

THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY

[BSCN 1025]

OCTOBER 2025

Sub. Code: 2322

B.Sc. (Nursing) DEGREE EXAMINATION

SIXTH SEMESTER

MENTAL HEALTH NURSING (I & II)

Q.P. Code: 652322

Time : Three Hours

Maximum : 75 Marks

Answer all the Questions

I. Multiple Choice Questions:

(12 x 1 = 12)

1. Which substance is commonly associated with the street name “fire”?
A) Cannabis B) Methamphetamine C) Cocaine D) Heroin
2. Conscious way of pushing out the negative thoughts / feelings is
A) Regression B) Repression C) Suppression D) Conversion
3. The most persistent adverse effect of Electro Convulsive therapy
A) Retrograde Amnesia B) Fractures C) Seizures D) Hypertension
4. Premorbid personality is
A) Personality of client during illness B) Personality of client during recovery
C) Personality of client after illness D) Personality of client before illness
5. Medications that affect psychic functions are
A) Mood stabilizers B) Psychotropic drugs
C) Anti-depressants D) Anxiolytics
6. What is dissociative fugue, as described in Conversion disorder?
A) Loss of personal identity
B) Complete loss of memory
C) Unexpected journey away from home in search of new identify
D) Temporary alteration of consciousness
7. What is another term for Delirious Mania?
A) Cyclothymia B) Bell’s mania C) Hypomania D) Acute mania
8. Which is the feature of hyperkinetic disorder?
A) Low IQ B) Low attention span
C) Right to left dissociation D) Hyperactivities
9. What are the severe symptoms of serotonin syndrome?
A) Fever, muscle rigidity and confusion
B) Hyperthermia, delirium and tachycardia
C) Immobility and withdrawal
D) Hypotension and bradycardia

10. Which of the following neurotransmitter is not a monoamine?
A) Dopamine
B) Serotonin
C) Nor-epinephrine
D) Glutamate
11. Who conducts the recreational activity programmes to the patient?
A) Psychiatrist
B) Psychiatric Nurse
C) Psychiatric social worker
D) Occupational therapist
12. Disulfiram Ethanol reaction is characterized by
A) Bradycardia, Sweating and hypertension
B) Bradycardia, Blurred vision and hypertension
C) Tachypnea, Vomiting and hypertension
D) Headache, hypotension and chest pain

II. Essay:

(2 x 15 = 30)

1. a) Define Behavior therapy.
b) Elaborate on the principles of Behavior therapy.
c) Explain the techniques used for the patients with Schizophrenia
2. a) Define Obsessive Compulsive disorder.
b) Enlist the types and clinical features of Obsessive Compulsive disorder.
c) Write the nursing management of patients with Obsessive Compulsive disorder.

III. Short answers:

(5 x 5 = 25)

1. Therapeutic impasses and its management.
2. Treatment modalities of Alcoholism.
3. Types of Admission procedure according to the Mental Health Care Act 2017.
4. Nursing management of patients with depression.
5. Suicide prevention.

IV. Very short answers:

(4 x 2 = 8)

1. Clozapine.
2. Palilalia.
3. Indicators of Mental health.
4. Define Delirium.

[BSCN 1025]