(Revised Regulations)

#### PART - II

### BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II

Q.P. Code: 419105

Time: Three Hours Maximum: 100 marks

Theory: Two hours and Theory: 80 marks

forty minutes

M.C.Q.: Twenty minutes M.C.Q.: 20 marks

#### **Answer ALL questions**

### Draw suitable diagrams where ever necessary

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. A 32 year old married young man who is a teacher by profession is admitted in the acute care with the diagnosis of Mania.

Discuss in detail the psychopathology, clinical features, course, prognosis and occupational therapy approaches and treatment in relation to the patient. (20)

- 2. What are the common childhood psychiatric conditions?

  Discuss how the OT management will differ from that of the Adult patients. (15)
- 3. Describe the Occupational Therapy Management of a 65 year old widower diagnosed to be suffering from dementia. (15)

II. Write notes on:  $(6 \times 5 = 30)$ 

- 1. Dissociative disorder.
- 2. Writers Cramp.
- 3. Thought Disorders.
- 4. Obsessive Compulsive disorders.
- 5. Substance abuse.
- 6. Psychodynamics of somatoform disorder.

(Revised Regulations)

#### PART - II

### BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II

Q.P. Code: 419105

Time: Three Hours Maximum: 100 marks

### **Answer ALL questions**

#### Draw suitable diagrams where ever necessary

I. Elaborate on:  $(2 \times 20 = 40)$ 

- 1. Plan an effective occupational therapy management for a person who has been diagnosed as disorganized schizophrenia for the past 10 years.
- 2. Describe in detail the occupational therapy management for a person who is diagnosed to depression with obsessive compulsive symptoms.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Expressed emotion.
- 2. Exposure and response prevention.
- 3. Psychodynamics of obsessive compulsive disorder.
- 4. Anorexia nervosa.
- 5. Sheltered workshop.
- 6. Generalised anxiety disorder.
- 7. Prevocational evaluation.
- 8. Disturbance of thought.
- 9. Differential reinforcement.
- 10. Anxiety spiral.

#### PART – II

### BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II

Q.P. Code: 419109

Time: Three Hours Maximum: 100 marks

### **Answer ALL questions**

### Draw suitable diagrams where ever necessary

I. Elaborate on:  $(2 \times 20 = 40)$ 

- 1. Explain the neurobiology of schizophrenia.
- 2. Discuss the types of personality disorders and plan out the management of Same.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Differential diagnosis for mental retardation.
- 2. Stages of memory impairment in dementia.
- 3. Levels of Cognition.
- 4. Practical management of encopresis.
- 5. Pathology in Recreation and Play.
- 6. Treatment of Delinquents.
- 7. Addiction interaction dimension.
- 8. Cultural factors in personality development.
- 9. Aquatic therapy.
- 10. Biology of appetite.

### PART – II

### BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II

Q.P. Code: 419109

Q.P. Code: 419109						
Time: Three Hours	Maximum: 100 marks					
Answer ALL questions						
Draw suitable diagrams where ever necessary						
I. Elaborate on :		Time M				
	(Max.)	(Max.) (N	/lax.)			
1. Define motivation. Describe the various theories of motivation	. 17	40 min.	20			
2. Assessment of temporal lobe functions.	17	40 min.	20			
II. Write notes on :						
1. UNDOING.	4	10 min.	6			
2. RESTITUITION.	4	10 min.	6			
3. Half way home.	4	10 min.	6			
4. Juvenile delinquency.	4	10 min.	6			
5. Emotional regulation.	4	10 min.	6			
6. Classical conditioning.	4	10 min.	6			
7. Cognitive dissonance.	4	10 min.	6			
8. Abreactive therapy.	4	10 min.	6			
9. Sensory profile.	4	10 min.	6			
10. Azima's battery.	4	10 min.	6			

### PART – II

### BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II

O.P. Code: 419109

Time: Three Hours	Maximu	m: 100 m	ıarks			
Answer ALL questions						
Draw suitable diagrams where ever necess I. Elaborate on :	Pages	Time M ) (Max.) (N				
1. Describe in detail the preventive measures for a mental illness.	17	40 min.	20			
2. Social rehabilitation of a person with mental illness.	17	40 min.	20			
II. Write notes on :						
1. Domestic Violence.	4	10 min.	6			
2. Aggression.	4	10 min.	6			
3. Schizotypal personality disorder.	4	10 min.	6			
4. Caregiver burden.	4	10 min.	6			
5. Bay Area Functional Performance Evaluation.	4	10 min.	6			
6. Collage.	4	10 min.	6			
7. Therapeutic use of self.	4	10 min.	6			
8. Carpentry as a therapeutic activity.	4	10 min.	6			
9. Yalom's curative factors.	4	10 min.	6			
10. Milieu therapy.	4	10 min.	6			

