

THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY, CHENNAI -600 032
M.PHIL. CLINICAL PSYCHOLOGY
(Post-graduate Degree course under Allied Health Science)

In exercise of the powers conferred by Section 44 of the Tamil Nadu Dr.M.G.R. Medical University, Chennai Act 1987 (Tamil Nadu Act 37 of 1987) the Standing Academic Board of the Tamil Nadu Dr.M.G.R. Medical University, Chennai hereby makes the following regulations:-

1.SHORT TITLE AND COMMENCEMENT:-

These regulations shall be called as “M.Phil (CLINICAL PSYCHOLOGY) COURSE” of the Tamil Nadu Dr. MGR Medical University, Chennai.

- They shall come into force from the academic year 2017 - 2018
- The regulations framed are subject to modification from time to time by the Standing Academic Board.

2. AIM & OBJECTIVES

The aim of this course is to prepare the trainee to function as a qualified professional Clinical Psychologist in the areas of mental and physical health by offering Diagnostic, Therapeutic, Rehabilitative, Administrative services, and to work towards promoting the well-being and quality-of-life of individuals.

Objectives

The course is developed as a rigorous two-year program with extensive theoretical inputs and widespread clinical experience to acquire the necessary skills in the area of Clinical Psychology. On completion of the course, the trainee is expected to perform the following functions:

- Diagnose mental health problems.
- Conceptualize specific adult and child mental health problems within a psychological framework, giving due consideration to psychosocial/ contextual factors, and carryout relevant treatment/management.
- Apply psychological principles and techniques in rehabilitating persons with mental health problems and disabilities.
- Work with the psychosocial dimensions of physical diseases, formulate and undertake focused/targeted psychosocial interventions.
- Work with community to promote health, quality-of-life and psychological well-being.
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- Undertake research in the areas of clinical psychology such as, mental health/illness,

physical health/diseases and relevant societal issues viz. misconception, stigma, discrimination, social tension, gender construction, life style etc.

- Undertake responsibilities connected with teaching and training in core and allied areas of Clinical Psychology.
- Undertake administrative and supervisory/decision-making responsibilities in mental health area.
- Provide expert testimony in the court of law assuming different roles.

- **REQUIREMENTS TO START M.PHIL IN CLINICAL PSYCHOLOGY COURSE**

There shall be an independent Department of Clinical Psychology, headed by a qualified Clinical Psychologist in the Institute / University.

There shall be minimum two permanent clinical psychology faculty members on fulltime basis at the department, as specified below:

- i) At the level of Associate Professor or above – one member
- ii) At the level of Assistant Professor / Lecture or above – one member

Guidelines for faculty recruitment and promotion

Assistant Professor: M.Phil Clinical Psychology.

Associate Professor: M.Phil + Ph.D + 5 years of teaching experience either as Lecturer /Assistant Professor + 3 publications in indexed journal as first / corresponding author. (To consider the time bound promotion like other faculties from medical colleges)

Additional Professor/ Professor: M.Phil + Ph.D. + 9 years of teaching experience, out of which 3 years as Associate Professor + 5 research publications in indexed journal as first/corresponding author.

3. ELIGIBILITY FOR ADMISSION:-

The minimum qualification for admission into M.Phil (Clinical Psychology) shall be **10+2+3+2** under full time regular mode. The candidates should have obtained their basic Degree in Psychology B.A. or B.Sc. and P.G. Degree in M.A/ M.Sc. (Psychology, Applied Psychology, Counselling Psychology) in full time regular mode from a university recognized by the UGC with a minimum of 55% marks in aggregate. For SC/ST category, minimum of 50% marks in aggregate is essential, as per GOI.

4. AGE LIMIT:

No upper age limit for admission.

5. ADMISSION PROCEDURE

A Selection Committee that includes Head of the Department of Clinical Psychology shall make admission on the basis of an entrance examination, consisting of a written test and interview. List of candidates so selected / admitted to the course must be sent to RCI within a month of admission formalities are completed. No changes shall be permitted once the list of admitted candidates for the academic year is sent to the Council.

6. ELIGIBILITY CERTIFICATE:-

The candidate who has passed any qualifying examination as stated in Regulation No.3 above from other than the Tamil Nadu Dr. MGR Medical University shall obtain an "Eligibility Certificate" from this University by remitting the prescribed fee along with the application form and required documents before seeking admission to anyone of the affiliated medical institutions. The application form is available in the University website (web.tnmmu.ac.in).

7. REGISTRATION:-

A Candidate admitted to M.Phil Clinical Psychology in any one of the affiliated institutions of this University shall register his / her name with this University by submitting the prescribed application form for registration duly filled, along with the prescribed fee and a declaration in the format to the Controller of Examination of this University through the affiliated institutions. The candidate's name must be registered in the University within 3 Months from the date of his / her admission. The application should have the date of admission of the course

8. MIGRATION / TRANSFER OF CANDIDATE:

(a) A student studying in M.Phil. (Clinical Psychology) UNDER ALLIED HEALTH SCIENCES can be allowed to migrate / transfer to another institution of Allied Health Science under the same University.

