

[KM 926]

Sub. Code : 5316

BACHELOR OF PHYSIOTHERAPY DEGREE
EXAMINATION.

Fourth Semester

(New Modified Regulations)

Paper II — MASSAGE

Time : One and a half-hours Maximum : 50 marks

Theory : One hour and
Twenty minutes Theory : 40 marks

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Essay : (1 × 15 = 15)

Discuss the Massage treatment environment and self preparation of a therapist.

II. Short notes : (5 × 5 = 25)

(a) History of Massage

(b) Neck Massage technique and its therapeutic uses.

(c) Iorning manipulation.

(d) Explain five important points vital for massage application.

(e) Physiological effects of percussive manipulations on Respiratory system.

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Paper II — MASSAGE

Time : One and a half-hours Maximum : 50 marks

Theory : One hour and Theory : 40 marks
Twenty minutes

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw Suitable diagrams wherever necessary

I. Essay : (1 × 15 = 15)

Describe how you would prepare a patient for back massage, who is having Lumbar spondylosis. What are the manipulations will you select for the same, explain about the effect and uses of the manipulations.

II. Short notes : (5 × 5 = 25)

(a) Indications and local contra-indications for upper limb massage.

(b) Physiological effects of massage on Muscular system and excretory system.

(c) Enumerate the general effect and uses of Massage.

(d) Various types of kneading manipulation.

(e) Effect and uses and technique of friction manipulation.

February-2006

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(c) Friction

(d) Effleurage

(e) Clapping.

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Theory : One hour and
Twenty minutes Theory : 40 marks

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Essay questions : (1 × 15 = 15)

(1) Describe briefly the physiological effects of
massage on various systems.

II. Short notes on : (5 × 5 = 25)

(a) Draping the patient

(b) Massage table

August-2006

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BACHELOR OF PHYSIOTHERAPY DEGREE
EXAMINATION.

Fourth Semester

(New Modified Regulations)

Paper II — MASSAGE

Time : One and a half-hours Maximum : 50 marks

Theory : One hour and Theory : 40 marks
Twenty minutes

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Essay questions :

(1) Discuss briefly the effects of effleurage on the lymphatic system. Explain the technique of massage for patients with "Radical mastectomy". (15)

(2) What are the percussion manipulations? Describe the therapeutic effects and uses of Hacking and clapping. (10)

II. Short notes on : (3 × 5 = 15)

(a) Positioning of patient.

(b) Stroking.

(c) Stance of the therapist during massage therapy.

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II. Short notes on :

(3 × 5 = 15)

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Theory : One hour and
twenty minutes Theory : 40 marks

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Essay Questions :

(1) Define Oedema. Describe how you would
prepare a patient for massage to the lower extremity.
Explain the manipulation and their therapeutic effects.

(15)

(2) Explain the importance of seven points vital
for massage application.

(10)

August-2007

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**BACHELOR OF PHYSIOTHERAPY DEGREE
EXAMINATION.**

Fourth Semester

(Modified/New Modified Regulations)

Paper II — MASSAGE

Time : One and a half hours Maximum : 50 marks

**Theory : One hour and
Twenty minutes Theory : 40 marks**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

I. Essay questions :

(1) Discuss briefly about the physiological effects of Massage. (15)

(2) What is kneading? Write about the types and effects. (10)

II. Short notes : (3 × 5 = 15)

- (a) Friction
 - (b) Relaxation of the patient.
 - (c) Vibration.
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FEBRUARY 2008

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**BACHELOR OF PHYSIOTHERAPY DEGREE
EXAMINATION.**

Fourth Semester

(Modified/New Modified Regulations)

Paper II — MASSAGE

Q.P. Code :745316

Time : One and a half hours Maximum : 50 marks

**Theory : One hour and Theory : 40 marks
Twenty minutes**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions

I Essay questions:-

- 1. Write in detail about digital kneading. (15)**
- 2. Hacking and its types. (10)**

II. Short notes:

(3 × 5 = 15)

- 1. Walk stance**
 - 2. Lubricant in massage**
 - 3. Differentiate beating and pounding.**
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AUGUST 2008

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**BACHELOR OF PHYSIOTHERAPY DEGREE
EXAMINATION.**

Fourth Semester

(Modified/New Modified Regulations)

Paper II — MASSAGE

Q.P. Code : 745316

Time : One and a half hours Maximum : 50 marks

Answer ALL questions.

I. Essay : (15)

1. List the indications and contra indications for fascial massage. Describe in detail the techniques of fascial massage with their therapeutic effects.

2. Describe the indication, contra indication, effect and uses of sheet manipulations. (10)

II. Short notes : (3 × 5 = 15)

- 1. Rolling.**
- 2. Comfort and support of the patient.**
- 3. Massage for upper arm.**

III. Short answers : (5 × 2 = 10)

- 1. Tapping.**
- 2. Causes of oedema.**
- 3. Contraindications for back massage.**
- 4. Name the manipulations which are used in consolidated oedema.**
- 5. Therapeutic effects of clapping.**