## [RS 627]

#### AYURVEDACHARYA (B.A.M.S.) EXAMINATION.

Second Year

(Second Professional Course)

Part I

Paper II - SWASTHA VRITTA - I

Time: Three hours

Maximum: 100 marks

Answer in English or Sanskrit.

Answer ALL questions.

Answer Sections A and B in separate answer books.

All questions carry equal marks.

#### SECTION A

- Describe "DINACHARYA".

  বৈৰ্ঘা বৰ্ণীয়া।
- Mention diseases of "Apana Vata Vega Nirodha".
   अपान वात वेग निरोध जन्य व्याधीन लिखत।
- Write the benefits of "Tamboola Sevanam". तांन्यल सेवनस्य लामान् लिखता
- Write the benefits of Upavasa. उपवासस्य प्रयोजनं लिखता

- Describe "RUTUCHARYA".
   स्तुचर्या वर्णयता
- Write the properties of "Cow Milk". गोदभ्य गुणान लिखता
- Describe the sources and daily requirement of "Vitamin B<sub>1</sub>" and write the deficiency diseases.

जिवन सत्वस्य मूलकान्, दैनिकप्रमाणांऽय, श्रेयजन्यव्याचींऽय लिखता

- Write the effects of smoking of "Tobacco". तम्बाङ्क गुमपानस्य द्वाग्रमावान् लिखता
- What are the "Adharaneeya Vegas"?
   अधारणीय वेगाः के ।
- 10. What are the diseases of "Contaminated Water" and how do you purify the water?

दुष्टजल पानजन्य व्याधीन, जलशोधनोपांगांडय लिखता

#### SECTION B

- Describe "Immunity".
   व्याधिक्षमत्व वर्णनं कुरु।
- Write the ill effects of "Artificial Air" and 'Air-Conditioning".

वातानुकूल व्यवस्थायाः, कृत्रिम व्यजनsयल दुष्रप्रभावान् लिखतः।

Write the methods of purification of "Water" in cities.
 नागर जनपदेव जलशोधनविधानं लिखत।

- Write the methods of "Artificial Lighting".
   কৃষিদ দ্বনারথ বিবিধ ওথাবান লিকার।
- 15. Write the utility of "Family Welfare Programmes". कुटुम्ब संदोग प्रणालिकायाः आवश्यकत लिखत। Write short notes on the following : संक्षित्य व्याख्यां कर।
- Small-Pox.
   मश्यिका
- Gonorrhoea.
   उष्णमेहमा
- Mother and Child Welfare Centre.
   माताशिश कलयाणि केन्द्राणि।
- Slaughter house.
   कथ्य स्थानं।
- Septic Latrine.
   आधुनिक शौथालवानाम् निर्माणे

## [PR 253]

## AYURVEDACHARYA (B.A.M.S.) EXAMINATION.

Second Year

(Second Professional Course)

Part I

Paper II - SWASTHA VRITTA - I

Time : Three hours

Maximum: 100 marks

Answer either in English or Sanskrit.

Answer ALL questions.

Answer Sections A and B in separate answer books.

All questions carry equal marks.

#### SECTION A

- Explain the three "Upasthambhas". उपस्तम्भ त्रयं विवृण्त ॥
- What are "Vegas"? Give a brief note about them.
   'बेगा:' के। तेवां संविष्त परिचयं कुरुत।
- What is "Sadvrutham"? What are its principles? 'सर्वृत्य' नाम कि । कानि विश् सर्वृत्त सूत्राणि तिखयनताम् ।
- Write the characteristic features of "Swastha".
   'स्वस्थ' লক্ষণানি লিজন ॥

#### [PR 253]

- What is "Udwartana"? What are its benefits?
   उद्दातनम् सम कि । तस्य प्रयोजनानि कानि ॥
- Describe the features of a ideal residential house.
   निकासयोग्य गृहलद्याणानि लिक्यनताम् ॥
- Mention the "Jala" bhedas and their gunas.
   অল भेटारि तेवां सध्यानि च लिखत ॥
- Explain the moden technique of purification of water.
   आधुनिक जल शुद्धि—प्रकारम् व्याख्यानयतु ॥
- Explain the role of "water" in our body.
   सरीस्य जलप्रायान्यताम् विवृश्त ॥
- Describe the (Ideal kitchen) "Mahanasa". महानसम् वर्णीयत ।।

