M.Sc. (MEDICAL SOCIOLOGY) DEGREE EXAMINATION

SECOND YEAR

(For Candidates admitted from 2007-2008 onwards)

PAPER V – SOCIAL SUPPORT AND COUNSELLING

Q.P. Code: 283063

Time: Three Hours Maximum: 100 marks

Answer ALL questions

I. Elaborate on: $(2 \times 20 = 40)$

1. Discuss in detail with suitable examples the process of counseling.

2. Enumerate the critical role played by a counselor during a crisis situation.

II. Write notes on: $(10 \times 6 = 60)$

- 1. Briefly explain the types of counseling.
- 2. Outline the salient features of gestalt counseling.
- 3. What are the various psycho-social factors in health care?
- 4. Explain the qualities of an effective counselor.
- 5. Define social case work. Explain any two principles of social case work.
- 6. What are the goals of counseling?
- 7. Explain the importance of non-verbal gestures in counseling.
- 8. Discuss the various models of help seeking during illness.
- 9. Briefly explain the consents of Freud's psycho analytical theory.
- 10. What is the importance of listening and responding in the counseling process.

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SECOND YEAR

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PAPER V – SOCIAL SUPPORT AND COUNSELLING

Q.P. Code: 283063

Time: Three Hours Maximum: 100 marks

Answer ALL questions

I. Elaborate on: $(2 \times 20 = 40)$

1. With relevant examples explain the role of a counselor in a deaddiction centre.

2. Discuss in detail the qualities of an effective counselor.

II. Write notes on: $(10 \times 6 = 60)$

- 1. Brief the role of a counselor in a family counselling centre.
- 2. Bring out the unique features of Rational Emotive therapy.
- 3. Write short notes on (a) Regard and Respect (b) Authenticity and Empathy.
- 4. Explain the importance of Social networks in a community.
- 5. What are the various influences on counselling?
- 6. List the skills required in counselling.
- 7. Briefly outline the characteristics of clients who seek help.
- 8. Write about the important aspects of transactional Analysis.
- 9. Explain the principle of confidentiality and individuality in social case work.
- 10. Brief the importance of Goal setting in counselling process.

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Q.P. Code: 283063

Time: Three Hours Maximum: 100 marks

Answer ALL questions

I. Elaborate on: $(2 \times 20 = 40)$

1. Explain the principles of participation in a Social Case work.

2. With suitable examples describe the role of counselor in a de-addiction centre.

II. Write notes on: $(10 \times 6 = 60)$

- 1. Goal setting exploration.
- 2. Define 'empathy' with suitable examples.
- 3. Psycho analytical theory.
- 4. Enumerate the differences between voluntary and non-voluntary clients.
- 5. Enumerate the ultimate goals of counselling.
- 6. What do you mean by 'client oriented counselling'?
- 7. Enumerate the various models of help seeking during illness.
- 8. Discuss the unique features of 'Transactional existential Counselling'.
- 9. Explain the role of action in Counselling techniques.
- 10. Career Counselling.

October 2011

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M.Sc (MEDICAL SOCIOLOGY) DEGREE EXAMINATION

SECOND YEAR

(For candidates admitted from 2007-2008 onwards)

PAPER V – SOCIAL SUPPORT AND COUNSELLING

Q.P. Code: 283063

Maximum: 100 marks

Time: 3 hours

(180 Min)	Maxillu	iaximum . 100 mai ks		
Answer ALL questions in the same or	der.			
I. Elaborate on :	Pages (Max.)	Time (Max.)	Marks (Max.)	
1. Discuss the importance of Social support in the face of coping with long term illness. Validate your answer with examples.	17	40 mir	n. 20	
2. Elucidate the various influences on the development of counseling as a profession.	17	40 mir	n. 20	
II. Write notes on :				
1. Explain in detail the Goals of Counseling.	4	10 mir	n. 6	
2. Write a short note on Behaviour Modification Therapy.3. As a counselor, how would you counsel the survivors	4	10 mir	n. 6	
of Tsunami.	4	10 mir	n. 6	
4. Bring out the importance of counseling relationship.	4	10 mir	n. 6	
5. Discuss the importance of Listening in counseling.	4	10 mir	n. 6	
Elicit the distinguishing features of voluntary and non-voluntary clients.	4	10 mir	n. 6	
7. Write about the different Models of help seeking in the face of illness.	4	10 mir	n. 6	
8. What is Social Case Work? Write about the importance of Individuality and confidentiality.	4	10 mir	n. 6	
9. Briefly summarize the major postulates of the				
Gestalt Approach.	4	10 mir	n. 6	
10. Debate the applicability of counseling in today's scenario	o. 4	10 mir	n. 6	

(For Candidates admitted from 2007-2008 onwards)

PAPER V – SOCIAL SUPPORT AND COUNSELLING

Q.P. Code: 283063

Time: Three Hours (180 Min.)	Maximu	Maximum: 100 marks		
Answer ALL questions in the same order. I. Elaborate on:	Pages	Time (Max.)		
1. Explain key essentials of "Rational Emotive Therapy".	17	40 min.	20	
2. Explain the importance of maintaining confidentiality and professionalism in the counseling process.	17	40 min.	20	
II. Write Notes on:				
1. Explain various steps to be followed in the counseling process.	4	10 min.	6	
2. Describe any five qualities for an effective counselor.	4	10 min.	6	
3. Explain two models of counseling practice.	4	10 min.	6	
4. Explain the various dimensions need to be considered for family counseling.	4	10 min.	6	
5. What are the key things need to be followed to be an effective hastener.	4	10 min.	6	
6. Explain the importance of non-verbal communication.	4	10 min.	6	
7. How does social case work applied in family counseling set-up	? 4	10 min.	6	
8. What are the key skills of the career counselor?	4	10 min.	6	
9. Describe the Health care system in India. Highlight the psycho social factor in Health care.	4	10 min.	6	
10. Explain the significance of social support in the treatment of the treatment of the patient.	e 4	10 min.	6	

