

[LI 1401]

FEBRUARY 2016

Sub.Code :1401

M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION

BRANCH I – (NATUROPATHY)

FIRST YEAR

PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS

Q.P. Code : 461401

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 20 = 40)

1. Explain in detail about Naturopathic approaches to woman and child health.
2. Explain in detail about fasting therapy, its role in immunity and recent research publication.

II. Short Notes on:

(10 x 6 = 60)

1. Herbal medicine for viral infection.
2. Amino acids and sprouts.
3. Encumbrance and free radicals.
4. Physiological effect of immersion bath.
5. Pranic healing and its basis.
6. Socioeconomic status and naturopathy.
7. Innate healing according to nature cure.
8. Nature cure for anaemia.
9. Naturopathy in public health.
10. Concepts in Siddha and Ayurveda.

[LJ 1401]

OCTOBER 2016

Sub.Code :1401

M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION

BRANCH I – (NATUROPATHY)

FIRST YEAR

PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS

Q.P. Code : 461401

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 20 = 40)

1. Explain in detail about Naturopathic nutrition in health and disease relevant to modern research.
2. How to increase the vitality with various methods and compare with modern immunity?

II. Short Notes on:

(10 x 6 = 60)

1. Phytomedicine in naturopathy.
2. Relevance of sun bath in present lifestyle.
3. Front encumbrance details.
4. Physiological effect of massage.
5. Spiritual medicine for healing.
6. How the signs in the iris are produced?
7. Physiological effect of colon irrigation.
8. Antenatal care for easy delivery.
9. Indian root for nature cure.
10. Research papers published on clay bath.

[LL 1401]

OCTOBER 2017

Sub. Code: 1401

M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION

BRANCH I – (NATUROPATHY)

FIRST YEAR

PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS

Q.P. Code : 461401

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 20 = 40)

1. Explain in detail about the concepts of health and disease according to Naturopathy and Modern science.
2. Explain in detail about Naturopathic Diagnostic Methods.

II. Short Notes on:

(10 x 6 = 60)

1. Fundamentals of Homeopathy in relation to Naturopathy.
2. Lemon gross oil and its use.
3. Naturopathic Massage and its effects.
4. Natural living based on Naturopathy.
5. Environmental factors on health.
6. Nature Cure on Child health.
7. Chromo therapy and its effects.
8. Naturopathy and acute disease.
9. The findings of Nature Cure in Indian Culture.
10. Indication and contra indication of Clay Therapy with evidence.

[LN 1401]

OCTOBER 2018

Sub. Code: 1401

M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION

BRANCH I – (NATUROPATHY)

FIRST YEAR

PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS

Q.P. Code : 461401

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 20 = 40)

1. Explain in detail about Naturopathic approach in the prevention of acute and chronic disease.
2. Explain in detail about the role of Naturopathy in Women and Child Health.

II. Short Notes on:

(10 x 6 = 60)

1. The role of Natural Diet in Health.
2. The use of Herbs in Naturopathy.
3. Nature Cure and innate Healing.
4. Techniques used in Osteopathy.
5. Front and Back Encumbrance.
6. Vitality and Naturopathy.
7. Basic concepts in Siddha.
8. Methods used in Panchakarma.
9. The physiological effects of Magnets in Health.
10. History of Indian Naturopathy.

[LP 1401]

OCTOBER 2019

Sub. Code: 1401

M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION

BRANCH I – (NATUROPATHY)

FIRST YEAR

PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS

Q.P. Code : 461401

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 20 = 40)

1. Explain in detail about the role of Naturopathy in the prevention and management of Lifestyle related disorders.
2. Explain in detail about Naturopathic Nutrition in Modern life style.

II. Short Notes on:

(10 x 6 = 60)

1. Basic principles of Naturopathy with scientific evidence.
2. Hydrotherapy used in Naturopathy.
3. Foreign Naturopathy and their contribution.
4. Quality of Life in Naturopathy.
5. The role of Spirituality in Health.
6. Phytomedicine in Naturopathy.
7. The role of Innate healing.
8. The physiological effect of Lavender and Jasmine Oil.
9. Physiological effect of Massage.
10. Applied Chiropractic in Clinical practice.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[MD(Y&N) 1021]

**OCTOBER 2021
(OCTOBER 2020 EXAM SESSION)**

Sub. Code: 1401

**M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION
FIRST YEAR
BRANCH I – NATUROPATHY
PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS
*Q.P. Code : 461401***

Time : Three hours

Answer ALL Questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 20 = 40)

1. Explain about the Ischemic Heart Disease, diagnosis and management.
2. Explain Phytomedicine in Naturopathy.

II. Short Notes on:

(10 x 6 = 60)