# SECTION B

- Mention "Vayu gunas" and write about air-borne diseases.
   वायोः गुणान् तस्कन्य व्याधींस्य तिल्लाखन्दु ॥
- Describe the methods of disposal of "Garbage".
   अपद्रव्य निर्मृतनोपायान् लिखत ॥
- Describe the temporary construction of Lavatories in fairs and festivals.
  - नाभीर्ण, तीर्योस्तवेषु तात्कालिक सौचस्थान निर्माण विश्वेः वर्णयत् ॥

#### (PR 253)

- Write the disposal of excrete in see.
   समुद्रादिषु मस्त्रदीनं निर्मृतनम् कराम् कर्तव्यम् निष्कृत ॥
- Describe the methods of disposal of dead body.

  ক্ষমিকাৰ কিন্তুৰ বিশ্বত গ্
- Describe the Health check—up programme in schools.
   विकास के क्यांच्यां आविष्यक्तियान विकास क्रिका क्र
- What is meant by "Janapadodhwames"? Englein.
   प्रश्रातंत्रम् व्यक्तव्यक्त् ॥
- Explain the method of contact, spread and prevention of "Melaria".

मलेरिया ज्यारम मांतमन, न्यायर, विवेतीयामां जिल्हात ह

- Mention the names of S.T.D. (Semally Transmitted). J. Diseases) and write the presention of "Phirongi regu".
   इस्ट्रोडि अंक्ट्रेक्ट्य रोग्ड के । किर्दिय रोग्ड किस्ट्रिक्ट्य के ॥
- Write about Family Walface Programme.
   कुट्टन संत्रेत कार्यक्रमण संतिक परिकां कुर ॥

#### [VM 388]

#### AYURVEDACHARYA (B.A.M.S.) EXAMINATION.

#### Second Year

(Second Professional Course)

#### Part I

Paper II - SWASTHA VRITTA - I

Time: Three hours

Maximum: 100 marks

Answer in English or Sanskrit.

Answer ALL questions.

Answer Sections A and B in separate answer books.

All questions carry equal marks.

#### SECTION A

- 1. Write the lakshanas of "निन्दिताडनिन्दिता पुरूषा".
- 2. What is "प्रज्ञापराचम्'? Explain.
- Write about 'आवार रसायन'.
- Explain 'अपतर्पणजन्य व्याधयः'.
- 5. Write about "बहरसमोजनस्य महत्वं'.
- 6. Explain :

'मादक दुव्याणां शरीर प्रभावः'.

Write the importance of fats and carbohydrates in our daily food. [VM 388]

- Define 'Nidra' and its classification.
- Explain ;

'मिध्याविद्यारेण रोगाणांमुद्भवः'.

10. Explain the importance of ब्रह्मचर्च in Swasthya rakabana.

#### SECTION B

- 11. Explain the characteristic features of "निवास योग्य गृहामि".
- Write the different sources of water and their methods of purification.
- 13. Write the beneficial effect of sun's rays on the human body.
- 14. Write the different methods of disposal of excreta.
- 15. What are सक्रमक rogas? Explain them with suitable examples.
- 16. What is 'व्याधिशमत्वं'? Write its importance.
- What are कुष्रसंगवाश्च सेगा? Explain them with suitable examples.
- 18. What is the role of environment in our day to day life?
- Write about "Oxidation cycle".
- 20. Explain the lines on which a विकित्सालय should be built.

[ND 699]

## AYURVEDACHARYA (B.A.M.S.) EXAMINATION.

Second Year

(Second Professional Course)

Part I

Paper II - SWASTHA VRITTA - I

Time: Three hours

Maximum: 100 marks

Answer in English or Sanskrit.

Answer ALL questions.

Answer Section A and B in separate answer book.

All questions carry equal marks.

