

APRIL - 2001

[KD 1314]

B.A.M.S. (Ayurvedacharya) DEGREE EXAMINATION.

(Revised/Old/New Regulations)

Part I

Second Professional Course

Paper II — SWASTA VRITTA — I

Time : Three hours

Maximum : 100 marks

Answer Section A and Section B in separate  
answer books.

Answer in Sanskrit or English only.

While writing in Sanskrit, use Devanagari  
script only.

SECTION A

1. Answer any THREE : (3 × 10 = 30)
  - (a) Write about India's achievements towards HFA by 2000 A.D.
  - (b) Describe the Āhāra Vidhi Vishesha Āyatanāni .
  - (c) Write about the micro nutrients.
  - (d) Role of Bramhacharya in the maintenance of health.

2. Write short notes on any FOUR : (4 × 5 = 20)
  - (a) Vitamin A
  - (b) Pasteurization of milk
  - (c) Adhāraniya vegas
  - (d) Nutritional anaemia
  - (e) Varsha ritu charya.

SECTION B

3. Answer any THREE : (3 × 10 = 30)
  - (a) What are the water born diseases and write about the treatment in small scale.
  - (b) Write about the prevention and control measures of pulmonary tuberculosis.
  - (c) Write about occupational hazards.
  - (d) Describe the methods of disposal of solid wastes in cities.
4. Write short notes on any FOUR : (4 × 5 = 20)
  - (a) Mechanical ventilation
  - (b) Septic tank
  - (c) Immunity
  - (d) Measles
  - (e) DPT vaccine.

NOVEMBER - 2001

[KE 1314]

B.A.M.S. (Ayurvedacharya) DEGREE EXAMINATION.

(Revised/Old/New Regulations)

Part I

Second Professional Course

Paper II — SWASTHAVRITTA — I

Time : Three hours

Maximum : 100 marks

Answer Section A and Section B in separate  
answer books.

Answer in Sanskrit or English only.

While writing in Sanskrit, Use Devanagari script only.

SECTION A

1. Answer any THREE : (3 × 10 = 30)

(a) Define Swastha and write Swastha Vritta  
prayojanam in detail.

(b) Write about Ahara Vidhi Vishesha Ayatanani.

(c) Write about some useful minerals.

(d) Write Adharaniya Vegas in detail.

2. Write short notes on any FOUR : (4 × 5 = 20)

(a) Vitamin D

(b) Composition of milk

(c) Dhuraniya Vegas

(d) Xerophthalmia

(e) Saradritucharya.

SECTION B

3. Answer any THREE : (3 × 10 = 30)

(a) Write water treatment in large scale.

(b) Write prevention and control of AIDS.

(c) Write about occupational hazards.

(d) Describe the methods of disposal of solid  
wastes in cities.

4. Write short notes on any FOUR : (4 × 5 = 20)

(a) Ventilation

(b) Oxidation pond

(c) Vaccines

(d) B.C.G. Vaccine

(e) Typhoid.

MARCH - 2002

[KG 1314]

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised/Old/New Regulations)

Part I

Paper II — SWASTHAVRITHA — I

Time : Three hours Maximum : 100 marks

Answer Sections A and B in separate Answer books.

Answer in Sanskrit or English only.

While writing in Sanskrit, use Devangari script only.

SECTION A

1. Answer any THREE : (3 × 10 = 30)
- Write Dinacharya in brief.
  - Write about 'B' group of Vitamins.
  - Write about Janapadodwamsam.
  - Role of Bramhacharya in the maintenance of health.

2. Write short notes on any FOUR : (4 × 5 = 20)
- Iron
  - Mamsa Parikshanam
  - Pasteurization of milk
  - Greeshma ritu charya
  - Iodine deficiency disorders.

SECTION B

3. Answer any THREE : (3 × 10 = 30)
- Write about health hazards due to air pollution and preventive measures.
  - Pulmonary tuberculosis.
  - Write about occupational hazards.
  - Describe the methods of disposal of wastes in cities.
4. Write short notes on any FOUR : (4 × 5 = 20)
- Septic tank
  - Immunity
  - DPT vaccine
  - Isolation and Notification
  - Chicken pox.

SEPTEMBER - 2002

[KH 1314]

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Old/New/Revised Regulations)

Part I

Paper II — SWASTHA VRITHA — I

Time : Three hours Maximum : 100 marks

Answer Section A and B in **SEPARATE** answer books.