(OLD REGULATION)

PAPER V – SOCIAL SUPPORT AND COUNSELLING

Q.P. Code: 283063

Time: Three Hours Maximum: 100 marks

Answer ALL questions

I. Elaborate on: $(2 \times 20 = 40)$

1. Explain the basic principles of psycho analytic, humanistic theories of counselling and also compare the two theoretical foundations with suitable illustrations.

2. Write an essay on social networks and social supports in health care.

II. Write notes on: $(10 \times 6 = 60)$

- 1. Define the term counselling and discuss different types counselling.
- 2. Explain the qualities of counsellors with suitable examples.
- 3. Write short notes on the nature and qualities of clients in the counselling process.
- 4. Explain the nature, process and techniques of behaviourial counselling.
- 5. Discuss the nature, principles and techniques of reality counselling.
- 6. Illustrate the three stages of counselling process in a nutshell.
- 7. Write short notes on principles of participation.
- 8. List and describe the essential counselling skills, used in all three stages of counselling process.
- 9. Write short notes on 'crisis intervention or crisis counselling.
- 10. Explain the counselling process for alcoholism and drug addiction.

(OLD REGULATION)

PAPER V – SOCIAL SUPPORT AND COUNSELLING

Q.P. Code: 283063

Time: Three Hours Maximum: 100 marks

Answer ALL questions

I. Elaborate on: $(2 \times 20 = 40)$

1. List the types of counseling, and describe the process of counseling for a cancer patient.

2. Elaborate the social network and community support in rehabilitating an alcoholic family.

II. Write notes on: $(10 \times 6 = 60)$

- 1. Influence of psychosocial factors on health care.
- 2. Behavioral change strategies for a drug abuse client.
- 3. Factors affecting counseling.
- 4. Importance of social support in health care delivery.
- 5. Existential counseling.
- 6. Grief counseling for a HIV and AIDS positive client.
- 7. Significance of confidentiality and objectivity in the counseling.
- 8. Process of counseling.
- 9. Carrier counseling.
- 10. Counselee and counselor relationship.

(NEW REGULATION)

PAPER V – SOCIAL SUPPORT AND COUNSELLING

Q.P. Code: 283063

Time: Three Hours Maximum: 100 marks

Answer ALL questions

I. Elaborate on: $(2 \times 20 = 40)$

1. Define effectiveness of counsellor and enumerate the critical role played by a counselor during a crisis situation.

2. List the types of counselling & describe the process of counselling for cancer patients.

II. Write notes on: $(10 \times 6 = 60)$

- 1. Define Psycho Analysis.
- 2. Outline the Non-verbal interaction with clients.
- 3. Explain about rational Emotive Therapy Behaviour.
- 4. Explain the steps involved in a Counselling process.
- 5. Importance of social support in health care delivery.
- 6. Explain the principle of confidentiality and individuality in social case work.
- 7. Explain the Significance of confidentiality in counselling.
- 8. List the skills required in counselling.
- 9. Behaviour change strategies for a drug abuse client.
- 10. What is the importance of listening and responding in the counseling process?

M.Sc. MEDICAL SOCIOLOGY EXAMS SECOND YEAR PAPER V – SOCIAL SUPPORT AND COUNSELLING

Q.P. Code: 283063

Time: Three hours Maximum: 100 Marks

I. Elaborate on: $(2 \times 20 = 40)$

1. Explain in detail about counseling techniques? Discuss the process of counselling for a sexual dysfunction patient.

2. Discuss in detail about the models of illness, help seeking behavior and related factors with any two disease conditions.

II. Write notes on: $(10 \times 6 = 60)$

- 1. Describe the non-verbal interaction with clients.
- 2. Explain the goals and expectations of counselling.
- 3. Gestalt theory counselling Explain.
- 4. Explain the skills required in counselling.
- 5. Existential psychotherapy.
- 6. Types of counselling.
- 7. Explain the characteristics of clients.
- 8. Qualities of an effective counselling.
- 9. Explain client centered therapy versus Alderain therapy.
- 10. Transactional analysis therapy and the role of the counsellor.

M.Sc. MEDICAL SOCIOLOGY EXAMS SECOND YEAR PAPER V – SOCIAL SUPPORT AND COUNSELLING

Q.P. Code: 283063

Time: Three hours Maximum: 100 Marks

I. Elaborate on: $(2 \times 20 = 40)$

1. Discuss in detail about Social Network and Social Supports in Health Care.

2. Enumerate the types of Counselling and describe the process of Counselling for a Cancer Patient.

II. Write notes on: $(10 \times 6 = 60)$

- 1. Outline the character of a Counsellor.
- 2. Write the importance of Goal Setting in Counselling Process.
- 3. Client centered Counselling.
- 4. Explain the expectation of Counselling.
- 5. Family Counselling.
- 6. Brief the role of action in Counselling Technique.
- 7. Explain Rational Emotive Therapy.
- 8. Define Social Case Work. Explain any two principles of social case work.
- 9. What are the various influence on Counselling?
- 10. Differentiate Voluntary and Non-voluntary clients.