## SECTION A

- Write the characteristics of 'Swastha'.

  स्वस्थ লক্ষণাদি লিজনা
- What are the contra-indications of cleaning teeth? दन्द्यावनानहीं के?
- Write the benefits of taking bath in the morning.
   प्रातः स्नानस्य महत्वं लिखत।
- Describe the conditions caused by withholding the urge of urine and their treatment.

मूत्रवेगधारणजन्यविकाराः तेषां चिकित्सा च विवृणुता

[ND 699]

 What is 'Ritu Sandhi'? Write its importance. 'ऋतुसन्धिः' नाम किं? तस्य प्राधान्यं लिखत।

 What are 'Aharavidhi viseshayatanas'? आहारविधिविशेषायतनानि कानि?

 What are the diseases caused by overeating? अतिमात्रभोजनजन्य विकासणि कानि?

8. Describe the natural sources, daily requirement and deficiency diseases of vitamin A.

'ए' जीवनतत्त्वस्य प्राकृतिकप्राप्तिस्थानानि, दैनिक आवश्यक मात्रा तथा तस्य अभावजन्य विकासः च विवृण्ता

Write the properties of cow's milk.
 गज्यक्षीरस्य गुणान् लिखता

 Describe 'Balanced Diet', सन्तुलिताहारं विवृण्ता

#### SECTION B

 Describe briefly the procedure for large scale purification of water.

महत्परिमाण जलशोधन प्रकारं विवृणुत।

 What are the channels of disease transmission? गेगसंक्रमणमार्गः के? [ND 699]

Write the effects of noise pollution.
 शब्दमिल-बैकरणस्य प्रमावान् लिखतः

 Describe the differences between active acquired immunity and passive acquired immunity.

सक्रियार्जितव्याधिक्षमताया निष्क्रियार्जितव्याधिक्षमताया च अन्तरं लिखतः।

Write the differences between small pox and chicken pox.
 मसुरिकाया च अन्तरं लिखत।

 Describe the merits and demerits of aritificial ventilation. कृत्रिमप्रवीजनस्य गुणदोषान् विवृण्ता
 Write short notes on :

लघुविवरणानि लिखत।

17. Hamsodakam, इंसोदकम्।

18. Quarantine

Immunoglobulins

Pneumoconiosis.

[SB 712]

## AYURVEDACHARYA (B.A.M.S.) EXAMINATION.

Second Year

(Second Professional Course)

Part I

Paper II - SWASTHA VRITTA - I

Time : Three hours Maximum : 100 marks

Answer ALL questions.

Answer either in English or Sanskrit.

Answer Sections A and B in separate answer books.

All questions carry equal marks.

## SECTION A

- Describe 'Brahma Muhurta'.'
   श्रास्म मुहुर्त विशद्यता
- What are the benefits of 'Abhyanga'? अभ्यंगस्य प्रयोजनं लिखता
- What are the contraindications of exercise?
   व्यायामानहीं के?
- Which are the urges that should not be suppressed? अधारणीय बेगाः के?

(SB 712)

Write the regimen for elimination of doshas vitiated due to seasonal variations.

ऋतुजन्य दोषसञ्चयस्य शोधनक्रमं लिखता

- Describe 'Bhojana mathra'. भोजनमात्रां विवृणुता
- Describe 'Virudhahara' and its classification with examples.
   विरुद्धाडारस्य लक्षणं, तस्य प्रकाराणि च सोदाहरणं विवृण्ता
- Describe Vishamasanam.
   विषमाशनं विवृणुत।
- Write the natural sources, daily requirements and deficiency diseases of Vitamin C.

'सी' जीवनतत्वस्य प्राकृतिकप्राप्तिस्थानानि दैनिक आवश्यकमात्रा तथा तस्य अभावजन्य विकासन् लिखत।

What are the causes of loss of sleep; Describe its treatment.
 निग्रनाशस्य हेतक कानि? तस्य चिकित्सां विवृश्तः।

#### SECTION B

- 11. What are the methods of artificial ventilation? कृत्रिमप्रवीजनोपायानि कानि?
- 12. How milk is disinfected? दुन्धस्य विसंक्रमणोपायाः के?