#### PART – II

### BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II

Q.P. Code: 419109 Time: Three Hours Answer ALL questions	Maximum: 100 marks					
Draw suitable diagrams where ever necessary						
I. Elaborate on :	Pages Time Marks					
1. Plan the occupational therapy intervention for a 18 year old	(Max.) (Max.) (Max.)					
student with drug dependence admitted for relapse.	17 40 min. 20					
student with drug dependence admitted for relapse.	17 40 mm. 20					
2. Discuss the assessment and OT management for a 12 year						
old boy presenting with poor writing skills.	17 40 min. 20					
TT TT						
II. Write notes on :						
1. Sleep hygiene.	4 10 min. 6					
2. Depression and dementia in older adults.	4 10 min. 6					
3. OT for HIV associated psychiatric problems.	4 10 min. 6					
4. Occupational therapy for histrionic personality disorder.	4 10 min. 6					
5. OT management of a patient with suicidal ideations.	4 10 min. 6					
6. Occupational therapy activities for patient with mania.	4 10 min. 6					
7. Skills training in patients with chronic psychiatric illness.	4 10 min. 6					
8. Assessment of disorders of reasoning and judgment.	4 10 min. 6					
9. Behavioral strategies for patient with social phobia.	4 10 min. 6					
10. Anorexia nervosa in children.	4 10 min. 6					

#### PART – II

### BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II

Q.P. Code: 419109

Time: Three Hours Maximum: 100 marks

### **Answer ALL questions**

#### Draw suitable diagrams where ever necessary

I. Elaborate on:  $(2 \times 20 = 40)$ 

- 1. Describe the occupational therapy assessment for a 45 year old housewife with depression and plan the occupational therapy intervention.
- 2. Identify the problem areas of a child with developmental coordination disorder and discuss the occupational therapy management.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Writer's cramp.
- 2. Assessment and management in Forensic psychiatry.
- 3. Differentiate psychotic and neurotic disorders.
- 4. Assessment of disorders of mood and affect.
- 5. OT goals for borderline personality disorder.
- 6. Body image in eating disorders.
- 7. Role of occupational therapy in the stages of recovery from Alcohol addiction.
- 8. OT treatment in conversion disorder.
- 9. Outline the psychiatric disorders in older adults.
- 10. Behavioral techniques in Obsessive-Compulsive disorder.

#### PART – II

### BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II

Q.P. Code: 419109

Time: Three Hours

Maximum: 100 marks

### **Answer ALL questions**

#### Draw suitable diagrams where ever necessary

I. Elaborate on:  $(2 \times 20 = 40)$ 

- 1. Define post traumatic stress disorder. Explain the Occupational therapy intervention for 20 year students with surgical post traumatic stress disorder.
- 2. Define suicide? Occupational Therapy management and prevention of 30 year old patient who has attempted suicide.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Pics disease.
- 2. Separation anxiety disorder.
- 3. Antisocial behavior.
- 4. Psychiatry problems in HIV patients.
- 5. Eating disorder.
- 6. Delusional disorder.
- 7. Negative symptoms in schizophrenia.
- 8. Mania.
- 9. Difference between neurosis and psychosis.
- 10. Prognostic factors in psychiatry patients.

### BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II

Q.P. Code: 419109

Time: Three Hours Maximum: 100 marks

### **Answer ALL questions**

### Draw suitable diagrams where ever necessary

I. Elaborate on:  $(2 \times 20 = 40)$ 

- 1. Explain in detail OT management for a 30 year old mother with post partum psychiatric syndrome.
- 2. Define learning disability. Types of learning problems, approaches in management of Learning disability.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Define mental retardation and its classification.
- 2. Elimination disorder.
- 3. Suicide.
- 4. Types of child abuse.
- 5. Neuro psychiatric problems in CVA.
- 6. Head ache.
- 7. Types of Epilepsy.
- 8. Obsessive compulsive neurosis.
- 9. Writes cramp.
- 10. Anxiety disorder.

### BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II

Q.P. Code: 419109

Time: Three Hours Maximum: 100 marks

#### **Answer ALL questions**

#### Draw suitable diagrams where ever necessary

I. Elaborate on:  $(2 \times 20 = 40)$ 

- 1. Occupational therapy assessment and management for a young women with diagnosis of OCD.
- 2. Describe the role of OT in psychoanalytical and behavioral approaches in psychiatric condition.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Expressed emotions of schizophrenia.
- 2. Marital therapy.
- 3. Cognitive therapy for anxiety disorder.
- 4. Parental counseling.
- 5. Prevocational evaluation.
- 6. Behavioral strategies for school phobia.
- 7. Assessment aspects of forensic psychiatry.
- 8. OT management for disruptive behavior.
- 9. Disorders of writing skill.
- 10. Normal human sexuality.

### BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II

Q.P. Code: 419109

Time: Three Hours Maximum: 100 marks

### **Answer ALL questions**

### Draw suitable diagrams where ever necessary

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Describe the psychosocial management of schizophrenia.

2. Discuss the OT assessment and management for 15 years old boy with the diagnosis of autism.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Family therapy.
- 2. Rehabilitation of chronic mentally ill.
- 3. Specific learning disability.
- 4. Psychosexual dysfunction.
- 5. Management of a Manic patient in a group therapy session.
- 6. Juvenile delinquency.
- 7. Sleep hygiene.
- 8. Prognostic factors in mental health.
- 9. Neuropsychiatric problems in stroke.
- 10. Differential diagnosis of childhood schizophrenia.

## M.O.T. DEGREE EXAMINATION SECOND YEAR PAPER II – CLINICAL SPECIALITY - II BRANCH II - ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419109

Time: Three hours Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Identify the problem areas of a child with developmental coordination disorder and discuss the Occupational Therapy management.

2. Discuss the role of Behaviour Therapy in various child Psychiatric conditions.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Half way home.
- 2. Azima's battery.
- 3. Caregiver's burden.
- 4. Yalom's curative factors.
- 5. Montage.
- 6. Writer's cramp.
- 7. Eating disorders and its management.
- 8. Organic anxiety.
- 9. Passive aggressive personality disorder.
- 10. Therapeutic community.

## M.O.T. DEGREE EXAMINATION SECOND YEAR PAPER II – CLINICAL SPECIALITY – II BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419109

Time: Three hours Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Outline the principles of Behavior Therapy. Explain behavioral techniques and its application in Mental Retardation.

2. Explain model of Human Occupation. How it will be useful in the assessment and management of chronic Schizophrenic patient?

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. OT management for psychomotor retardation.
- 2. Psycho social assessment tool.
- 3. Sensory processing disorders.
- 4. Role of OT in child abuse.
- 5. Aversion therapy.
- 6. Disturbance of consciousness.
- 7. Role of OT with AIDS.
- 8. Techniques to control impulsive behavior.
- 9. Work behavior facilitation in moderate MR.
- 10. Differential diagnosis of delusional disorder.

## M.O.T. DEGREE EXAMINATION SECOND YEAR PAPER II – CLINICAL SPECIALITY – II BRANCH II – ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419109

Time: Three hours Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Describe the occupational therapy assessment for a 45 year old housewife with depression and plan for occupational therapy intervention.

2. Application of model of human occupation concepts for 12 years old student with Dyslexia.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Good Man's Battery.
- 2. Form constancy.
- 3. Activity adaptation.
- 4. Assertiveness training.
- 5. Management of delusions.
- 6. Anxiety spiral.
- 7. Cognitive dissonance.
- 8. Types of Hallucination.
- 9. Psychodrama.
- 10. Negative symptoms in schizophrenia.

[LM 809] MAY 2018 Sub. Code: 9109

## M.O.T. DEGREE EXAMINATION SECOND YEAR PAPER II – CLINICAL SPECIALITY - II BRANCH II - ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419109

Time: Three hours Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Describe the diagnostic features of Depression and explain the occupational therapy objectives management strategies for depression.

2. Describe the Cluster B personality disorders and its occupational therapy management.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Factitious disorder.
- 2. Occupational therapy in prison.
- 3. Principles of reinforcements.
- 4. Occupational therapy management for psychological pain.
- 5. Synthetic functions of Ego.
- 6. Defense mechanisms in obsessive compulsive disorder.
- 7. Compulsive buying.
- 8. Formal thought disorders.
- 9. Stages of sleep.
- 10. Occupational therapy management for suicidal Ideation.

[LQ 809] NOVEMBER 2020 Sub. Code: 9109

(MAY 2020 EXAM SESSION)

M.O.T. DEGREE SECOND YEAR

#### BRANCH II - ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

#### PAPER II - CLINICAL SPECIALITY - II

Q.P. Code: 419109

Time: Three hours Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Briefly explain the clinical features, types of Obsessive Compulsive Disorder and its occupational therapy management.

2. Plan the occupational therapy intervention for a 25 years old male with drug Dependence admitted for Relapse.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Sensory symptoms in Conversion disorders and occupational therapy management.
- 2. Effect of Bereavement in childhood.
- 3. Types of Residential care and its importance for mentally ill.
- 4. Psychosocial causes of Offending and role of occupational therapy.
- 5. Adaptive functions of Ego.
- 6. Defense mechanisms to manage Emotions.
- 7. Compare the psychosexual stages and interpersonal behavior.
- 8. Malingering.
- 9. Forward and Backward chaining.
- 10. Cognitive distortions.