Answer in Sanskrit or English only.

While writing in Sanskrit, use Devanagari script only.

SECTION A

1. Answer any THREE : (3 × 10 = 30)
  - (a) Define health and explain the determinants of health.
  - (b) Discuss the Malnutritional disorders.
  - (c) Write about Janapadodwamsam.
  - (d) Describe the Adharaniya vegah.

2. Write short notes on the following : (4 × 5 = 20)
  - (a) Iron
  - (b) Sadyohata mamsa parikshanam
  - (c) Sand Filtration
  - (d) Astau nindita purusha.

SECTION B

3. Answer any THREE : (3 × 10 = 30)
  - (a) Pulmonary Tuberculosis
  - (b) Discuss occupational hazards
  - (c) AIDS
  - (d) Describe the methods of disposal of solid wastes.
4. Write short notes on the following : (4 × 5 = 20)
  - (a) Oxidation pond
  - (b) Vaccines
  - (c) Differences between chicken pox and small pox
  - (d) Prevention and control of Malaria.

APRIL - 2003

[KI 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA — I

Time : Three hours

Maximum : 100 marks

Answer Section A and B in **SAME** answer book.

Answer in Sanskrit or English only.

While writing in Sanskrit, use Devanagari script only.

SECTION A

1. Answer any THREE : (3 × 10 = 30)
- (a) Discuss Sadvritta.
  - (b) Write about the essential minerals.
  - (c) Polio myelitis.
  - (d) Discuss Ritucharya.

2. Write short notes : (4 × 5 = 20)
- (a) P.E.M.
  - (b) Pasteurization of milk.
  - (c) Swastha vritta prayojanam.
  - (d) Immunity.

SECTION B

3. Answer any THREE : (3 × 10 = 30)
- (a) Discuss Air pollution.
  - (b) Malaria – Prevention and Control.
  - (c) Water treatment in large scale.
  - (d) General principles in Prevention and Control.
4. Write short notes on any FOUR : (4 × 5 = 20)
- (a) Septic tank.
  - (b) Isolation and Notification.
  - (c) Ventilation.
  - (d) B.C.G.
  - (e) Vit B<sub>12</sub>.

[KI 1314]

OCTOBER - 2003

[KJ 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA — I

Time : Three hours Maximum : 100 marks

Two hours and forty minutes

for Sec. A and Sec. B Sec. A & Sec. B : 80 marks

Twenty Minutes for Sec. C Section C : 20 marks

Answer ALL questions.

Answer Sections A and B in the **SAME** Answer Book.

Answer Section C in the Answer Sheet provided.

SECTION A — (2 × 15 = 30 marks)

1. Explain about Trayopa sthambas.
2. Describe the prevention and control of T.B.

SECTION B — (10 × 5 = 50 marks)

1. Snāna .
2. Slow Sand Filtration .

3. Saradhritu charya.
4. Milk hygiene.
5. Vit. 'B' group.
6. Active Immunity.
7. Modes of transmission.
8. Criteria for healthy housing.
9. Dhāraniya vegas.
10. Nindita purusha.

APRIL - 2004

[KK 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA – I

Time : Three hours

Maximum : 100 marks

Sec. A & B : Two hours and  
forty minutes

Sec. A & B : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions.

Answer Sections A and B in the SAME Answer books.

SECTION A — (2 × 15 = 30 marks)

1. Explain Ritu charya and its role in maintenance in health.
2. Describe occupational disorder and their preventive methods.

SECTION B — (10 × 5 = 50 marks)

3. Ritu Sandhi.
4. Polio vaccines.
5. Ventilation.
6. Atisthoalya.
7. Describe epidemiological Triad.
8. Abhyangau.
9. P.E.M. (Protein Energy Malnutrition)
10. Causes of Janapadodwamsam.
11. Sadvoittam.
12. Aharavidhivishesha Āyatanāni .

AUGUST - 2004

[KL 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course  
(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA — I

Time : Three hours                      Maximum : 100 marks

Sec. A & B : Two hours and              Sec. A & B : 80 marks  
forty minutes

M.C.Q. : Twenty minutes                  M.C.Q. : 20 marks

Answer ALL questions.

Answer Sections A and B in the **SAME** Answer books.