1. Sleep apnoea.
2. Chronic pancreatitis.
3. Anemia and management.
4. Write about the calcium regulating hormones.
5. Migraine – its diagnosis and management.
6. Eczema – types and management.
7. Chemotherapy and its after effects.
8. Concept of natural child birth.
9. Myopia and management.
10. Occupational hazards related to cosmetics.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[MD(Y&N) 0522]

MAY 2022

Sub. Code: 1401

(OCTOBER 2021 EXAM SESSION)

**M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION
FIRST YEAR**

BRANCH I – NATUROPATHY

PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS

Q.P. Code : 461401

Time : Three hours

Answer ALL Questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 20 = 40)

1. Explain in detail about peptic ulcer, its diagnosis and management through naturopathy with latest research study.
2. Explain in detail about Hypothyroidism and its management.

II. Short Notes on:

(10 x 6 = 60)

1. Occupational hazards related to food products.
2. Sinusitis and Hydrotherapy.
3. Natural Family planning methods.
4. Malignancy-basic diagnosis.
5. Write about mood disorders.
6. Allergic dermatitis and management through diet therapy.
7. Alcoholic liver disease.
8. Fever and latest study on Nature Cure Principle.
9. Chronic Renal Failure with diagnosis.
10. Bronchial Asthma and Hot Chest Pack.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[MD(Y&N) 0323]

**MARCH 2023
(OCTOBER 2022 EXAM SESSION)**

Sub. Code: 1401

**M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION
FIRST YEAR
BRANCH I – NATUROPATHY
PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS**

Q.P. Code : 461401

Time : Three hours

Answer ALL Questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 20 = 40)

1. Explain Vascular and cellular events in inflammation as per Modern medicine and explain inflammation as per Nature Cure.
2. Define Neoplasia and molecular pathogenesis of cancer, types of carcinogens and write on naturopathic approach towards cancer.

II. Short Notes on:

(10 x 6 = 60)

1. Similia similibus curentur.
2. Panchamahabhutas as per Ayurveda.
3. ADHD and Naturopathy approach.
4. Explain Autism and Nature Cure.
5. Elaborate on cervical cancer, causes, clinical features and prevention.
6. Explain Fragile X syndrome prescribe specific diet.
7. Define Systemic Lupus Erythematosus, causes, clinical features and its management.
8. Explain the science behind magneto biology.
9. History of Siddha.
10. Shatkarma Vs Panchakarma.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[MD(Y&N) 0324]

**MARCH 2024
(OCTOBER 2023 EXAM SESSION)**

Sub. Code: 1401

**M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION
FIRST YEAR
BRANCH I – NATUROPATHY
PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS**

Q.P. Code: 461401

Time: Three hours

Answer ALL Questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 20 = 40)

1. Write about the History and evolution of therapies used in naturopathy.
2. Discuss the concept of drugless therapies and their relevance in health care.

II. Short Notes on:

(10 x 6 = 60)

1. History of Indian and Foreign Naturopaths.
2. Naturopathic nutrition in Health and Disease.
3. Combinations of treatments used in Naturopathy.
4. Write in detail about Massage in Siddha.
5. Write about aromatherapy and its clinical use.
6. Write about Facial diagnosis and Iris diagnosis.
7. Naturopathic approach to Child health.
8. Physiological effects of Magneto Biology.
9. Write about Massage and its types.
10. Untoward effects of Hydrotherapy.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[MD(Y&N) 1125]

NOVEMBER 2025

Sub. Code: 1401

**M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION
FIRST YEAR (For the Candidates admitted in the academic year 2024-2025)
BRANCH I – NATUROPATHY
PAPER I – PHILOSOPHY AND PRACTICE OF NATURAL THERAPEUTICS**

Q.P. Code: 461401

Time : Three hours

Answer ALL Questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 20 = 40)

1. Elaborate on Concepts of health and Disease as per Modern Science.
2. Elaborate on Foreign Naturopaths.

II. Short Notes on:

(10 x 6 = 60)

1. Explain Phytochemicals with example.
2. Elaborate on Chiropractice.
3. Explain Insulin Resistance and write its clinical nutrition.
4. Explain Diverticulosis and write its dietetics.
5. Explain NAFLD and NASH with Dietetics.
6. Explain crohn's disease justify your diet.
7. Name all the essential Fatty acids and its role in Dementia.
8. Formula of Corpulence index, Lorentz formula and Rule of halves.
9. Differences between Siddha, Ayurveda and Homeopathy.
10. Iridology Chart of Left eye.