[MOT 0321] MARCH 2021 Sub. Code: 9109 (OCTOBER 2020 EXAM SESSION)

# M.O.T. DEGREE EXAMINATION SECOND YEAR BRANCH II - ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II Q.P. Code: 419109

Time: Three hours Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Describe the Phenomenology, Course and Occupational Therapy management of Obsessive Compulsive Disorder.

2. A 45 year old man having the features of Dementia, discuss the various aspects of differential Diagnosis and Occupational Therapy management for this young onset Dementia.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Cognitive Remediation in Schizophrenia.
- 2. Systematic Desensitization.
- 3. Crisis intervention.
- 4. School Refusal.
- 5. Debriefing.
- 6. Alcoholic Amnestic Disorder.
- 7. Pseudo Seizure.
- 8. Delusion of Love.
- 9. Inhalant Related Disorder.
- 10. Relapse Prevention in Alcohol Dependence.

[MOT 0921] SEPTEMBER 2021 Sub. Code: 9109 (MAY 2021 SESSION)

## M.O.T. DEGREE EXAMINATION SECOND YEAR BRANCH II - ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY - II Q.P. Code: 419109

Time: Three hours Answer ALL Questions Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Discuss in detail about Comprehensive occupational therapy evaluation scale and its components.

2. Plan the occupational therapy intervention for a 21 years old male diagnosed as severe depressive episode with psychotic symptoms.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Occupational therapy management for Narcissistic personality disorder.
- 2. Vocational evaluation for carpenter with diagnosis of Depression.
- 3. Juvenile delinquency.
- 4. Sensory profile.
- 5. Disturbances of consciousness.
- 6. Korsakoff psychosis.
- 7. Eating disorders and its management.
- 8. Psychosexual dysfunction.
- 9. Differential diagnosis of Attention Deficit Hyperactive Disorder.
- 10. Role of occupational therapy in treating with Eliminating disorder.

[MOT 0222] FEBRUARY 2022 Sub. Code: 9109 (OCTOBER 2021 EXAM SESSION)

### M.O.T. DEGREE EXAMINATION SECOND YEAR

BRANCH II - ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH
PAPER II – CLINICAL SPECIALITY - II

Q.P. Code: 419109

Time: Three hours Answer ALL Questions Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Outline the principles of cognitive behavior therapy. Explain cognitive behavior therapy techniques and its application in Phobic disorders.

2. Explain Futuristic Trends in occupational therapy.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Occupational therapy management for Marijuana Abuse.
- 2. Assessment and management in Forensic psychiatric disorder.
- 3. Sensory processing disorders.
- 4. Types of delusions and its management.
- 5. Occupational therapy management of Delinquency.
- 6. Bruxism.
- 7. Dependent personality disorder and management.
- 8. Factious disorder.
- 9. Disturbances of thought and perception.
- 10. Occupational therapy for a patient with suicidal ideation.

[MOT 0223] FEBRUARY 2023 Sub. Code: 9109 (OCTOBER 2022 EXAM SESSION)

## M.O.T. DEGREE EXAMINATION SECOND YEAR BRANCH II - ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH PAPER II – CLINICAL SPECIALITY – II

Q.P. Code: 419109

Time: Three hours Answer ALL Questions Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Describe the clinical features, Differential diagnosis and Occupational Therapy management of Bulimia Nervosa.

2. Describe the Clinical features and Occupational Therapy management of Oppositional Defiant Disorder.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Grief Reaction.
- 2. Biofeedback.
- 3. Tardive Dyskinesia.
- 4. Management of Social Phobia.
- 5. Factors determining the prognosis of Schizophrenia.
- 6. Crisis intervention.
- 7. DHAT syndrome.
- 8. Differential Diagnosis of Stupor
- 9. Antisocial personality disorder.
- 10. Stages of Sleep.

[MOT 1223] DECEMBER 2023 Sub. Code: 9109 (OCTOBER 2023 EXAM SESSION)

#### M.O.T. DEGREE EXAMINATION

SECOND YEAR - (Regulations for the candidates admitted on or before the A.Y. 2021-2022)
BRANCH II - ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH
PAPER II - CLINICAL SPECIALITY - II

Q.P. Code: 419109

Time: Three hours Answer ALL Questions Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Describe the personality disorders and its occupational therapy management.

2. Psychopathology of schizophrenia.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Sexual and gender identity disorder.
- 2. Disturbance of reasoning and judgment.
- 3. Living Skills Assessment.
- 4. Differential diagnosis for autism.
- 5. Evaluation of soft neurological sign.
- 6. Principle in behaviour modification techniques.
- 7. Theories of delinquency.
- 8. Forensic psychiatry.
- 9. Azima's battery.
- 10. Psychiatric disorders of late life.