SECTION A — (2 × 15 = 30 marks)

Essay Type questions :                      (2 × 15 = 30)

1. Samkrāmaka roga and their preventive methods?
2. Explain Immunity.

SECTION B — (10 × 5 = 50 marks)

Short notes :

3. What are the lakshanās of Arogza?
4. What are the contraindication of Abhyanga?
5. What are the causes of sleeplessness? Describe its treatment.
6. Describe the natural sources, daily requirement and deficiency diseases of Vit. C.
7. What is hardness of water? Write the method for removal of hardness?
8. "Trazaupastambhā"?
9. Write life cycle of malarial parosite
10. Describe the disease cholera and method prevent it.
11. Symptoms seen in supression of pureesa vega.
12. Describe measures for air purification.



FEBRUARY 2005

[KM 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA — I

Time : Three hours

Maximum : 100 marks

Sec. A & B : Two hours and forty minutes  
Sec. A & B : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions.

SECTION A — (2 × 15 = 30 marks)

1. Define the term vega, its classification and importance in swastharakshyana.
2. Explain malaria?

SECTION B — (10 × 5 = 50 marks)

Short notes :

3. Write the benefits of practicing taila gandhoosa dhāraṇa .
4. What is Ritu Sandhi? Write its importance.

5. What are the conditions caused by over eating?
6. Describe the methods for disinfecting milk.
7. "DHUMAPĀNA".
8. Describe the effects of noise pollution.
9. Describe heat regulation in house.
10. Grisma ritucharyā .
11. Contraindication of bathing.
12. Contraindication of sexual intercourse.

AUGUST - 2005

[KN 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA — I

Time : Three hours Maximum : 100 marks

Theory : Two hours and Theory : 80 marks  
forty minutes

M.C.Q. : Twenty minutes M.C.Q. : 20 marks

Answer either in English or in Sanskrit.

Answer ALL questions.

I. Long Essay : (2 × 15 = 30)

1. Explain वर्ष ऋतुचया and संचयं प्रकोपं and शमनं of doshas  
in each ऋतु. (15)

2. Explain immunity and how to prevent सांक्रामिक रोग.  
(15)

II. Short notes : (10 × 5 = 50)

1. What are the gunas of vayu?
2. What is night soil? How is it removed?
3. Explain snana anarhar.
4. What are the sources and diseases caused by vit-A deficiency?
5. Explain barrier contraceptives.
6. Life cycle of malarial parasite.
7. Who is स्वस्थन् according to ayurveda?
8. What are the different methods of disposing dead bodies?
9. Short note on Janapadodwamsam.
10. What are the methods of disinfection?

FEBRUARY 2007

[KQ 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA — I

Time : Three hours Maximum : 100 marks

Theory : Two hours and Theory : 80 marks  
forty minutes

M.C.Q. : Twenty minutes M.C.Q. : 20 marks

Answer either in English or in Sanskrit.

Answer ALL questions.

I. Long Essay :

1. Explain the word vitamin and explain fat soluble and water soluble vitamins and related deficiency disorders. (20)

2. Explain acharya rasayanam and its importance in todays' life. (15)

3. Explain the word immunity and its types. (15)

II. Short notes : (6 × 5 = 30)

1. Aims and objects of swastha vrithams.

2. Astha nindita purushas.

3. Upavasam.

4. Describe patya and apatya.

5. Explain dharaneeyavegas and adharaneeya vegas.

6. Diet for the pregnant women.

AUGUST 2007

[KR 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulations)

Part I.

Paper II — SWASTHA VRITHA— I

Time : Three hours

Maximum : 100 marks

Theory : Two hours and  
forty minutes

Theory : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer either in English or in Sanskrit.

Answer ALL questions.

I. Long Essay :

1. Explain वर्ष ऋतुचर्या and संवय, प्रकोप शमनं of dosas in each ऋतु। (15)

2. Describe occupational disorder and their preventive methods. (15)

II. Short notes :

(10 × 5 = 50)

1. What do you mean by जनपदोष्णं?
2. Explain विषुचिका।
3. Explain importance of Ayurveda in preventive medicine.
4. What are the methods of disinfection?
5. Explain method of transmission of AIDS virus.
6. What are the immunization program?
7. What are the methods to remove hardness of water?
8. "Trayopastamba"?
9. Describe measures for air purification.
10. What are the contra indication of Abhyanga?

FEBRUARY 2008

[KS 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course  
(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA — I

Q.P. Code : 641314

Time : Three hours

Maximum : 100 marks

Theory : Two hours and  
forty minutes

Theory : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer either in English or in Sanskrit.

Answer ALL questions.