[SB 712]

 What is hardness of water? Describe its classification and methods for removal.

जलकाठिन्यं नाम किं? तस्य प्रकाराः शोधन विधय च विवृण्ता

- Describe Immunity.
   আঘিধদলে বিবৃদ্ধ।
- Write the methods for final disposal of sewage.
   किट्टमलस्य आत्यन्तिकविनाशविधि लिखत।
- Describe the life cycle of malarial parasite.
   विषमज्वरकारकाणीः जीवितचक्रं विवृणुत।
   Write short notes on :
   लगु विवरणानि लिखत।
- Disinfection विसंक्रमणम्।
- 18. Notification --- বিরাদিনা
- Droplet infection -- सूक्ष्मकणिकासंक्रमणम्।
- 20. Syphilis --- फिरंगम्।

[MB 1073]

## AYURVEDACHARYA (B.A.M.S.) EXAMINATION.

Second Year

(Second Professional Course)

Part I

Paper II - SWASTHA VRITTA - I

Time: Three hours

Maximum: 100 marks

Answer ALL questions.

Answer either in English or Sanskrit.

Answer Sections A and B in separate answer books.

All questions carry equal marks.

#### SECTION A

- Write the definition of 'Swastha'.
   स्थरतस्य निर्वचनं शिखता
- What are the contra-indications of bath?
   स्वाच्यात्रक के?
- 3. What are the conditions caused by suppressing the urge of micturition?

मूत्रवेगचारणजन्य विकासणि कानि?

#### [MB 1073]

- What is 'Ritu Sandhi'? Write its importance.
   ऋतसन्धिनीय कां? तस्य प्राचान्यं लिखता
- Describe the 'Ritucharya' of 'Hemantha ritu'. हेमन्तऋतुचर्या विवृष्णता
- Define 'Viruddhahara' along with its classification.
   विरुद्धाहारं वर्णयन् तेशं प्रकाराणि शिखता
- Describe the natural sources, daily requirement and deficiency diseases of vitamin A.

'ए' जीवनतत्त्वस्य प्राकृतिक प्राप्तिस्थानानि, दैनिक आवश्यकमात्रा तथा तस्य अभावजन्य विकासन् विवृत्तुत।

 What is hardness of water? Describe methods for removing hardness of water.

जलकाठिन्यं नाम किं? कठिनजलस्य शोधनप्रकारं विवृणुत।

Write the differences between active acquired immunity and passive acquired immunity.

सर्किय आर्थित ज्यायिक्षमताया निष्क्रिय आर्जित ज्याधिक्षमताया च अन्तरं लिखता

Describe the life cycle of Filarial parasite.
 रलीपदवारक क्रिमे: जीवचार्क विवयत।

#### SECTION B

What are the impurities of water? Classify them.
 जलप्रदूषणानि कानि? तेवां वर्णीकरणं कुरु।

#### [MB 1073]

- Describe the properties of cow's milk.
   गव्यकीरस्य गुणान् विवृश्वा
- 13. What are the conditions caused by overeating? अभिवाहारजन्य विकासः के?
- Describe methods for final disposal of sewage.
   किट्टमलस्य आत्यन्तिक विनारतेपायान् विशयपताः
- 15. What are the methods for disinfection of milk? दुग्यस्य विसंक्रमणोपायाः के? Write short notes on : लघुविवरणानि लिखता
- Incubation period.

  য়য়বিজ্ঞালা
- 17. Epidemic triad. ন্তানক বিকা
- 18. Diphtheria.
- Dandalasakam.
   दण्डालसके।
- 20. Kwashiorkar. क्वावियोरकर।

# [AK 1083]

# AYURVEDACHARYA (B.A.M.S.) EXAMINATION.

Second Year

(Second Professional Course)

Part I

Paper II - SWASTHA VRITTA - I

Time: Three hours

Maximum: 100 marks

Answer ALL questions.

Answer either in English or Sanskrit.

Answer Sections A and B in separate answer books.

All questions carry equal marks.

