

THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER IV – SWASTHAVRITTA AND YOGA - II

Q.P. Code : 641374

Time: Three Hours

Maximum: 100 marks

Answer ALL Questions

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail about Natural History of Disease, Levels of Prevention and Modes of Interventions.
2. Write in detail about Reproductive and Child Health Program.

II. Write notes on:

(10 x 5 = 50)

1. Write a short note on Vyadhikshmatva and Sankramaka Roga.
2. Write about the components of Disaster Management.
3. Write about different methods of Disposal of Dead Body and its Advantages and Disadvantages.
4. Write about Physical Hazards of Occupational Health and its Management.
5. Write about Importance of Jala, Properties of Ushnodaka and Jala Sheethikarana.
6. Write about Universal Immunization Program.
7. Write a short note on Health Care Systems in India.
8. Write about Terminal Methods of Family Planning.
9. Write a short note on Post Natal Care.
10. Write the Strategies of National Malaria Control Program.

III. Short Answers on:

(10 x 2 = 20)

1. Write about Sources of Air Pollution.
2. Write about Causes of Janapadodhwamsa.
3. Write about Nivasa Yogya Bhumi.
4. Write about Different Types of Solid Waste.
5. Enumerate the health problems of School Children.
6. Write the Definition of Health Statistics.
7. Name the Voluntary Health Agencies in India.
8. Write about Traditional Birth Attendants.
9. Write the definition of Demography.
10. Write about Role of Ayurveda in Primary Health Care.

THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION**PAPER IV – SWASTHAVRITTA AND YOGA -- II***Q.P. Code : 641374***Time: Three Hours****Maximum : 100 Marks****I. Essay Questions****(2 x 15 = 30)**

1. Write in detail about Large Scale Water Purification Methods.
2. Write in detail about Family Planning Methods.

II. Write Notes on:**(10 x 5 = 50)**

1. Write a short notes on Ventilation and its types.
2. Write a short on Housing Standards.
3. Write about Bio-Medical Waste Management.
4. Write about Definition of Disinfection and its types.
5. Write a short note on Chikitsalaya Bhavana (Hospital Building).
6. Write about Structure and Functions of Primary Health Centre.
7. Write about Antenatal Care.
8. Write about Functions of WHO?
9. Write about Mid-Day Meal Program
10. Write a short note on Alma Ata Declaration.

III. Short Answers on:**(10 x 2 = 20)**

1. Name the Janapadhodhwamsa Kara Bhavas and its importance.
2. Write about Artificial Lighting.
3. Define Dhvani Pradhooshana (Noise Pollution).
4. Write about advantages and disadvantages of Burial Method of Dead Body Disposal.
5. Define Pneumoconiosis.
6. Define Family Planning.
7. Write about Five Cleans in the context of Reproductive and Child Health Program.
8. Enumerate the problems of Elderly Peoples.
9. Write about Morbidity and Mortality Rates.
10. Write the Dosage Pattern of Vitamin A Prophylaxis Program.

THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION**PAPER IV – SWASTHAVRITTA AND YOGA – II***Q.P. Code : 641374***Time: Three Hours****Maximum : 100 Marks****Answer all Questions****I. Essay Questions****(2 x 15 = 30)**

1. Write in detail about Dynamics of Disease Transmission with suitable Examples.
2. Write in detail about National Tuberculosis Control Program.

II. Write Notes on:**(10 x 5 = 50)**

1. Write about causative agent, incubation period, clinical features, and preventive methods of Poliomyelitis.
2. Write a short note on Solid waste disposal and its types.
3. Write about Composition Air, Comfort Zone, Prevention and control of Air Pollution.
4. Write about Sources, Effects on Health and Control of Radiation.
5. Write a short note of Different types of Latrines.
6. Write about Intra Uterine Contraceptive Devices.
7. Write the Definition, Elements and Principles of Primary Health Care.
8. Write about the Objective and Structure of World Health Organization.
9. Write a short note on Village Level Health Care.
10. Write a short note on Iodine Deficiency Disorders Program.

