#### **BRANCH I – (NATUROPATHY)**

#### SECOND YEAR

# PAPER II – BASIC AND APPLIED MEDICAL SCIENCES AND NATUROPATHY

Q.P. Code: 461411

Time: Three Hours Maximum: 100 Marks

# **Answer All questions**

# I. Essay Questions: $(2 \times 20 = 40)$

- 1. Physiological effects of cold and hot on various systems.
- 2. Modern Microbiology and pathology relevant to the concepts of Health and disease in Naturopathy.

II. Short Notes on:  $(10 \times 6 = 60)$ 

- 1. Manupulative Therapy and its effects.
- 2. Physiological effects of Acupuncture in pain management.
- 3. Psychosis and Neurosis.
- 4. The effect of Natural diet in Acute diseases.
- 5. Clinical pharmacology.
- 6. Applied Bio-chemistry related to Nutrition.
- 7. Applied physiology related to Massage Therapy.
- 8. Latest Research published on Fasting Therapy.
- 9. Acupressure related to endocrinology.
- 10. Nervous system related to Reflexology.

#### **BRANCH I – (NATUROPATHY)**

#### SECOND YEAR

# PAPER II – BASIC AND APPLIED MEDICAL SCIENCES AND NATUROPATHY

Q.P. Code: 461411

Time: Three Hours Maximum: 100 Marks

## **Answer All questions**

I. Essay Questions:  $(2 \times 20 = 40)$ 

1. Characteristic of Cardiac Muscle.

2. Physiological effects of hot on the respiration and blood.

II. Short Notes on:  $(10 \times 6 = 60)$ 

- 1. Metabolism of Fat and effects of long fasting on body fat.
- 2. Role/Mechanism of fiber in Diverticulosis and Diabetes.
- 3. Maha bandha.
- 4. Apotosis and fasting relation.
- 5. Drugs and food interactions.
- 6. Non nutrient components.
- 7. Inflammation relation to modern science and Naturopathy.
- 8. Mechanism of Acupuncture in pain management.
- 9. Nadis and nervous system.
- 10. Yoga mudra.

## **BRANCH I – (NATUROPATHY)**

#### **SECOND YEAR**

# PAPER II – BASIC AND APPLIED MEDICAL SCIENCES AND NATUROPATHY

Q.P. Code: 461411

Time: Three Hours Maximum: 100 Marks

#### **Answer All questions**

I. Essay Questions:  $(2 \times 20 = 40)$ 

- 1. Physiological effects of cold water on the skin and respiratory system.
- 2. Body Fluid Compartments.

II. Short Notes on:  $(10 \times 6 = 60)$ 

- 1. General Mechanism of Muscle Contraction.
- 2. Prana mudra.
- 3. Functions of Saliva.
- 4. Mechanism of Sweat secretion.
- 5. Hematocrit and how to increase hematocrit value with diet?
- 6. Effect of Temperature on Heart Function and justify the effect of steam bath on heart.
- 7. Salient features of the cerebral circulation and cerebral stroke.
- 8. Sensitivity and awareness through chakras and Nadis.
- 9. Morphological classification of anemia and name the richest source of folic acid.
- 10. Uddiyana bandha.

## **BRANCH** I - (NATUROPATHY)

#### SECOND YEAR

# PAPER II – BASIC AND APPLIED MEDICAL SCIENCES AND NATUROPATHY

Q.P. Code: 461411

Time: Three Hours Maximum: 100 Marks

## **Answer All questions**

## I. Essay Questions: $(2 \times 20 = 40)$

- 1. Physiological effects of Fasting, Nutrition and Dietetics.
- 2. Physiological effects during Combination of Treatments.