I. Long Essay : (2 × 15 = 30)

1. Explain Trayo Upastambha (त्रयो उपस्तम्भ) in detail.

2. Write different methods of disease transmission in detail.

II. Short Notes :

(10 × 5 = 50)

1. Hardness of water

2. Air pollution

3. Vyayama (व्यायाम)

4. Samkramika Rogah (सम्क्रामिक रोगः)

5. Rabies

6. Zooglear layer

7. Pasteurization

8. Diphtheria

9. Adulteration

10. Different methods of "Disinfection".

August 2008

[KT 1314]

Sub. Code : 1314

(आयुर्वेदाचार्य :)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA — I

Q.P. Code : 641314

Time : Three hours

Maximum : 100 marks

Answer either in English or in Sanskrit.

Answer ALL questions.

- I. Essay : (2 × 15 = 30)
1. What is sadvritta? Explain how it is helpful for mental and physical health.
  2. Write 'national immunization schedule'. Explain various immunizing agents and hazards of immunization.

## August 2008

II. Short notes : (10 × 5 = 50)

1. Explain swastha lakshanam.
2. Write vasantha ritu charya.
3. Write the complications and management of 'Athikarsya'.
4. Explain different concept of health in ayurveda.
5. Explain 'ten rules of food intake'.
6. Write mamsa pareeksha and various diseases generated due to dooshitha mamsa sevana.
7. Explain biologic effect of radiation and preventive measures.
8. Explain slow sand filtration of water.
9. Write about 'Dengue fever'.
10. Explain preventive measures and management of lead poisoning.

III. Short answers : (10 × 2 = 20)

1. What is 'positive health'?
2. Write the contraindicated activities during sandhyakala and why.
3. Write vasthra dharana gunas.
4. Write the complications of moothravega dharanam and treatment.
5. What are anthareeksha jala gunas?
6. What is 'Zooglear layer'.
7. Define 'Host'.
8. What is 'Anthracosis'?
9. What is 'Fortification of food'?
10. What is 'Pellagra'?

FEBRUARY - 2009

[KU 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA — I

Q.P. Code : 641314

Time : Three hours

Maximum : 100 marks

Answer either in English or in Sanskrit.

Answer ALL questions.

I. Long Essay : (2 × 15 = 30)

1. Write Arogya lakshanam and explain how  
'Thrayopasthamba' is helpful for maintaining health.

2. Explain various preventive measures for  
'Samkramika Rogas'.



II. Short notes : (10 × 5 = 50)

1. Write the aims and contents of Swasthavritta.
2. What is Anupana and write the importance in aharavidhi.
3. Write about 'Samajika Sadvritta'.
4. Write 'Dwadasa Asana Pravichara'.
5. Write the types and various agents of disinfection.
6. Explain 'DPT Vaccine'.
7. Write the principles and method of chlorination.
8. Explain 'Sars' (Severe Acute Respiratory syndrome).
9. Write various 'Vayu Suddhi Prakaras'.
10. Explain health problem generated due to industrialisation.

III. Short Answers : (10 × 2 = 20)

1. What is 'Oupasargika Rogas'?
2. What are the contra indications of Anjanam?
3. What is 'Yamadamshttra'?

4. What are Vasantha ritu sevaneeya aharas?
5. What is 'Bitot's Spot'?
6. Write Jalaprakaras according to susruta.
7. What is the causative organism and mode of transmission of 'Typhoid Fever'?
8. What are 'Ashtadosha of Sthoulya'.
9. Differentiate 'Reservoir' and 'Source'.
10. Write the functions of Vitamin C.

August - 2009

[KV 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA – I

Q.P. Code : 641314

Time : Three hours

Maximum : 100 marks

Answer either in English or in Sanskrit.

Answer ALL questions.

- I. Long Essay : (2 × 15 = 30)
  1. Explain about "Adulteration" in detail.
  2. Explain about "TUBERCULOSIS".
- II. Short notes : (10 × 5 = 50)
  1. Ice-berg of Diseases.
  2. Kwashiorkar.

3. Vyayama.
4. Hansen's Disease.
5. Immunisation Schedule.
6. Non-Communicable diseases.
7. Botulism.
8. Alarka visam.
9. Grismartu.
10. Achara Rasayanam.

III. Short answers :

(10 × 2 = 20)

1. False Membrane.
2. Double-Edged Sword.
3. Terminal Disinfection.
4. What is hardness of Water?
5. Definition of 'Epidemic'.
6. Reservoir.

