Samy.M, Uma.A.P Aravindsamy296@Gmail.Com
12	Siddha	Review On Efficacious Medicinal Plants In The Treatment Of Diabetes Mellitus	Kalainithi K, Aravind Samy M, Kavithaliya.K, Revathi.M Mail Id: Drkalaidon95@Gmail.Com
13	Homeopathy	Disease Diagnosis Via Dreams	K.N.Preethi, M.Deiviga, P.Sherin Preethy, Bhms Sivaraj Homeopathic Medical College Deiviga.M.95@Gmail.Com
14	Siddha	Clinical Study Of Alternanthera sessilis As Karpam To Geriatric Patient	Sai Dhivyasengodan, Guganaanathan,, Uma.A.P Sivaraj Siddha Mdical College, Salem, E-Mail : Guganaanathan@Gmail.Com
15	Siddha	A Novel Approach On Anti Ageing By Regulating Endocrine System	Christy R, Pugazharasi G, Abinaya Arulmalar V, Dr.Uma A.P Mail : Christybsms@Rediffmail.Com
16	Siddha	Synergistic Anti Diabetic And Antioxidant Herbal Management On	Aravind Samy.M, Abiniya Arulmalar.V, Chithra.M.G, Sir Ganesh.P

		Diabetes Mellitus	Sivaraj Siddha Mdical College, Salem, Aravindjames296@Gmail.Com
17	Siddha	Anti-Ageing Techniqes Said In Siddha System Of Medicine	Selvaraj.S ¹ , Praba.M ² , Kingsly.A ³ , Essakypandian.G ⁴ ,Antony Duraichi.R ⁴ . Govt Siddha Medical College, Palayamkottai. Email: Drselvarajbsms@Gmail.Com
18	Siddha	"Antioxidant Activity Of Adathodai Chooranam By In- Vitro Approach	Dr.H.Vetha Merlin Kumari Lecturer,National Institute Of Siddha,Ch-47, cell: 9894782366 Dr.Vetha@Gmail.Com
19	Siddha	A Clinical Study On Weddedia Chinensis For Iron Deficiency Anemia	Pavithra.S,Nagalakshmi.M,Dr.Sri Ganesh. Sivaraj Siddha Mdical College, Salem, E-Mail : Pavithra72504@Gmail.Com
20	Siddha	Management Of Cervical Spondylosis Through Siddha System Of Medicine.	K.Kalaiyarasu BSMS Sri Sairam Siddha Medical College. Kalaiyarasutharsini09@Gmail.Com
21	Siddha	Hypertension (Htn)	S Keerthna Shree - B.S.M.S Mail Id: dr.keerthna95@gmail.com Ph. No. +91 9944484616
22	Siddha	A Holistic Approach To Environment Health Issues As Per Siddha Concept	A.Thanigainathan, K.S.Uma, N. Kabilan, T.Balasubramanian, S. Geethalakshmi The Tamil Nadu Dr. M. G. R. Medical University, Guindy, Chennai. atn1267@gmail.com
23	Siddha	Phytochemical Validation Of Classical Siddha Drug Parangi Rasayanam For Skin Infections	Suvetha C , Vanitha A , Seethalakshmi G, Kalpna S, Joseph Maria Adaikalam S . The TN Dr.M.G.R Medical University,Chennai. sweths66@gmail.com
24	Ayurveda	Oral And General Health Benefits Through Ayurvedic Oil Pulling And Mouth Rinsing	Shanmuga Sundari S 1 , Suganthan R 1 , Kavitha S 1 , Lavanya M 1 The Tamilandu Dr. M.G.R. Medical University,

