

[LB 6167]

AUGUST 2012

Sub. Code: 6167

FOURTH YEAR BOT EXAM
PAPER – III GROUP PROCESS IN OT
Q.P. Code : 786167

Time: Three Hours

Maximum: 100 marks

(180 Min) Answer ALL questions in the same order.

I. Elaborate on:

Pages Time Marks
(Max.)(Max.)(Max.)

- | | | | |
|--|----|----|----|
| 1. What is group dynamics? Describe the roles people play in groups, relationships between members and the verbal & non – verbal communication within the group. | 19 | 33 | 20 |
| 2. Write in detail the procedure for planning a group treatment. Give an example of starting a support group for persons with Spinal Cord Injury. | 19 | 33 | 20 |

II. Write Notes on:

- | | | | |
|--|---|---|---|
| 1. Roles. | 3 | 8 | 5 |
| 2. Function of norms. | 3 | 8 | 5 |
| 3. Differences in the aims of activity and support groups. | 3 | 8 | 5 |
| 4. Sequence of setting up a group. | 3 | 8 | 5 |
| 5. Open and Closed groups. | 3 | 8 | 5 |
| 6. Aims of pre group interview. | 3 | 8 | 5 |
| 7. Role of a leader in the support group. | 3 | 8 | 5 |
| 8. Stress management group. | 3 | 8 | 5 |

III. Short Answers on:

- | | | | |
|--------------------------------|---|---|---|
| 1. Role conflict. | 1 | 5 | 2 |
| 2. Norms. | 1 | 5 | 2 |
| 3. Cohesion. | 1 | 5 | 2 |
| 4. The silent member. | 1 | 5 | 2 |
| 5. Altruism. | 1 | 5 | 2 |
| 6. Examples of task groups. | 1 | 5 | 2 |
| 7. Assertiveness group. | 1 | 5 | 2 |
| 8. Non - directive leadership. | 1 | 5 | 2 |
| 9. Catharsis. | 1 | 5 | 2 |
| 10. Triad. | 1 | 5 | 2 |

[LD 6167]

AUGUST 2013

Sub. Code : 6167

FOURTH YEAR BOT EXAM

Paper III – GROUP PROCESS IN OCCUPATIONAL THERAPY

Q.P. Code: 786167

Time: Three hours

Maximum : 100 marks

I. Elaborate on: (2x20 = 40)

1. Explain in detail about various approaches to group work .
2. Explain how you would organize a social skills training group for children with Autism .

II. Write Notes on: (8x5 = 40)

1. Intra group relationship
2. Features of self help group
3. Gold fish bowl discussion
4. Developing group leader skills
5. Types of touch in drama therapy
6. Process of decision making in a group
7. Assessing group cohesion
8. Dissatisfaction phase in a social skills group

III. Short Answers on: (10x2 = 20)

1. Pre group interview
2. Sociogram
3. What are the two negative strategies used for encouraging group attendance?
4. Role strain
5. Non verbal behavior
6. Negotiated contract
7. Activity group
8. Silent member
9. Touch
10. Triads

FOURTH YEAR BOT EXAM
Paper III – GROUP PROCESS IN OCCUPATIONAL THERAPY
Q.P. Code: 786167

Time: Three hours

Maximum : 100 marks

- I. Elaborate on:** **(2x20 = 40)**
1. Plan and organize a stress management group for patients with Anxiety disorder.
 2. Explain how you will organize a group work for patients with dementia.
- II. Write Notes on:** **(8x5 = 40)**
1. Projective art group
 2. Managing problems of a dominant member in the group
 3. Motivating group members
 4. Characteristics of a leader
 5. Semi open group
 6. Nondirective leadership
 7. Types of Decision making
 8. Group task roles
- III. Short Answers on:** **(10x2 = 20)**
1. Split leader
 2. Therapist transparency
 3. Parallel group
 4. Frequency of group meetings
 5. Structuring a session
 6. Harmonizer
 7. Risky Shift
 8. Transference
 9. Process illumination
 10. Brainstorming

[LF 6167]

AUGUST 2014

Sub. Code : 6167

**FOURTH YEAR BOT EXAM
PAPER III – GROUP PROCESS IN OT**

Q.P. Code: 786167

Time: Three Hours

Maximum: 100 marks

I. Elaborate on:

(2x20=40)

1. Define cohesiveness .What are the factors that affect group cohesiveness.
2. Describe the steps involved in organizing a task oriented group.