7. Types of Anjanam.
  8. Planum Ventilation.
  9. 'Asbestosis'.
  10. 'Hamsodakam'.
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February 2010

[KW 1314]

Sub. Code : 1314

(आयुर्वेदाचार्यः)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulations)

Part I

Paper II — SWASTHA VRITHA – I

Q.P. Code : 641314

Time : Three hours

Maximum : 100 marks

Answer either in English or in Sanskrit.

Answer ALL questions.

- I. Essay : (2 × 15 = 30)
1. Explain Malaria in detail. Write about life-cycle of Malarian Parasite.
  2. Write about different types of 'Disease Transmission'.

February 2010

II. Short notes :

(10 × 5 = 50)

1. Marasmus.
2. Tamboola Sevanam.
3. Influenza.
4. Mantoux test.
5. Cholera.
6. Danta Dhavanam.
7. Rapid Sand filtration.
8. H.T.S.T. Method.
9. Air Pollution.
10. Vasantha Rtu.

6. Define incubation period.

7. Drop let infection.

8. Water-soluable vitamins.

9. Silicosis.

10. Vyadhi ksamatvam.

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III. Short Answers :

(10 × 2 = 20)

1. Definition of Healty.
2. Koplik's spots.
3. Define-Host.
4. Bitot's spots.
5. What is safe period?

August 2010

[KX 1314]

Sub. Code : 1314

(आयुर्वेदाचार्य :)

B.A.M.S. (AYURVEDACHARYA) DEGREE  
EXAMINATION.

Second Professional Course

(Revised Regulation Pattern 3,5 and Re-Revised  
Regulations)

Part I

Paper II — SWASTHA VRITHA — I

Q.P. Code : 641314

Time : Three hours

Maximum : 100 marks

Answer either in English or in Sanskrit.

Answer ALL questions.

- I. Long Essay : (2 × 15 = 30)
1. Explain the importance of vegas and the effects of vega nigraha in detail.
  2. Write in detail about the impurities of water and purification of water on a large scale.

August 2010

II. Short notes : (10 × 5 = 50)

1. Rātricharya
2. Sadvrutta and sadāchāra.
3. Santarpana Janya Vikaras.
4. Methods of removal of night soil.
5. Methods of disposal of dead body.
6. Vyādhi Kshamatwa.
7. Pragnāparādha.
8. Important constituents of ahāra.
9. Virudda ahāra.
10. Causes and prevention of upadamsa roga.

III. Short Answers : (10 × 2 = 20)

1. Define "Swasthavritta".
2. Write "Prayogika Dhooma Pana Kalas".
3. Write "complications of Nidra Vega Dharanam and treatment".

4. What are the "contraindicated activities during Sandhyakala"? Why?
  5. Differentiate "Kabalam" and "Gandoosham".
  6. What is "Surveillance"?
  7. Define "Epidemiology".
  8. Write "deficiency diseases of Vitamin-D".
  9. Define "Vector" with examples.
  10. What is "Antisera"?
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February 2011

[KY 1314]

Sub. Code : 1314

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B.A.M.S. (AYURVEDACHARYA) DEGREE EXAMINATION.

Second Professional Course

(Revised and Re-Revised Regulations)

Part I

SWASTHA VRITHA – I

Q.P. Code : 641314

Time : Three hours

Maximum : 100 marks

- I. Essay : (2 × 15 = 30)
1. Write the production of sleep, types of sleep. Write about sleeplessness and its effects.
  2. Write about the diagnosis and treatment of Dengue syndrome.
- II. Short notes : (10 × 5 = 50)
1. Explain disinfection.
  2. Write the ahara vidhi visesha ayatana.
  3. Explain immunizing agents.
  4. Explain the methods of contraception.
  5. Write about Ushna meha.
  6. Discuss the removal of hardness of water.
  7. Explain the methods of purification of air.
  8. Write about disposal of waste.
  9. Write the iron deficiency disorders.
  10. What is acara rasayana?
- III. Short Answers : (10 × 2 = 20)
1. What is rtu haritaki?
  2. Define incubation period.



## February 2011

3. What is safe period?
  4. What is Koplik's spot?
  5. What is schmutzdecke layer?
  6. Define pasteurisation of milk.
  7. Define subclinical infection.
  8. What is mantoux test?
  9. Define health.
  10. Define samkramaka roga.
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August 2011

[KZ 1314]

Sub. Code : 1314

B.A.M.S. DEGREE EXAMINATION.