			shanmugiram@gmail.com
25	Yoga & Naturopathy	World Congress On Holistic Health-2018 Poster Presentation On Anti-Ageing	B.Deenadayalan Iv Bnys, R.Poornima I Bnys Government Yoga And Naturopathy Medical College Chennai-106. deenadayalandca77@gmail.com
26	Siddha	Integrated Oncology Approach For Pain Management In Cancer: Palliative Care Through Medicinal Herbs And Yogasanas-A Systematic Review	Geethadevi S ¹ ,Ujjeevanam G,Kanagavalli K ³ Department Of Aruvai Maruthuvam, Government Siddhamedical College,Chennai- 106. Phone No:9443826499 geethadevis16@yahoo.in
27	Yoga & Naturopathy	Ageing Well-Panchamahabhautik Way Of Living	Ashwathika A, JSS Instts, Coimbatore Ph.No:8668030237 Mail Id: Ashwathikaa@Gmail.Com
28	Yoga & Naturopathy	Effect Of Coconut On Reproductive System	K.Sasidharan , P.Ashwanth Priyadarshan JSS Institute Of Naturopathy And Yogic Sciences, Coimbatore. Email: ksasidharanpollachi@gmail.Com
29	Yoga & Naturopathy	Healthy Perimenopause – An Approach Through Reflexology	Priyanka M ¹ , M. Hema Priyadarshini ² 1, 2 JSS Inys, Coimbatore. Email: Priyankayalesai@Gmail.com Number - 8903423781, 9566586070
30	Yoga & Naturopathy	Nourish Your Brain With Omega	M.Amirtha Varshini And T.Devadarshni, JSS Instt Of Naturopoathy and Yogic Sciences. Email: varshiniamirtha07@gmail.com
31	Yoga & Naturopathy	Autism Management Through Naturopathy And Yoga	Divya.S ¹ , Viveka.S ² , Swarna Rekha.P ³ JSS Intts, Coimbatore. Ph.No.: 9659045552. Email: divya.subramaniam98@gmail.com
32	Yoga &	Auto Urine Therapy-An Alternative	R.Gowtham 1 , Sobiha Ramesh 2

	Naturopathy	Approach For Breast Cancer	JSS Instte Of Naturopathy And Yogic Sciences, Email: gokulakannanjaganathan@gmail.com
33	Yoga & Naturopathy	Naturopathy And Yoga -Paradigm Shift In Health Care	A.Gobinath ¹ , R.Rajamani ² JSS Institute Of Naturopathy And Yogic Sciences, Coimbatore. Email: agobi95@gmail.com
34	Yoga & Naturopathy	Cork And Curb Cancer – The Natural Way	A.Amudha Varshini, K.Nithika, E.Abirami JSS Institute Of Naturopathy And Yogic Sciences, Coimbatore. Phone No: 9489881864. amudhanramaswamy@gmail.com
35	Yoga & Naturopathy	Attention Deficit Hyperactivity Disorder-Management Through Yoga And Naturopathy: A Case Study	A.Naveen, JSS Institute Of Naturopathy And Yogic Sciences, Coimbatore- 641105 Mobile No: 9159407542. Email: naveenamuthan3@gmail.com
36	Siddha	Lifestyle Diseases And Its Holistic Management Siddha Perspective On Healthy Living And Management Of Lifestyle Diseases	S.Mohamed Ajma ¹ , Dr.Uma A.P ² Sivaraj Siddha Mdical College, Salem, India Email- mohamedajmal955@gmail.com
37	Yoga And Naturopathy	Efficacy Of Naturopathic Intervention On Endothelial Thickening Of Coronary Arteries In Cad- A Randomized Controlled Trial	Dr R.N.Rani Md 3rd Year Yoga Department Govt.Yoga And Naturopathy Medical College Arumbakkam Chennai-106 tamilkuyil1987@gmail.com
38	Yoga And Naturopathy	Impact Of Sheetal Pranayama On Autonomic Function And Cardiovascular Parameters In Healthy Volunteers.	Dr.K.Ramya Kannan Md (Yoga) Iii Yr, Govt. Yoga And Naturopathy Medical College, Chennai.

			ramyakannan05@gmail.com
39	Yoga And Naturopathy	Immediate Effect Of Needling At Cv-12 (Zhongwan) Acupuncture Point And On Auricular Reflexive Point On Blood Glucose Level In Patients With Type 2 Diabetes Mellitus	Dr.Umadevi K Government Yoga And Naturopathic Medical College, Chennai-600106. dr.umadevibnys@gmail.com
40	Yoga And Naturopathy	Analgesic Effect Of Moxibustion In Rheumatoid Arthritis – A Single Case Study	Dr. G. Yasodha, Bnys M.D II Year, Govt. Yoga & Naturopathy Medical College, Arumbakkam, Chennai – 106. yasodhagovi1985@gmail.com
41	Yoga And Naturopathy	“Improving The Quality Of Life By Naturopathy And Yoga For The Patients Who Have Undergone Chemotherapy And Radiation” – A Review	V.S.SRIMATHI, JSS INSTITUTE OF NATUROPATHY AND YOGIC SCIENCE, COIMBATORE. srimathibnys95@gmail.com