II. Write Notes on:

(8x5=40)

1. Value of groups
2. Aims and goals of psychotherapy group.
3. Mosey's group interactive skills
4. Furniture layout in a group and its importance
5. Abstracts components of a group environment
6. Closed group
7. Types of referrals
8. Effectiveness of partnership in a group

III. Short Answers on:

(10x2=20)

1. Components of psychodrama group
2. Group norms
3. Co-leadership
4. Clique
5. Goal sabotage exercise
6. Bete noire
7. Directive leader
8. Resolution phase in an activity group
9. Hierarchy communication
10. Evaluation of groups

[LG 6167]

FEBRUARY 2015

Sub. Code : 6167

**FOURTH YEAR BOT EXAMINATION
PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY**

Q.P. Code: 786167

Time: Three hours

Maximum: 100 marks

I. Elaborate on:

(2 x 20 = 40)

1. Plan to conduct a self help group for group of clients with Alcohol dependant syndrome.
2. Explain group process evaluation and its importance.

II. Write notes on:

(8 x 5 = 40)

1. Problem solving ideas for a group in conflict
2. Project level and parallel level groups
3. Advantages and disadvantages of co leadership?
4. Types of sociogram
5. Moseys activity group stages
6. Group norms help or hinder - explain
7. Reasons to formulate aims and Goals when planning groups
8. Importance of keeping records

III. Short answers on:

(10 x 2 = 20)

1. Laissez – faire
2. Non – verbal communication
3. Semi open group
4. Wind down
5. Clique
6. Role play
7. Forming stage
8. Negotiated contract
9. Resolution phase
10. Soliloquy

[LH 6167]

AUGUST 2015

Sub. Code: 6167

B.O.T. DEGREE EXAMINATION

FOURTH YEAR

PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY

Q.P. Code: 786167

Time : Three Hours

Maximum : 100 marks

Answer ALL questions

I. Elaborate on:

(2 x 20 = 40)

1. Explain how to manage a group with dominating members with problems solving ideas for the same.
2. Plan a social skill training group with young adults who are intellectually challenged.

II. Write notes on:

(8 x 5 = 40)

1. Directive group.
2. Strategies to develop group cohesion.
3. Transference in group therapy.
4. Gold fish bowl discussion.
5. Strategies to manage a silent group.
6. Psychodrama.
7. Positive strategies to encourage attendance.
8. Group task roles.

III. Short Answers on:

(10 x 2 = 20)

1. Blanket referral.
2. Autocratic leader.
3. Norming stage.
4. Apathetic group.
5. Protagonist.
6. Altruism.
7. Group think.
8. Existential factors.
9. Hierarchy.
10. Examples of support group.

[LI 6167]

FEBRUARY 2016

Sub. Code : 6167

**FOURTH YEAR BOT EXAMINATION
PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY**

Q.P. Code: 786167

Time: Three hours

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Describe Verbal and Non verbal social skills. Discuss how you will organize a social skills training group for patients with schizophrenia.
2. What is group cohesion? What is its value? How will you develop group cohesion?

II. Write notes on:

(8 x 5 = 40)

1. Differentiate project level and egocentric groups.
2. Role functions of the leader.
3. Yahlom's Curative factors of group therapy.
4. Norms.
5. Stages of Activity groups.
6. Value of Aims and Goals.
7. Anger management groups.
8. Managing silent group.

III. Short answers on:

(10 x 2 = 20)

1. Support groups.
2. Psychodrama.
3. Role lock.
4. Assertion.
5. Closed groups.
6. Gaining referrals.
7. Optimal Arousal.
8. Hot seat.
9. Factors to consider in Time Factor Decisions.
10. Attraction sociogram.

[LJ 6167]

AUGUST 2016

Sub. Code : 6167

**FOURTH YEAR BOT EXAMINATION
PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY**

Q.P. Code: 786167

Time: Three hours

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Describe the Groups in occupational therapy and classify them with suitable examples. What are the different approaches to Group Work?
2. Describe how you will plan and organize a Group on stress management.