#### SECTION A

- What are the lakshanas of Swastha? स्वस्थस्य लक्षणानि कानि?
- What are the benefits of taking bath in the morning?
   प्रातः स्नानस्य महत्वं लिखत।
- What are the methods for removing foul smell of water? जलगन्धनाशनोपायाः के?
- Describe the conditions caused by suppressing the urge of sleep and their treatment.

निद्रावेगधारणजन्य विकारान् तेषां चिवित्सां च विवृणुत।

What are the ten sins?
 বয়বি৸বাদকর্মাणি কানি?

#### [AK 1083]

- Describe the 'Ritu charya'of 'Varsha ritu'. वर्ष ऋतुचयाँ विवृण्त।
- What are 'Ahara vidhi viseshayatanas'? आहारविधिविशेषायतनानि कानि?
- Describe various domestic water filters.
   विविधानां गार्हिक निस्पन्दनानां विवरणं कुरु।
- What are the benefits of 'Prathimarsha Nasya'? प्रतिमर्शनस्य शीलनस्य प्रयोजनानि कानि?
- Write the standards of potable water.
   पानयोग्यजलस्य लक्षणानि लिखत।

#### SECTION B

 What are the methods for artificial ventilation? Describe their merits and demerits.

कृत्रिमप्रवीजनोपायाः के? तेषां गुणाः दोषाश्च विवृणुत।

12. What are the natural sources, daily requirement and deficiency diseases of vitamin C?

'सी' जीवनतत्वस्य प्राकृतिकप्राप्तिस्थानानि, दैनिक आवश्यक मात्रा तथा तस्य अभावजन्य विकारान् लिखत।

- Describe 'Anupaanam'. अनुपानं विवृश्तत।
- Describe chemical disinfectants with their classification.
   रासायणिक विसंकामक द्रव्याणां वर्गीकरणं कुर्वन् विशययत।
- What is Janapadodhwamsa? What is its cause? जनपदीश्वंसं नाम किं? किं तस्य मूलं?

#### [AK 1083]

Write short notes on : लमु विवरणानि लिखत।

- I.U.C.D.
   गर्भाशयान्तर गर्भिनरोधनोपायाः।
- Immunity.
   व्याधिक्षगत्वं।
- Beri-beri.
   'बेरि-बेरि'।
- Avapeedakam. अवपीडकं।
- 20. Syphilis. फिरंगं।

MP 1412

AYURVEDACHARYA (B.A.H.S.) EXAMINATION Second Professional Course - Part I Paper II - SWASTHA VRITHIA I

Time: Three hours

Max -marks: 100

Answer All Questions

All questions carry equal marks

Answerin English Write slokes in same krit wherever neces
Answer Sections and B in separate answer books.

## SECTION

- .i. Define Swasthayrittam.
- 2. F lain the benefits of Abhyanga.
- 3. D wribe the varieties and benefits of sleep.
- 4. Write the loke ares of Ritumati
- 5. Describe the characters of spoiled food.
- 6. Explain the methods of storing wilk.
- What are the sources, daily requirement and deficiency diseases of Vitamin A.
- 8. Write the effects of Virya asam.
- 9. Dascribe the effects of thera Resayana.
- 10. What is the role of Gar a Karma in S astha?

# EECT ON B

- 11. Explain the causes of Janapadodhwamsa.
- 12. Describe the characters of an ideal house.
- Define hardness of water. Describe its disadvantages and methods of removal.
- 14. What is immunisation? Explain its varieties.
- 15. Describe the physical agents of disinfection.
- 16. Explain various insecticides and their benefits
- . Write short notes on:
- 17. Air conditioning
- 18. Bleaching powder
- 19. Oxidation pond
- 20. Incinerator.

# [SV 1312]

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# AYURVEDACHARYA (B.A.M.S.) EXAMINATION.

## Second Professional Course

## Part I

(Old/New Regulations)

# Paper II - SWASTHA VRITTHA - I

Time: Three hours Maximum: 100 marks

Answer ALL questions. They carry equal marks.

Answer either in English or Sanskrit.

Answer Sections A and B in separate answer books.