Second Professional Course

Paper II — SWASTHA VRITTA - I

*Q.P. Code : 641314*

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

**I. Long Essay :**

(2 x 15 = 30)

1. Explain 'Sadvritha' quoting all the relevant shlokas.
2. 'Nutritional Problem in Public Health' Write in detail.

**II. Short notes :**

(10 x 5 = 50)

1. 'Spectrum of Health'. Explain.
2. What are the 'modes of interventions'?
3. Write about 'Prevention of Poliomyelitis'.
4. Write about 'Prevention of Hypertension'.
5. Write about 'Occupational Hazards of Agricultural Workers'.
6. Who is 'Hiteshi', How to attain it?
7. Explain Nidra, its classification in detail.
8. 'Purification' of water on small scale, explain.
9. Explain 'pasteurization of milk and its tests'.
10. 'Gajam Simham Evakarsham Bhajanati Vinashayati'. Explain.

**III. Short Answers :**

(10 x 2 = 20)

1. Mention the components which bring about 'Hardness to water'.
2. Criteria for 'Safe and wholesome water'.
3. Normal composition of 'External Air Volume'.
4. Define 'Epidemiology'.
5. Define 'Disinfectant'.
6. Complication of 'Chronic Hyperglycemia'.
7. Sources of 'Proteins'.
8. Yoga 'Nidra Sevanavidhi'.
9. Define 'Prjnaparadha'.
10. 'Divya Jala'.

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February 2012

[LA 1314]

Sub. Code: 1314

**B.A.M.S. (AYURVEDACHARYA) DEGREE EXAMINATION.**

**Second Professional Course**

**Paper II — SWASTHA VRITTHA — I**

**Q.P. Code: 641314**

**Time: Three Hours**

**Maximum: 100 marks**

**Answer ALL questions**

**I. Elaborate on:**

**(2X15=30)**

1. Define Nidra. Describe types of Nidra in detail and its effects.
2. Write methods of Excreta Disposal. Describe modern sewage treatment.

**II. Write notes on:**

**(10x5=50)**

1. Prathimarsha Nasya.
2. Water borne diseases.
3. Greeshma ritucharya.
4. Vyavaya Varjitha stree and harmful effects.
5. Artificial lighting.
6. Vyayama.
7. Incineration.
8. Sadvritta.
9. Furniture's in class room.
10. Ojas.

**III. Short Answers**

**(10x2=20)**

1. Brahme Muhurtha.
2. Infection.
3. Define Health.
4. Vayu Shodhana.
5. Nidra Vegadharana Chikitsa.
6. Dumping.
7. Out patient department.
8. Upadamsha.
9. Pravrut Ritu.
10. Incubation period.

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[LB 1314]

Sub. Code: 1314

SECOND PROFESSIONAL B.A.M.S. DEGREE EXAM - AUGUST 2012

Paper – II SWASTHA VRITTHA - I

Q.P. Code: 641314

Time: 180 Minutes

Maximum: 100 marks

Answer ALL questions

I. Elaborate on:

	Pages (Max.)	Time (Max.)	Marks (Max.)
1. Define Swastha. Write in detail about Dinacharya.	16	25	15
2. Describe types of soil. Write in detail about Housing.	16	25	15

II. Write notes on:

1. Properties of Yuktha Nidra.	3	8	5
2. Sources of water	3	8	5
3. Achara Rasayana.	3	8	5
4. Natural Ventilation.	3	8	5
5. Hemantha Ritucharya.	3	8	5
6. Controlled tipping.	3	8	5
7. Brahmacharya.	3	8	5
8. Septic Tank.	3	8	5
9. Nindita Purusha.	3	8	5
10. Panchakarmagara.	3	8	5

III. Short Answers on:

1. Ritusandhi.	1	5	2
2. Vital Layer.	1	5	2
3. Mutra Vegadharana Chikitsa.	1	5	2
4. Composition of Air.	1	5	2
5. Yama Danstrakala.	1	5	2
6. Define Immunity.	1	5	2
7. Pragnaparadha.	1	5	2
8. Diseases in School Children.	1	5	2
9. Ativyavaya.	1	5	2
10. Mention Occupational Diseases.	1	5	2

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[LC 1314]

Sub. Code: 1314

SECOND PROFESSIONAL B.A.M.S. DEGREE EXAM - FEBRUARY 2013

Paper – II SWASTHA VRITTHA PAPER-I

*Q.P. Code: 641314*

**Time: Three hours**

**Maximum: 100 marks**

**Answer ALL questions**

**I. Elaborate on:**

**2 X 15 = 30**

1. Explain salient features of roganutpadaneeya adhyaya and describe Adharaneeya vega.
2. Write about small scale purification of water and describe in detail about Rapid Sand Filtration.