III. Short Answers on:**(10 x 2 = 20)**

1. Write about Prevalence Rate and its Types.
2. Define Meteorology.
3. Write about Biological Effects of Lighting.
4. Write about Duties of School Medical Officer.
5. Write about Marginal and Super Chlorination of Water.
6. Write about composition of Oral Rehydration Solution.
7. Define Primary Health Care.
8. Write about Goals of NRHM.
9. Name the vaccines used under the Universal Immunization Program.
10. Write about the functions of UNICEF.

THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER IV – SWASTHAVRITTA AND YOGA – II

Q.P. Code : 641374

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions

(2 x 15 = 30)

1. Explain Janapadodhwamsa in detail.
2. Write in detail about Matru Sishu Kalyana Yojana – MCH Programme.

II. Write Notes on:

(10 x 5 = 50)

1. Write about Air pollution.
2. Explain about Radiation.
3. Disease mode of transmission.
4. Occupational health disorders.
5. Disaster management.
6. Write about Epidemiology.
7. Write about Health Administration.
8. Family welfare programs.
9. Primary health care.
10. Concept of Prevention.

III. Short Answers on:

(10 x 2 = 20)

1. Vector borne diseases.
2. Human reservoir of infection.
3. Ojas vyapad.
4. Diphtheria.
5. Polio.
6. World bank.
7. Secondary data collection.
8. Fetal death.
9. Gram panchayat.
10. Multi drug resistant TB.

THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER IV – SWASTHAVRITTA AND YOGA – II

Q.P. Code : 641374

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions

(2 x 15 = 30)

1. Explain Disposal of Solid waste in detail.
2. Write in detail about Primary Health care.

II. Write Notes on:

(10 x 5 = 50)

1. Write about Land Pollution.
2. Excreta disposal.
3. Kuprasangaja Vyadhi (STD).
4. Source and Reservoir of infection.
5. School Health services.
6. Write about Matrusishu kalyana yojana.
7. Write about Health statistics.
8. Write about preventive geriatrics.
9. National health policy.
10. Methods of Disinfection.

III. Short Answers on:

(10 x 2 = 20)

1. Indian Factories Act.
2. Animal reservoir of infection.
3. Ojas Visransa.
4. Whooping Cough (Pertussis).
5. Dengue Fever.
6. UNICEF.
7. Yoga Prayojana.
8. Live Birth.
9. Panchayati Raj.
10. Pulse Polio programme.

THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER IV – SWASTHAVRITTA AND YOGA – II

Q.P. Code : 641374

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions

(2 x 15 = 30)

1. Explain Occupational Health Disorders in detail.
2. Write in detail about Family welfare programme.

II. Write Notes on:

(10 x 5 = 50)

1. Write about Water Pollution.
2. Disposal of Dead body.
3. Non Communicable disease epidemiology.
4. Vyadhikshamatvam.
5. Hospital building.
6. Write about Primary health care.
7. Write about National health policy.
8. International health agencies.
9. Mother child health programme.
10. Disaster Management.

III. Short Answers on:

(10 x 2 = 20)

1. Droplet infection.
2. Incubation period.
3. ESI Act.
4. Measles.
5. Malaria.
6. APGAR Score.
7. International Non government Organisations (NGOs).
8. Stillbirth.
9. Community health Centre.
10. AYUSH.

[LN 1374]

OCTOBER 2018

Sub. Code: 1374

THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER IV – SWASTHAVRITTA AND YOGA -- II

Q.P. Code : 641374

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions

(2 x 15 = 30)

1. Explain Air Pollution.
2. Write about Mata Sishu Kalyana Yojana in detail (MCH).

II. Write Notes on:

(10 x 5 = 50)

1. Write about Poliomyelitis.
2. What is Hardness of water? Explain how to remove hardness?
3. Explain disposal of Night soil.
4. Write about Occupational Health Hazards.
5. Write about Bio- Medical Waste management.
6. Write about primary Health Center.
7. Explain terminal methods of Family planning.
8. Write about Data Presentation.
9. Write about National AIDS Control Program.
10. Write about Oral Polio Vaccine.