# SECTION A

1.	Explain about Ninditha and Aninditha Purushas.	(5)
2.	Explain the role of fasting.	(5)
3.	Explain about Rickets, Marasmus.	(5)
4.	Explain about the prevention of Anaemia in pregna	ncy. (5)
5.	Mention the role of examination of foods in diaries.	(5)
6.	Explain the importance of food according to Ayurv	eda. (5)
7.	Describe the importance of sleep.	(5)
8.	Write about the importance of Danta Dhavana.	(5)
9.	How do you control Air Pollution?	(5)
10.	Give explanation of an Ideal Hospital.	(5)

## SECTION B

11.	Mention the ill effects of bad ventilation. (5)
12.	How do you prevent water borne diseases? (5)
13.	Write about the ill effects of artificial light. (5)
14.	Explain the role of Night soil in villages. (5)
15. arou	Describe the role of keeping hygienic surroundings and your house. (5)
16.	Write short notes on : $(5 \times 5 = 25)$
	(a) Diarrhoea — control.
	(b) Typhoid — prevention.
	(c) Janapadhamsas — control.
	(d) Upadamsa.

Occupational diseases.

[SV 1312]

[SM 1313]

Sub. Code: 4632

#### AYURVEDACHARYA (B.A.M.S.) DEGREE EXAMINATION.

Second Professional Course

#### Part I

(Old/New Regulations)

Paper II - SWASTHA VRITTHA - I

Time: Three hours Maximum: 100 marks

Answer ALL questions. They carry equal marks.

Answer either in English or Sanskrit.

Answer Sections A and B in separate answer books.

## SECTION A

- How do you apply Sadvrittas in the present day setup?
   Explain its role to maintain normal Mental and Physical health.
- What are the diseases a person suffers from Santharpana and Apatharpana? How do you prevent them?
- What are the Nutritional deficiency diseases suffered by children – Explain their preventions.
- Explain the relationship between Ahara and Vyayama.
- Explain the ill-effects of smoking, intoxication and taking non-vegetarian food.

- Explain the steps taken to prevent ill effects due to consumption of unhygienic milk and meat.
- 7. Explain about suppressible urges.
- Explain the importance of Minerals in the diet.
- Explain the causes for Air pollution and mention the various diseases caused by it.
- 10. Describe the ill effects of hard and soft water.

## SECTION B

- 11. What are the methods of disposal of wastes in villages?
- 12. How do you organise the disposal of Night Soil during camps?
- 13. What are the suitable ways to construct a 100-bedded hospital?
- 14. What are the methods to control population?
- 15. How do you prevent:
  - (a) Radiation in X-Ray unit
  - (b) Brucellosis.

16. Write short notes on :

 $(5 \times 5 = 25)$ 

- (a) AIDS
- (b) Natural Immunity
- (c) Vishama Jwara
- (d) Water borne diseases
- (e) Bad effects of television.

[SG 1313]

Sub. Code: 4632

# आयुर्वेदाचार्यः

# AYURVEDACHARYA (B.A.M.S.) EXAMINATION.

## Second Professional Course

#### Part I

(Old/New Regulations)

Paper II - SWASTHA VRITTHA - I

Time: Three hours

Maximum: 100 marks

Answer ALL questions. They carry equal marks.

Answer either in English or Sanskrit.

Answer Section A and B in separate answer books.

## SECTION A

- What are the lakshanas of 'Arogya'?
   आरोप्य लक्षणानि कानि?
- Write the benefits of practicing Taila Gandhoosha dharana'.

तैल गण्ड्य घारणस्य महत्वं लिखत।

What are the contra—indications of "Abhyanga"?
 अध्यंगानका के?

 Describe the conditions caused by suppressing the urge of defaecation and their treatment.

# पुरीववेगघारणजन्य विकाराः के? तेवां विकिसां च विवृणुत।

- What is Ritu sandhi? Write its importance.
   ऋतसन्धिः नाम किं? तस्य प्राचान्यं लिखत।
- What are the causes of sleeplessness? Describe its treatment.