**II. Write Notes on:**

**10 X 5 = 50**

1. Types of Nidra.
2. Hardness of water.
3. Udvartana.
4. The Double pot method.
5. Varsha Ritucharya.
6. Artificial Ventilation.
7. Vitamin-A.
8. Rural Housing.
9. Sthoulya.
10. Composting.

**III. Short Answers on:**

**10 X 2 = 20**

1. Aninditha Purusha.
2. PEM.
3. Anidra.
4. Sources of Air Pollution.
5. Eradication.
6. Advantages of Vegetarian Food.
7. Isolation.
8. Prevention & Control of Air pollution.
9. Objectives of School Health.
10. Sources of Refuse.

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[LD 1314]

AUGUST 2013  
SECOND PROFESSIONAL B.A.M.S DEGREE EXAM  
PAPER II - SWASTHA VRITTHA - I

SUB CODE: 1314

Q.P. Code : 641314

Time : Three Hours

Maximum : 100 Marks

ANSWER ALL QUESTIONS

**I. Essay Questions**

**(2X15 = 30)**

1. Explain Ahara Vidhi Vishesha Ayatanam in detail.
2. Write about Water purification methods.

**II. Short Notes**

**(10X5 = 50)**

1. Gandusham.
2. Varsha rituchaya.
3. Achara Rasayanam.
4. Bramacharyam
5. Mala Vegavarodham.
6. Chicken pox.
7. Modes of Transmission of Diseases.
8. Tuberculosis.
9. Vitamin A deficiency.
10. Milk Hygiene.

**III. Short Answers**

**(10X2 = 20)**

1. Samaagni.
2. Dhantadhaavanam.
3. Uttaraayana.
4. Grishma Ritu effects on body.
5. Upavaasa (Fasting).
6. Hepatitis B
7. Cholera
8. Animal reservoir.
9. Vitamin E
10. Dietary fibre.

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[LE 1314]

FEBRUARY 2014

SUB CODE: 1314

**SECOND PROFESSIONAL B.A.M.S DEGREE EXAM  
PAPER II - SWASTHA VRITTHA - I**

**Q.P. Code : 641314**

**Time : Three Hours**

**Maximum : 100 Marks**

**ANSWER ALL QUESTIONS**

**I. Essay Questions**

**(2X15 = 30)**

1. Explain Ritucharya
2. Write about Protein Energy Malnutrition

**II. Short Notes**

**(10X5 = 50)**

1. Dhumapaanam
2. Importance of swasthavrittam
3. Saatmyam(Conduciveness)
4. Nidra
5. Dushita Vaayu (Vitiated Air)
6. Calcium
7. Whooping Cough
8. Typhoid Fever
9. Pasteurization of milk
10. Egg

**III. Short Answers**

**(10X2 = 20)**

1. Udvartanam
2. Virya Viruddha
3. Benefits of Food
4. Mootra vegavarodam
5. Kavalam
6. Hardness of Water
7. Plague
8. Active Immunity
9. Measles
10. Vitamin B12

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[LF 1314]

AUGUST 2014

Sub Code: 1314

**SECOND PROFESSIONAL B.A.M.S DEGREE EXAMINATION  
PAPER II - SWASTHA VRITTHA - I**

*Q.P. Code : 641314*

**Time : Three Hours**

**Maximum : 100 Marks**

**Answer all Questions**

**I. Essay Questions:**

**(2 x 15 = 30)**

1. Explain Dinacharya in detail.
2. Write about Vitamin deficiency disorders.

**II. Short Notes:**

**(10 x 5 = 50)**

1. Swastha
2. Grishma rituchaya
3. Prjnaaparaadam
4. Mala vegavarodam
5. Virudda Aharam
6. Marasmus
7. Excreta disposal
8. Water pollution
9. Balanced diet
10. Rabies

**III. Short Answers:**

**(10 x 2 = 20)**

1. Daksinaayana
2. Ritu sandhi
3. Oka Satmyam
4. Sadvrittam
5. Maithunam (Sexual Intercourse)
6. Sewage.
7. Occupational cancer.
8. Maternal Mortality Rate.
9. Iodine.
10. Diabetes.