(b) Migration / Transfer can be allowed to other affiliated institutions under extraordinary circumstances. The Vice - Chancellor has the power to issue Migration / Transfer order.

9. COMMENCEMENT OF THE COURSE:-

The course shall commence from 1st September of the academic year.

10. MEDIUM OF INSTRUCTION:-

English shall be the medium of instruction of all the topics for study and examinations of the M.Phil (Clinical Psychology) course under the allied health sciences.

11. CURRICULUM:-

The Regulations, Guidelines, Curriculum and the syllabus for the course shall be as prescribed in these regulations and are subject to modifications by the Standing Academic Board from time to time as per RCI guidelines.

12. i) DURATION OF THE COURSE:-

The duration of certified study for M.Phil (CLINICAL PSYCHOLOGY) COURSE UNDER ALLIED HEALTH SCIENCES shall extend over a period of **TWO** academic years.

The candidate should complete the course with in double the duration (4 years) from the date of joining the course.

ii) DURATION

This is a fulltime clinical training course providing opportunities for appropriate practicum and apprenticeship experiences for 2 academic years, divided as Part – I and II.

13. CUT-OFF DATES FOR ADMISSION:

30th September of the academic year concerned

The candidates admitted 1st September to 30th September of the academic year shall be registered to take up the 1st year examination during October of the next year.

All kinds of admission shall be completed on or before 30th September of the academic year. There shall not be any admission after 30th September even if seats are vacant.

14. COMMENCEMENT OF THE EXAMINATION:-

April 15th / October 15th

If the date of commencement of examination falls on Saturdays / Sundays or declared Public Holidays, the examination shall begin on the next working day. (43rd SAB held on 19.12.2011)

15. ATTENDANCE:-

- Course of the study must, unless special exemption is obtained, continuously be pursued. Any interruption in a candidate's attendance during the course of study, due to illness or other extraordinary circumstances must be notified to the Head of the Institution/concerned authority and permission should be obtained. Under any circumstances the course must be completed within 4-yrs from the date of enrollment.
- A minimum attendance of 80% (in a year including in all academic activities) shall be necessary for taking the respective examination.
- Thirty days of casual leave, maximum of fifteen days per academic year, shall be Permitted during the two-year course period.

16. BOARD OF EXAMINATION

A board consisting of 4 examiners of which 2 shall be external and 2 shall be internal will conduct the examination. The Chairman of the board of examiners will be the Head of the Department of Clinical Psychology who will also be an internal examiner.

Two examiners, one internal and one external, shall evaluate each theory paper and dissertation. Two examiners, of whom one shall be external, will conduct the practical/clinical and vivo-voce examination. (both should be clinical psychologist for conducting the practical/clinical vivo-voice examination).

17. MARKS QUALIFYING FOR PASS

A candidate shall be declared to have passed in either of the two parts of the M. Phil. examination if he/she obtains not less than 50% of the marks in:

- i) Each of the theory paper
- ii) Each of the practical and viva-voce examinations
- iii) Each of the submissions
- iv) The dissertation (in case of Part – II only)

A candidate who obtains 75% and above marks in the aggregate of both the parts shall be declared to have passed with Distinction. A candidate who secures between 60% and below 75% of marks in the aggregate of both the parts shall be declared to have passed M.Phil degree in First Class. The other successful candidates as per the clause (a) of the above shall be declared to have passed M.Phil degree in Second Class. If a candidate fails to pursue the course on a continuous basis, or fails or absent him/ herself from appearing in any of

the university theory and practical examinations of Part – I and II, the class shall not be awarded. The merit class (Distinction / First Class) is awarded to only those candidates who pass both Part – I and II examinations in first attempt.

No candidate shall be permitted to appear either of Part – I or II examination more than three times.

18. APPEARANCE FOR EACH EXAMINATION

- A candidate shall appear for all the Groups of Part – I and Part – II examination when appearing for the first time.
- A candidate in Part – I and Part – II, failing in any of the “Group-A” subjects has to appear again in all the “Group-A” subjects.
- A candidate in Part – I, failing in “Group-B” has to resubmit five full- length Psycho diagnostic Records.
- A candidate in Part – II, failing in “Group-B” has to resubmit five fully worked- out Psychotherapeutic Records.
- A candidate in Part – II, failing in “Group-C”, has to reappear/ resubmit the dissertation as asked for and/or outlined by the examiners.