III. Short Answers on:

(10 x 2 = 20)

1. What is Immunity?
2. What is Chlorination of Water?
3. Write about Deforestation.
4. Methods of Artificial Illumination.
5. Write about Biological effects of Radiation.
6. What are Principles of Primary Health care?
7. What are Hormonal Contraceptive Methods?
8. Write about Aims of WHO.
9. Write about Copper T.
10. Write about UNICEF.

[LO 1374]

MAY 2019

Sub. Code: 1374

THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER IV – SWASTHAVRITTA AND YOGA -- II

Q.P. Code : 641374

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions

(2 x 15 = 30)

1. Explain Water pollution in detail.
2. Write about Primary Health care in detail.

II. Write Notes on:

(10 x 5 = 50)

1. Write Effects of Land Pollution.
2. Write about Radiation (Vikirana).
3. Write about Excreta Disposal.
4. Write about Kuprasangaja Vyadhis.
5. Write about control and prevention of Cholera.
6. Write about Intra- Uterine Devices.
7. Write about Vital statistics.
8. Write about revised National Tuberculosis Control program.
9. Write about DPT Vaccine.
10. Write about National Health Policy.

III. Short Answers on:

(10 x 2 = 20)

1. What is Disinfection?
2. Write about Definition of Epidemiology.
3. What are primary air pollutants?
4. Write causes of Land pollution.
5. Write about Indirect Transmission of Disease.
6. Write Functions of WHO.
7. What is Still Birth?
8. Write about Dengue Fever.
9. Write about Alma Atta Declaration.
10. Write about the health problems of Aged.

[LP 1374]

OCTOBER 2019

Sub. Code: 1374

THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER II – SWASTHAVRITTA AND YOGA – II

Q.P. Code : 641374

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions

(2 x 15 = 30)

1. Explain Epidemiology.
2. Explain the methods of Family Planning.

II. Write Notes on:

(10 x 5 = 50)

1. Prevention and control of Air pollution.
2. Radiation.
3. Occupational hazards.
4. School health services.
5. Dynamics of disease transmission.
6. P.P.I. programme.
7. United Nations Agencies.
8. Role of Ayurveda in Primary Health Care.
9. Health Administration.
10. N.R.H.M. Programme.

III. Short Answers on:

(10 x 2 = 20)

1. Composition of Air.
2. Safe and Wholesome water.
3. Housing standards.
4. Noise pollution effects and control.
5. Offensive trades.
6. Family planning.
7. Alma Ata declaration.
8. Mid day meal programme.
9. Disinfection.
10. DOTS.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0321]

**MARCH 2021
(MAY 2020 SESSION)**

Sub. Code: 1374

**THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
PAPER II – SWASTHAVRITTA AND YOGA – PAPER II
Q.P. Code : 641374**

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions

(2 x 15 = 30)

1. Explain the methods of Water Purification.
2. Write about National Health Programmes. Explain about Tuberculosis (RNTCP).

II. Write Notes on:

(10 x 5 = 50)

1. Janapadodhwamsa.
2. Ventilation & its types.
3. Solid waste disposal methods.
4. Obesity.
5. Chicken pox.
6. Demography.
7. Preventive Geriatrics.
8. Universal immunisation programme.
9. World health organization.
10. I.C.D.S Programme.