II. Write notes on:

(8 x 5 = 40)

1. Stages of a support group.
2. Nonverbal skills.
3. Choosing the activity.
4. Developing group cohesion.
5. Assertiveness training groups.
6. Evaluation of a group.
7. Self help groups.
8. Managing the dominating member.

III. Short answers on:

(10 x 2 = 20)

1. Norms.
2. Supervision.
3. Traids.
4. Blank versus planned referrals.
5. Negative strategies in encouraging attendance.
6. Warm up.
7. Non directive leader ship.
8. Support group aims.
9. Group dynamics.
10. Open versus closed groups.

[LK 6167]

FEBRUARY 2017

Sub. Code : 6167

**BOT DEGREE EXAMINATION
FOURTH YEAR
PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY**

Q.P. Code: 786167

Time: Three hours

Maximum: 100 Marks

I. Elaborate on: (2 x 20 = 40)

1. Explain the role conflict in group and its problem solving methods.
2. Explain in detail about Drama therapy group.

II. Write notes on: (8 x 5 = 40)

1. Methods of encouraging attendance.
2. Democratic leader.
3. Task oriented group.
4. Non verbal behavior.
5. How to choose the activity for a group?
6. Aims of pre group interview.
7. Leader role in activity group.
8. Apathetic group.

III. Short answers on: (10 x 2 = 20)

1. What is role lock?
2. Define empathy.
3. What is confrontation?
4. What is self disclosure?
5. What is clique in communication?
6. What is open group?
7. What is deception?
8. What is coercion?
9. What is negotiated contract?
10. What is blanket referral?

[LL 6167]

AUGUST 2017

Sub. Code : 6167

BOT DEGREE EXAMINATION
(Regulations for the candidates admitted from 2013-2014 onwards)
FOURTH YEAR
PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY

Q.P. Code: 786167

Time: Three hours

Maximum: 100 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. What is group dynamics? Describe the roles members play in groups. What are the problems in role and how do you manage them?
2. Write in detailed on initiating and developing a support group for spouses of alcohol dependent syndrome.

II. Write notes on: **(8 x 5 = 40)**

1. Values of group.
2. What are the phases of group therapy session?
3. How do you motivate members during group therapy sessions?
4. Drama therapy.
5. Communication.
6. Strategies to ensure therapist and patient safety.
7. Types of leadership.
8. How will you handle a crying member during a session?

III. Short answers on: **(10 x 2 = 20)**

1. Directive group approach.
2. Alliance and coalition.
3. List four difference between open and closed group.
4. Gold fish bowl discussion.
5. Transference.
6. Harmonizer.
7. Characteristics of a cohesive member.
8. Culture building.
9. Risky shift.
10. Laissez – faire.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[LM 6167]

FEBRUARY 2018

Sub. Code : 6167

BOT DEGREE EXAMINATION
(Regulations for the candidates admitted from 2013-2014 onwards)
FOURTH YEAR
PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY

Q.P. Code: 786167

Time: Three hours

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. What are intra group relationships in group therapy? Explain with example on types, evaluation and strategies to facilitate intra group relationships within a group session.
2. How will you plan a home management group for a group (6 members) of low functioning ladies?

II. Write notes on:

(8 x 5 = 40)

1. Use of role play in support groups.
2. Sociogram.
3. Pre-group interview.
4. Problem solving strategies for group conflict.
5. Role of a co-leader in task oriented and in support groups.
6. How eye contact is evaluated and used therapeutically in group therapy sessions?
7. Briefly discuss the impact of subgroups in group therapy.
8. Levels of developmental groups.

III. Short answers on:

(10 x 2 = 20)

1. Passive aggressive personality.
2. Visual imagery.
3. Resolution catharsis.
4. Brain storming.
5. List four characteristics of a leader.
6. Warm up.
7. Protagonist.
8. Semi open group.
9. Clown.
10. List any four ill-effects of anger.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[LN 6167]

AUGUST 2018

Sub. Code : 6167

BOT DEGREE EXAMINATION
(Regulations for the candidates admitted from 2010-2011 onwards)
FOURTH YEAR
PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY

Q.P. Code: 786167

Time: Three hours

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Describe in detail about functional group model.
2. Describe the plan of organizing social skill training group.