19. CONTENT OF THE COURSE

Part - I (I Year)

Group “A”

Paper I : Psychosocial Foundation of Behavior and Psychopathology

Paper II : Statistics and Research Methodology

Paper III : Psychiatry

Practical : Psychological Assessments including Viva Voce

Group “B”

Submission : Five full-length Psychodiagnostic Records, out of which one record each should be related to, child and neuropsychological assessment. Of which one case study should be on Developmental Disorders namely Specific Learning Disability (SLD)/ Attention Deficit Hyperactivity Disorder (ADHD) /Autism Spectrum Disorder (ASD). The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) rationale for testing, b) areas to be investigated, c) tests administered and their rationale, d) test findings and e) impression

Part - II (II Year)

Group “A”

Paper I: Biological Foundations of Behavior

Paper II: Psychotherapy and Counselling

Paper III: Behavioral Medicine

Practical : Psychological Therapies including Viva Voce

Group “B”

Submission : Five fully worked-out Psychotherapy Records, out of which one should be child therapy record. The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) reasons for intervention(s), b) areas to be focused including short- and long-term objectives, c) type and technique of intervention employed and rationale d) therapy processes, e) changes in therapy or objectives, if any, and the reasons for the same, f) outcome, g) prevention strategies, f) future plans

Group “C”- DISSERTATION

Dissertation: Under the guidance of a Clinical Psychology faculty member with Ph.D. or minimum 2-yr experience (post-qualification) in clinical teaching or clinical research. If the research work is of interdisciplinary nature requiring input/supervision from another specialist, co-guide(s) from the related discipline may be appointed as deem necessary.

20. Minimum prescribed clinical work during the two year of training.

	<u>Number of Cases</u> Part - I	<u>By the end</u> of Part - II *
1) Detailed case histories	50	70
2) Clinical Interviews	40	60
3) Full length Psychodiagnostics	40	50
4) Neuropsychological Assessment	5	10
5) Therapeutics		
i) Psychological Therapies		200 hrs.
ii) Behavior Therapies		200 hrs.

Therapies should be not less than 50 hr. of work in each of the following areas:

- a) Therapies with children
- b) Individual therapies with adults
- c) Family/marital/group/sex therapy
- d) Psychological and/or neuropsychological rehabilitation

LOG BOOK

A logbook of the clinical work carried out under the supervision during each year of training, with sufficient details such as particulars of the client, diagnosis, duration and nature of intervention(s), number of sessions held etc. should be maintained by all trainees and must be produced the same to the examiners at the time of Part - I and II practical examinations.

* Includes the work done in Part - I

21. REQUIREMENT/SUBMISSION

Two months prior to Part - I examination the candidates are required to submit five full-length Psychodiagnostic Reports as outlined above.

Two months prior to Part - II examination the candidates are required to submit five Psychotherapy Records as outlined above.

Three months prior to Part - II examination the candidates are required to submit, in triplicate, a research Dissertation under the guidance of a clinical psychology faculty member as specified above.

The application for appearing either Part - I or Part - II examination should be accompanied by a certificate issued by Head of Department that the candidate has carried out the specified minimum clinical work, submission, dissertation (in case of Part - II only) and has attained the required competence in core-tests (refer section on "Practical - Psychological Assessments" for the list of core-tests and an addendum), as prescribed in the syllabus.

22. INTERNAL ASSESSMENT

In each paper 30% marks will be determined on the basis of written/clinical exams, viva-voce and supervised clinical work. These marks will be added to the marks allocated to the respective subjects in the yearly final examinations. The results of the final examinations will be declared on the basis of the total so obtained. The guidelines for allotting the internal marks may be prepared by the institution concerned.

23. EXAMINATION

The examination will be held in two parts (Part - I and Part - II). Part –I is held at the end of first year and Part – II is held at the end of second year. A candidate will not be allowed to take the Part – II examination unless he/she has passed the Part – I examination.

A candidate who has not appeared or failed in Part – I of the regular examination may be allowed to continue the course for the II year and be allowed to take the supplementary Part – I examination.

A minimum period of three months additional training shall be necessary before appearing for the examination incase he/she fails to clear Part –I and / or Par-II examination.

A candidate has to complete the course successfully within a period of four years from the year of admission to the course.

24. EXAMINATION FEE

The prescribed examination fee as laid down from time to time by the Tamil Nadu Dr.MGR Medical University to appear for Part – I and Part – II of the examination should be paid as per the regulations.

25. SCHEME OF EXAMINATION.

Part – I (I Year)

Papers	Title	Duration	Marks		
			Final Assessment (Maximum)	Internal Assessment (Maximum)	Total
Group “A”					
Paper I	Psychosocial Foundations of Behavior and Psychopathology	3 hr.	70	30	100
Paper II	Statistics and Research Methodology	3 hr.	70	30	100
Paper III	Psychiatry	3 hr.	70	30	100
Practical: Assessments and Viva Voce	Psychological		70	30	100
Group “B”					
Submission of five cases of full-length Psychodiagnostics Report			None	100	100
Total					500

Part – II (II Year)

Papers	Title	Duration	Marks		
			Final Assessment (Maximum)	Internal Assessment (Maximum)	Total
Group “A”					
Paper I	Biological Foundations of Behavior	3 hr.	70	30	100
Paper II	Psychotherapy and Counseling	3 hr.	70	30	100
Paper III	Behavioral Medicine	3 hr.	70	30	100
Practical: Therapy and Viva Voce	Psychological		140	60	200
Group “B”					
Submission of five cases of full-length Psychotherapy Report			None	100	100
Group “C”					
Dissertation			70	30	100
Total					700