III. Short Answers on:

(10 x 2 = 20)

1. Methods of excreta disposal.
2. Global warming.
3. E.S.I. Act.
4. Aaupasargigarogas.
5. Vyadhikshamatvam.
6. Demography.
7. Health statistics.
8. Antenatal care.
9. N A C P Programme.
10. Immunisation schedule.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0322]

**MARCH 2022
(MAY 2021 EXAM SESSION)**

Sub. Code: 1374

**THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 and 2016-2017 onwards)
PAPER II – SWASTHAVRITTA AND YOGA – PAPER II
Q.P. Code : 641374**

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions

(2 x 15 = 30)

1. Explain Immunisation in detail.
2. Explain about Geriatric diseases, its prevention and control measures.

II. Write Notes on:

(10 x 5 = 50)

1. Write about Global Warming.
2. Write about Rain Water Harvesting.
3. Write about Disposal of Dead Body.
4. Write about Disease mode of Transmission.
5. Write about Kuprasangaja Vyadhis.
6. Write about ASHA.
7. Write about Maternal Health.
8. Write Aims and Objectives of WHO.
9. Write about Data Collection.
10. Write about Leprosy Eradication Program.

III. Short Answers on:

(10 x 2 = 20)

1. What is disinfection?
2. Write about Ground water advantages.
3. Isolation.
4. Write about Chicken pox.
5. Write about Hypertension.
6. Write about Anganwadi Worker.
7. Write about Antenatal care.
8. Write about Low Birth weight.
9. Write about Premature ageing.
10. What is Live birth?

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 1022]

**OCTOBER 2022
(MAY 2022 EXAM SESSION)**

Sub. Code: 1374

**THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 and 2016-2017 onwards)
PAPER II – SWASTHAVRITTA & YOGA – PAPER II
Q.P. Code : 641374**

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions

(2 x 15 = 30)

1. Explain Janapadodhwamsa in detail.
2. Write in detail about Family welfare programme.

II. Write Notes on:

(10 x 5 = 50)

1. Write about definition of Disinfection and its types.
2. Write about Poliomyelitis.
3. Source and Reservoir of infection.
4. Write about Bio-Medical Waste management.
5. Write causes of Land pollution.
6. Short notes on Primary Health Care.
7. Write about National Tuberculosis Control Programme.
8. Write about Oral Polio Vaccine.
9. Mother child health programme.
10. World Health Organization.

III. Short Answers on:

(10 x 2 = 20)

1. Chicken pox.
2. Methods of excreta disposal.
3. Occupational hazards.
4. Prevention and control of Air pollution.
5. Vyadhikshamatvam.
6. Immunisation schedule.
7. Write the Dosage pattern of Vitamin A Prophylaxis Programme.
8. Write about the functions of UNICEF.
9. Write about Copper-T.
10. Mid day meal programme.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0323]

**MARCH 2023
(OCTOBER 2022 EXAM SESSION)**

Sub. Code: 1374

**THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 and 2016-2017 onwards)
PAPER II – SWASTHAVRITTA & YOGA – PAPER II**

Q.P. Code: 641374

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions

(2 x 15 = 30)

1. Explain Occupational Health Disorders in detail.
2. Write in detail about Reproductive and Child Health Program.

II. Write Notes on:

(10 x 5 = 50)

1. Write about Indirect Transmission of Disease.
2. Disposal of Dead body.
3. Write about Land Pollution.
4. Occupational health disorders.
5. Disaster management.
6. Short notes on Primary Health Care.
7. Write a short note on Post Natal Care.
8. Write about National health policy.
9. National AIDS Control Programme.
10. Family welfare programmes.

III. Short Answers on:

(10 x 2 = 20)

1. What is Disinfection?
2. Droplet infection.
3. Measles.
4. Polio.
5. Write about Sources of Air Pollution.
6. Write about UNICEF.
7. Write about Alma Atta Declaration.
8. Write about Copper T.
9. Define Family Planning.
10. Write about Goals of NRHM.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0923]

**SEPTEMBER 2023
(MAY 2023 EXAM SESSION)**

Sub. Code: 1374

**THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 and 2016-2017 onwards)
PAPER II – SWASTHAVRITTA & YOGA – PAPER II**

Q.P. Code: 641374

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions

(2 x 15 = 30)

1. What are National health programmes? Explain RNTCP (Revised National Tuberculosis Control Programme) in detail.
2. Explain any 2 vector-borne diseases in detail.