II. Write notes on:

(8 x 5 = 40)

1. Individual roles in group.
2. Group maintenance roles.
3. Stages in support group.
4. Methods of motivating group member.
5. Managing silent member in group.
6. Characteristics of a leader.
7. Methods of evaluating group process.
8. Triad.

III. Short answers on:

(10 x 2 = 20)

1. What is role conflict?
2. What is semi open group?
3. What is task group?
4. What is restrictive solution?
5. What is debriefing?
6. Define group.
7. What is storming?
8. What is thematic group?
9. Define empathy.
10. What is group think?

BOT DEGREE EXAMINATION
(Regulations for the candidates admitted from 2010-2011 onwards)
FOURTH YEAR
PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY

Q.P. Code: 786167

Time: Three hours

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Explain the importance and functions of a leader in a group. Mention the types of leadership. How will you facilitate leadership qualities for group members?
2. Plan awareness groups for 8 (members) 15–18 years old Down's syndrome.

II. Write notes on:

(8 x 5 = 40)

1. Types of groups in occupational therapy.
2. How will you organize the environment for task oriented group?
3. Dissatisfaction phase in psychosocial groups.
4. How group effectiveness is evaluated?
5. How will you manage a monopolizer and a silent member during group discussion?
6. Explain any five group building and maintenance roles with examples.
7. Types of touch used in group therapy.
8. Why and how do we formulate aims and goals while planning group therapy?

III. Short answers on:

(10 x 2 = 20)

1. Projective group.
2. Clique.
3. Storming.
4. Process illumination.
5. Scapegoat.
6. Anger diary.
7. Characteristics of a non cohesive member.
8. Apathetic group.
9. Role status.
10. Beta noire.

BOT DEGREE EXAMINATION
(Regulations for the candidates admitted from 2010-2011 onwards)
FOURTH YEAR
PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY

Q.P. Code: 786167

Time: Three hours

Maximum: 100 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. Define Cohesiveness. What are the factors affect the group cohesiveness?
2. Explain the importance of conducting groups in children with school phobia.

II. Write notes on: **(8 x 5 = 40)**

1. Leadership strategies in interpersonal learning.
2. Stages of group.
3. Verbal and non-verbal communication skills.
4. Strategies to ensure therapist and patient safety during groups.
5. Types of reasoning.
6. Group task roles.
7. Various approaches to group work.
8. Support group for spouses of alcoholic.

III. Short answers on: **(10 x 2 = 20)**

1. Mature defences.
2. Self esteem.
3. Leader centered interaction.
4. Social profile.
5. Imitative behavior.
6. Conflict.
7. Co-leadership.
8. Open group.
9. Resolution phase.
10. Define empathy.

BOT DEGREE EXAMINATION
(Regulations for the candidates admitted from 2010-2011 onwards)
FOURTH YEAR
PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY

Q.P. Code: 786167

Time: Three hours

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Outlines stress. Plan out stress management group in detail.
2. Discuss the common problems encountered in a group and how do you manage group problems?

II. Write notes on:

(8 x 5 = 40)

1. Strategies to develop group attendance.
2. Outline the types of therapeutic groups.
3. Selection of activities in groups.
4. Features of self-help group.
5. Guidelines for group documentation.
6. Five dimensions of reasoning.
7. Roles involved in group building and maintenance.
8. Leadership strategies in group cohesiveness.

III. Short answers on:

(10 x 2 = 20)

1. Silent group.
2. Distress tolerance.
3. Group membership.
4. Neurotic defenses.
5. Body image.
6. Psychodrama.
7. Closed group.
8. Role strain.
9. Group expectation.
10. Warm up in group.

THE TAMIL NADU Dr.M.G.R. MEDICAL UNIVERSITY

[LR 1220]

DECEMBER 2020

Sub. Code : 6167

(AUGUST 2020 EXAM SESSION)

BOT DEGREE EXAMINATION

(Regulations from 2010-2011 onwards)

FOURTH YEAR

PAPER III – GROUP PROCESS IN OCCUPATIONAL THERAPY

Q.P. Code: 786167

Time: Three hours

Answer ALL Questions

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. What are different Leadership Styles? Explain about Directive versus Non-directive leadership with relevant example?
2. Describe how you would plan and organize Assertiveness Training for a group of Client with Substance Abuse?