निद्रानाशस्य देतवः कानि? तस्य चिकित्सां विवृणुत।

- What are the conditions caused by over eating?
   अतिमात्र भोजनजन्यविकाराः के?
- Describe the methods for disinfecting milk.
   दुग्ध विसंक्रमणोपायान विवृण्त।
- Describe the natural sources, daily requirement and deficiency diseases of Vitamin C.

'सी' जीवनतत्त्वस्य प्राकृतिक प्राप्ति स्थानानि, दैनिक आवश्यक मात्रा तथा तस्य अमाव जन्य विकारान् विवृणतः।

Write the properties of wheat.
 गोधूमस्य गुणान् लिखत।

2

#### SECTION B

11. What is hardness of water? Write the methods for removal of hardness.

जलकाठिन्यं नाम किं? कठिन जलस्य शोधन प्रकाराणि सिखत।

 Describe the methods for artificial ventilation and their merits and demerits.

कृत्रिम प्रवीजनीपायानि तथा तेषां गुणदोषाः विवृगुत।

- Describe 'Epidemic triad'.
   'तंकामकत्रिक' विवृण्त।
- 14. What are the channels of disease transmission? रोगसंकमणभागाः के?
- Write the life cycle of malarial parasite.
   विषमञ्चरकारक जीवाणाः जीवितवकं लिखत।
- Describe the effects of Noise Pollution.
   शब्दातियोगस्य प्रभावानि विशदयत।
- Describe the disease cholera and methods to prevent it.

विषुचिकां तस्य निदारणोपायान् च विवृणुत।

Write short notes on : लघु विवरणानि लिखत।

- 18. Immunity. व्याधि समत्वम्।
- Syphilis.
   फिरंग रोगम्।
- Pneumoconiosis. "न्यूमोकोणयोसिस्".

[KA 1313]

Sub. Code: 4632

(आयुर्वेदाचार्यः)

# AYURVEDACHARYA (B.A.M.S.) DEGREE EXAMINATION.

Second Professional Course

Part I

(Old/New/Revised Regulations)

Paper II - SWASTHAVRITHA - I

Time: Three hours

Maximum: 100 marks

Answer ALL questions.

They carry equal marks.

Answer either in English or Sanskrit.

Answer Section A and B in separate answer books.

# SECTION A

- What are the benefits of Snana? स्नानस्य प्रयोजनानि कानि?
- What are the benefits of Udwartana? उद्वर्त्तनस्य गुणानि कानि?
- To whom Dantadavana is contraindicated?
   दन्तधावनानर्हाः के?
- Write the symptoms seen in the suppression of Pureesha Vega.

पुरीषवेगधारण लक्षणानि कानि?

- Write the properties of Curd. दिध मुणानि लिखत।
- Describe the methods of detection of food poison.
   भक्ष्यविष परीक्षोपायानि विवृण्ता।
- 7. What are the symptoms seen in touching the poisonous food?

सविषात्र स्पर्शजन्यलक्षणानि कानि?

- Describe Aama and its treatment.
   आमं तस्य चिकित्सां च विशदयत।
- Write the properties of Anupana and its contraindications.

अनुपानस्य गुणानि कानि? अनुपानानर्हाः के?

10. What are the benefits of Nidra? In whom Daysleep is indicated?

निद्रायाः प्रयोजनानि कानि? दिवास्वप्रार्दः कः?

#### SECTION B

- Describe the measures for Air purification.
   वायुशुद्धीकरणोपावानि दिवृणुत।
- Describe Heat regulation in the house?
   गृहे तापक्रमीकरणविधिं विशदयत।

 Describe the harmful effects of contaminated water on health.

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दुष्टजलोपयोगं आरोग्यस्य कयं हानिकरमिति विवृणुत।

- 14. What are the artificial methods of lighting?
  कृत्रिमप्रकाशकरणोपायानि कानि?
- Describe the methods of disposal of Refuse. अपद्रव्य निर्हरणोपाध्यक्ष विशवयत।
- Describe Greekshma Ritucharya.
   ग्रीष्म ऋतुचर्या विवृण्त।
- 17. What are the measures for protection of health in Educational Institutions?