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**SECOND PROFESSIONAL B.A.M.S. DEGREE EXAMINATION****PAPER II – SWASTHA VRITTHA - I***Q.P. Code : 641314***Time: Three Hours****Maximum : 100 Marks****Answer All questions****I. Essay Questions:****(2 x 15 = 30)**

1. Explain modes of transmission of communicable diseases. Write about Cholera, Measles and Malaria – their prevention and control.
2. Explain the importance of Dinacharya and Ritucharya – their role in maintenance of health.

**II. Write Notes on:****(10 x 5 = 50)**

1. Write about role of Vyayama in health.
2. What are Ashta Ahara Vidhivisheshayatanas?
3. What are water soluble vitamins? Explain.
4. What are the effects of Diwaswapna and Anidra?
5. Write about Phalavarga and Ksheera Varga.
6. Write about control and prevention of T.B.
7. What is Hardness of water? Explain how to remove hardness.
8. How you prevent and control Air pollution?
9. Explain disposal of Night soil.
10. Write about Kuprasangaja Vyadhis.

**III. Short Answers on:****(10 x 2 = 20)**

1. What is Gandusha?
2. What is Ritu Sandhi?
3. What is Satmya ahara?
4. Definition of Health according to W.H.O.
5. What is Pragnaparadha?
6. How many types of soil are there?
7. What is anjanam?
8. What is disinfection?
9. What is Immunity?
10. What is Ventilation?

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**SECOND PROFESSIONAL B.A.M.S. DEGREE EXAMINATION**

**PAPER II – SWASTHA VRITTHA - I**

*Q.P. Code: 641314*

**Time : Three Hours**

**Maximum : 100 marks**

**Answer ALL questions**

**I. Essay Questions:**

**(2 x 15 = 30)**

1. Give a detailed account on Sadvritta and Achara rasayana – their role in prevention of psycho-somatic disorders.
2. Write about occupational hazards, their prevention and control.

**II. Write notes on:**

**(10 x 5 = 50)**

1. Write about purification of water.
2. What is Vyadhikshamatwa?
3. Write about consumption of Alcohol and its effect.
4. Diet to be followed in Diabetes and obesity.
5. What do you know about milk? Explain pasteurization.
6. What is Adanakala and Visargakala?
7. What are Aaharaparinamakara bhavas?
8. Explain fat soluble vitamins.
9. Explain physiology of Nidra, its role in health.
10. Write about Disposal of dead body.

**III. Short answers on:**

**(10 x 2 = 20)**

1. What are effects of Radiation?
2. What are bio-medical waste?
3. What is composition of Air?
4. What are Oro-faecal borne diseases?
5. What is incubation?
6. What is Upavasa?
7. What is Udvaartana?
8. What is sound pollution?
9. Write about Kritanna Varga.
10. Diet in Pregnant women.

[LI 1314]

FEBRUARY 2016

Sub. Code: 1314

**SECOND PROFESSIONAL B.A.M.S. DEGREE EXAMINATION**

**PAPER II – SWASTHA VRITTHA - I**

*Q.P. Code : 641314*

**Time : Three Hours**

**Maximum : 100 marks**

**Answer ALL questions**

**I. Essay Questions:**

**(2 x 15 = 30)**

1. Define “Aahara” and explain “Aahara vidhi vishesha ayatanam” in detail?
2. Write in detail about the impurities of water and purification of water on a large scale.

**II. Write Notes on:**

**(10 x 5 = 50)**

1. Vyadhi kashamatwa.
2. H.T.S.T method.
3. Vyayama.
4. Explain “DPT” vaccine.
5. Write various “Vayu suddhi prakara”.
6. Write Hemanta Rtucharya.
7. Write about AIDS.
8. Pasteurization.
9. Immunization schedule.
10. Danta dhavanam.

**III. Short Answers on:**

**(10 x 2 = 20)**

1. Define Epidemic.
2. Differentiate Kavalam and Gandoosham.
3. Define Arogya lakshana.
4. What is Ritu Haritaki?
5. What is “Schmutzdecke” layer?
6. Define Pandemic with example.
7. Composition of Air.
8. Define Isolation.
9. Aninditha purusha.
10. Define: a) Silicosis.  
b) Bagassosis.

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