II. Write notes on:

(8 x 5 = 40)

1. Advantages of Co-leadership.
2. Problem-solving ideas to manage the Distressed member.
3. Sensory Integration groups.
4. Creative therapy.
5. The decision-making process in Groups.
6. Facilitating group development in ending stage.
7. Phases in structuring Group session.
8. Aims of pre group interview.

III. Short answers on:

(10 x 2 = 20)

1. Sociometric test
2. Risky-shift.
3. Semi-open group
4. Factual records.
5. Group norms
6. Storming stage
7. Touch used in occupational therapy group situations.
8. Psychodrama
9. Transference
10. The dominating member

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BOT 0921]

**SEPTEMBER 2021
(FEBRUARY 2021 EXAM SESSION)**

Sub. Code: 6167

BOT DEGREE EXAMINATION

FOURTH YEAR - (Regulations for the candidates admitted on or before the A.Y. 2013-2014)

PAPER III – GROUP PROCESS IN O.T.

Q.P. Code : 786167

Time : Three hours

Answer ALL Questions

Maximum : 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Describe the Curative factor in Group therapy.
2. Write in detail about Assertiveness Training group.

II. Write notes on:

(8 x 5 = 40)

1. Stages of Group development.
2. Group task roles.
3. What are the factors facilitating Group Decision making?
4. Homogeneity in Group therapy.
5. Stages in Activity group.
6. Methods of developing Group Cohesion.
7. Authoritarian Leader.
8. Advantages and disadvantages of Co-leadership.

III. Short answers on:

(10 x 2 = 20)

1. Define Activity group.
2. What is Brain storming?
3. Define Cohesion.
4. What is Group Polarization?
5. Define Norms.
6. What is risky Shift?
7. What is Sociogram?
8. What is Closed group?
9. Define Altruism.
10. What is Group think?

THE TAMIL NADU Dr.M.G.R. MEDICAL UNIVERSITY

[BOT 0122]

**JANUARY 2022
(AUGUST 2021 EXAM SESSION)**

Sub. Code: 6167

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE
FOURTH YEAR - (Regulations for the candidates admitted on or before the A.Y. 2013-2014)
PAPER III – GROUP PROCESS IN O.T.
Q.P. Code : 786167**

Time : Three hours

Answer ALL Questions

Maximum : 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Explain the methods and importance of Evaluation of a Group.
2. Describe how you will plan and organize Task oriented Group for a group of Clients with Substance Abuse?

II. Write notes on:

(8 x 5 = 40)

1. Leadership strategies in Instillation of Hope.
2. Yalom's curative factors of Group therapy.
3. Social skill training group.
4. Describe Group Interaction.
5. Stages of Support Group.
6. Precaution in Group formation.
7. Therapeutic values of Drama Therapy group.
8. Effective Communication skills.

III. Short answers on:

(10 x 2 = 20)

1. Define Motivation.
2. Immature Defense.
3. Self-concept.
4. Reforming stage.
5. Group Observer.
6. Parallel group.
7. Hierarchy.
8. Define Competence.
9. Transference in Group therapy.
10. Awareness group.

THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY

[BOT 0622]

JUNE 2022
(FEBRUARY 2022 EXAM SESSION)

Sub. Code: 6167

BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE
FOURTH YEAR - (Regulations for the candidates admitted on or before the A.Y. 2013-2014)
PAPER III – GROUP PROCESS IN OT
Q.P. Code : 786167

Time : Three hours

Answer ALL Questions

Maximum : 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. What is Group Dynamics? Describe the Roles People play in group, Relationship Between Members and the Verbal and Non Verbal Communication within the Group.
2. Explain how will you Organize a Group work for Patient with Dementia.

II. Write notes on:

(8 x 5 = 40)

1. Non Directive Leadership.
2. Projective Art Group.
3. Mosey's Group Interactive Skills.
4. Reasons to Formulate Aims and Golas when Planning Groups.
5. Types of Socio Gram.
6. Positive Strategies to Encourage Attendance.
7. Transference in Group Therapy.
8. Strategies to Ensure Therapist and Patient Safety.

III. Short answers on:

(10 x 2 = 20)

1. Risky shift.
2. Alliance and coalition.
3. Brain storming.
4. Warm up.
5. What is semi open group?
6. Catharsis.
7. Triad.
8. Negotiated contract.
9. Activity Group.
10. Therapist Transparency.