विद्यालयेषु युक्तानि आरोग्य संरक्षणोपायानि कानि?

Write short notes on : लघु विवरणानि लिखत।

- Industrial Air Pollution व्यवसायिक वायुमलिनीकरणम्
- Disinfection विसंक्रमणम्
- Gonorrhoea.
   उष्णमेहम्।

# [KB 1314]

# (आयुर्वेदाचार्यः)

#### AYURVEDACHARYA (B.A.M.S.) DEGREE EXAMINATION.

(Revised/Old/New Regulations)

Part I

Second Professional Course

Paper II - SWASTHAVRITHA - I

Time: Three hours

Maximum: 100 marks

Answer Section A and Section B in separate answer books.

Answer in Sanskrit or English only.

While writing in Sanskrit, use Devanagari script only.

#### SECTION A

1. Answer any THREE:

 $(3 \times 10 = 30)$ 

- (a) SHER Its importance in the maintenance of health. Discuss.
- (b) Write about few minerals used in our regular Diet.
- (c) Name the अधारणीय वेगा: and write its significance on a Healthy Person.
- (d) Define "Bramhacharya" and discuss its importance in Swastha Vritham.

- Write Short Notes on any FOUR:
  - (a) प्रज्ञापराद्य
  - (b) निदान, लक्षण, चिकित्सा of अतिस्थौल्य
  - (c) उपवास
  - (d) आदर्श भोजन (Balanced Diet)
  - (e) मांस परीक्षणं.

#### SECTION B

3. Answer any THREE:

 $(3 \times 10 = 30)$ 

 $(4 \times 5 = 20)$ 

- (a) Write about the dynamics of Disease transmission.
- (b) Explain Causative Factors and Peventive Measures of অন্যথাত্ত্বল in detail.
- (c) Discuss few Occupational Diseases and their preventive measures.
- (d) Explain "Malaria" and specify its preventive and control measures.
- 4. Write short notes on any FOUR:  $(4 \times 5 = 20)$ 
  - (a) Prevention and control of S.T.Ds.
  - (b) School Building.
- (c) Differences between Chicken pox and Small pox.
  - (d) National Immunisation Schedule.
  - (e) Septic tank.

# [KC 1314]

(आयुर्वेदाचार्यः)

# AYURVEDACHARYA (B.A.M.S.) DEGREE EXAMINATION.

(Revised/Old/New Regulations)

Part I

Second Professional Course

Paper II -- SWASTHAVRITHA -- I

Time: Three hours Maximum: 100 marks

Answer Section A and Section B in separate answer books.

Answer in Sanskrit or English only.

While writing in Sanskrit, use Devanagari script only.

## SECTION A

Answer any THREE :

 $(3 \times 10 = 30)$ 

- (a) Define "Swastha" and describe "Swastha Vruthasya Prayojanam" with modern concept.
- (b) Discuss the nutritional problems in Public health.

- (c) Describe the Aahāra vidhi visesha Aayatanāni.
- (d) Describe the importance of Sadvritta in the maintenance of Health and discuss its relevance today.
- 2. Write short notes on any FOUR:  $(4 \times 5 = 20)$ 
  - (a) P.E.M.
  - (b) शरद् ऋतुचर्या
  - (c) निदान, चिकित्सा of संतर्पणजन्य व्याधयः
  - (d) Vitamin B<sub>12</sub>
  - (e) धारणीय वेगाः।

#### SECTION B

Answer any THREE :

 $(3 \times 10 = 30)$ 

- (a) Write about the sources, effects, prevention and control measures of "Air Pollution".
- (b) Explain "Polio myelitis" and specify its preventive and control measures.
  - (c) Describe Immunising Agents.
- (d) Describe the methods of disposal of solid waste in cities.

- 4. Write short notes on any FOUR:  $(4 \times 5 = 20)$ 
  - (a) Types of Disinfection.
- (b) Write indication, dose, administration, complications and contra-indications of B.C.G.
- (c) Occupational hazards among Agricultural Workers.
  - (d) Artificial Ventilation.
  - (e) Epidemiological Triad.

3