II. Short Notes on:  $(10 \times 6 = 60)$ 

- 1. Electro Magnetic Field.
- 2. Energy medicine related to sunlight.
- 3. Tapering of drugs in Naturopathy and Yoga system.
- 4. Indication and contra indication of clay therapy.
- 5. Chiropractice and osteopathy latest developments.
- 6. Physiological effect of primary colors.
- 7. Therapeutic counselling.
- 8. Clinical documentation.
- 9. The role of Applied Anatomy in Kriyas.
- 10. Nervous system related to Reflexology.

#### THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[MD(NATU.) 0321]

# **MARCH 2021**

**Sub. Code: 1411** 

# (OCTOBER 2020 EXAM SESSION)

# M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION

#### **SECOND YEAR**

#### **BRANCH I – NATUROPATHY**

# PAPER II – BASIC AND APPLIED MEDICAL SCIENCES AND NATUROPATHY O.P. Code: 461411

Time: Three hours Answer ALL Questions Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

- 1. Explain the role of antioxidant in the management of disease and add a note on dietary management of Hypertension.
- 2. a) Write about SITS muscles with its clinical importance.
  - b) Justify the management of frozen shoulder with manipulative therapy.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Lipid profile and it's clinical importance.
- 2. Coronary arteries and its branches with clinical-importance.
- 3. Complement system.
- 4. Justify fasting therapy in the prevention and management of Chronic disease.
- 5. Explain in detail the physiological effects of cold on Skin and Respiratory system.
- 6. Movements of massage to abdomen and its therapeutic benefits.
- 7. Explain the physiological mechanism of meridian massage of Conceptional Vessel.
- 8. Properties and effects of blue color.
- 9. Explain about food combination in Naturopathy.
- 10. Add a note on physiological effects of Mud therapy.

#### THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[MD(Y&N) 0222] FEBRUARY 2022 Sub. Code: 1411 (OCTOBER 2021 EXAM SESSION)

# M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION SECOND YEAR BRANCH I – NATUROPATHY PAPER II – BASIC AND APPLIED MEDICAL SCIENCES AND NATUROPATHY O.P. Code: 461411

Time: Three hours Answer ALL Questions Maximum: 100 Marks I. Elaborate on:  $(2 \times 20 = 40)$ 

- 1. Regulation of Body Temperature and Heat production.
- 2. Physiological effects of Cold upon Absorption, Excretion and Nervous system.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Causes of extra cellular Edema and Mechanism of salt water hot foot bath in management of Edema.
- 2. Important functions of Plasma Proteins.
- 3. Sensory Receptors.
- 4. Maha mudra.
- 5. Moola bandha.
- 6. Blood reservoir function of Veins.
- 7. Role of nervous system and rapid control of Arterial Pressure.
- 8. Lifesaving value of collateral circulation in the Heart.
- 9. Pranic currents and the breath.
- 10. Basic principles of GI absorption.

#### THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[MD(Y&N) 1122] NOVEMBER 2022 Sub. Code: 1411 (OCTOBER 2022 EXAM SESSION)

# M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION SECOND YEAR BRANCH I – NATUROPATHY PAPER II – BASIC AND APPLIED MEDICAL SCIENCES AND NATUROPATHY Q.P. Code: 461411

Time: Three hours Answer ALL Questions Maximum: 100 Marks

I. Elaborate on:  $(2 \times 20 = 40)$ 

1. Write in detail about any five therapeutic diet. Add a note on dietary fibre and its importance.

2. Describe the physiological effects of massage on different systems of the body.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Liver function test clinical importance.
- 2. Pathophysiology of ulcerative colitis.
- 3. Exocrine function of pancreas. Add a note on pancreatitis.
- 4. Describe the physiological effects of fasting.
- 5. Explain the physiological effects of spinal bath. Add a note on reflex areas.
- 6. Examination of cranial nerves.
- 7. Explain Jing well points and its clinical importance.
- 8. Justify the use of red color in our day today life. Add a note on its therapeutic effects.
- 9. Discuss about acid alkaline diet.
- 10. Add a note on therapeutic counseling.