II. Write Notes on:

(10 x 5 = 50)

1. Vayu Shuddhi prakara.
2. Rain water harvesting.
3. Housing and health.
4. Meteorology.
5. Demography.
6. Tetanus.
7. Chikitsalaya bhavana (hospital building).
8. Sanitary well.
9. Septic tank.
10. Any 2 national nutritional programmes.

III. Short Answers on:

(10 x 2 = 20)

1. Immunoglobulins.
2. IUD.
3. AYUSH.
4. APGAR Score.
5. NRHM.
6. Fomite-borne diseases.
7. Panchayati Raj.
8. Whooping cough.
9. Measles vaccine.
10. Pleomorphism.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0824]

**AUGUST 2024
(MAY 2024 EXAM SESSION)**

Sub. Code: 1374

**THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and 2016-2017 to 2020-2021)
PAPER II – SWASTHAVRITTA & YOGA – PAPER II**

Q.P. Code: 641374

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain Water Pollution and its preventive methods in detail.
2. Explain Immunity in detail.

II. Write Notes on:

(10 x 5 = 50)

1. Adolescent health.
2. Difference between Chicken pox and Small pox.
3. UN Agencies.
4. School health services.
5. Solid waste disposal methods.
6. Post – natal care.
7. ICDS Programme.
8. Factors influencing weather and climate.
9. Lighting.
10. Hardness of water.

III. Short Answers on:

(10 x 2 = 20)

1. Composition of Air.
2. Indices of thermal comfort.
3. Effects of radiation.
4. Man-made disasters.
5. Offensive trades.
6. Phenol and its types.
7. Geriatric diseases.
8. Live-attenuated vaccines.
9. Isolation.
10. TORCH Agents.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 1124]

**NOVEMBER 2024
(OCTOBER 2024 EXAM SESSION)**

Sub. Code: 1374

**THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and 2016-2017 to 2020-2021)
PAPER II – SWASTHAVRITTA & YOGA – PAPER II**

Q.P. Code: 641374

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain in detail RNTCP Programme.
2. Explain the Health administration at Central including AYUSH, State, District, Village levels.

II. Write Notes on:

(10 x 5 = 50)

1. Explain mid-day meal programme.
2. Explain composition of Air, Comfort Zone, Prevention and control of Air Pollution.
3. Explain prevention and control of cholera.
4. Explain occupational health hazards.
5. Explain Universal Immunization Schedule.
6. Explain Alma Ata Declaration.
7. Explain slow sand filtration.
8. Explain Disinfection.
9. Explain methods of dead body disposal.
10. Differentiate OPV and IPV.

III. Short Answers on:

(10 x 2 = 20)

1. APGAR Score.
2. Effects of noise pollution.
3. Quarantine.
4. Artificial ventilation.
5. Mahanasa.
6. GOBI Campaign.
7. Vital statistics.
8. Sankramika roga.
9. Offensive trades.
10. RCA Latrine.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0525]

MAY 2025

Sub. Code: 1374

**THIRD PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and 2016-2017 to 2020-2021)
PAPER II – SWASTHAVRITTA & YOGA – PAPER II**

Q.P. Code: 641374

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain Non-communicable disease epidemiology.
2. Explain the method of waste disposal in sewerred areas.

II. Write Notes on:

(10 x 5 = 50)

1. Explain disaster management.
2. Explain over-crowding.
3. Explain measures to prevent akalaja jara.
4. Define and enlist the principles and elements of primary health care.
5. Explain functions of WHO.
6. Explain clinical features of AIDS.
7. Explain biomedical waste management.
8. Explain rapid sand filter method of water purification.
9. Explain janapadodhwamsakara bhavas.
10. Explain vayu shudhi prakaras.

III. Short Answers on:

(10 x 2 = 20)

1. Potable water.
2. DOTS.
3. Demography.
4. Isolation.
5. Sanitary well.
6. Pleomorphism.
7. Shad doshas of jala.
8. Primary pollutants.
9. Comfort zones.
10. ASHA worker.
