

**DIPLOMA IN HEALTH CARE AIDE
FIRST YEAR
PAPER IV – COMMUNITY HEALTH NURSING AND HYGIENE**

Q.P. Code: 841824

Time : Three Hours

Maximum : 100 Marks

Answer All questions.

I. Elaborate on:

(3 x 10 = 30)

1. (a) Quality and functions of community health care.
(b) Role and function of community health nurse in family health service.
(c) Explain the Immunization schedule.
2. Write an elaborate essay on Epidemiology
3. Discuss about levels of prevention of disease.

II. Write notes on:

(10 x 5 = 50)

1. Principle of recording and reporting.
2. Source of water supply.
3. Dimensions of health.
4. Menstrual hygiene.
5. Concepts of health.
6. Describe on the target, 'Health for all by 2000 AD'.
7. Referral system.
8. Female sterilization.
9. Explain about good health habits.
10. Dynamics of disease transmission.

III. Short answers on:

(10 x 2 = 20)

1. Define disease.
2. Types of clinics.
3. Define Diphtheria.
4. Differences between Institutional and community health Nursing.
5. List down four uses of records.
6. Incubation period.
7. Isolation.
8. Mention the type of reports.
9. Mention the four types of exercise pattern.
10. Define family planning.

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I. Elaborate on:

(3 x 10 = 30)

1. Explained about community nutrition programme.
2. (a) Expand AIDS.
(b) Signs and symptoms of AIDS and Investigation.
(c) Management of AIDS.
3. Define Family planning and explain about temporary methods of Family planning.

II. Write notes on:

(10 x 5 = 50)

1. School health services.
2. Purification of water.
3. Disease cycle.
4. Characteristics of mentally healthy person.
5. List down the objectives of Antenatal care.
6. Community assessment.
7. Explain about health determinants.
8. Explain about vitamin-A deficiency problem.
9. Describe health illness confirm.
10. Immunity.

III. Short answers on:

(10 x 2 = 20)

1. Define antigen and antibodies.
2. List down 4 functions of community health nurse.
3. State any four determinants of health.
4. Define community.
5. Principles of primary health care.
6. List the four qualities of community health nurse.
7. Define antibody.
8. Purpose of oral hygiene.
9. Maternal mortality date.
10. Define Kwashiorkor.

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I. Elaborate on:

(3 x 10 = 30)

1. Write the latest National Immunization schedule.
2. Describe the health care team.
3. (a) Define Epidemiology.
(b) Mention the aims of Epidemiology.
(c) Describe the uses of Epidemiology.

II. Write notes on:

(10 x 5 = 50)

1. Explain about cold chain.
2. Write the records and reports.
3. Explain about mental hygiene.
4. Community assessment.
5. Explain disease cycle.
6. Functions of female health worker.
7. Referral System.
8. Health education.
9. Write the different types of disinfection.
10. List down the objectives of antenatal care.

III. Short answers on:

(10 x 2 = 20)

1. Infant Mortality Rate.
2. Define IUCD.
3. Define VVM.
4. List down four non communicable diseases.
5. Define ORS.
6. List out four comfortable devices used for patient.
7. Write four Purposes of Clinics.
8. Define Isolation.
9. Define personal hygiene.
10. List down four mosquito borne diseases.

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Answer All questions.

I. Elaborate on:

(3 x 10 = 30)

1. (a) Write the purpose of home visit.
(b) Describe the principles of home visit.
(c) Mention the bag technique steps.
2. (a) Define Epidemiology.
(b) Levels of Prevention of diseases.
3. Explain the Quality and functions of community health nurse.

II. Write notes on:

(10 x 5 = 50)

1. Write the management of minor ailments.
2. Concepts of health.
3. Describe Cumulative records.
4. Explain about Vitamin – A deficiency problem.
5. Community assessment.
6. Care of new born.
7. Functions of female health worker.
8. Referral System.
9. Characteristics of mentally healthy person.
10. Write about Iron deficiency anaemia.

III. Short answers on:

(10 x 2 = 20)

1. Maternal Mortality Rate.
2. Define carrier.
3. Define Incubation period.
4. List down four non communicable diseases.
5. Define colostrum.
6. Define DPT.
7. Define Balance diet.
8. Define puerperium.
9. Define personal hygiene.
10. List down four high risk pregnancies.

**DIPLOMA IN HEALTH CARE AIDE
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PAPER IV– COMMUNITY HEALTH NURSING & HYGIENE**

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Time : Three Hours

Maximum : 100 Marks

Answer All questions.

I. Elaborate on:

(3 x 10 = 30)

1. Define Health. Explain the dimensions of health.
2. Define concept of health and enumerate the impact on our population.
3. Define community health nursing, describe the influential factors for health and disease.

II. Write notes on:

(10 x 5 = 50)

1. Levels of prevention – Explain.
2. Write the immunization schedule.
3. Explain the purposes of epidemiology.
4. Phases and purposes of home visit.
5. First referral unit - Explain.
6. Health promotion.
7. Write the approaches of family health assessment.
8. Data collection method used in population survey.
9. Mention the indicators of health and explain any one indicator.
10. Explain the functions of primary health center.

III. Short answers on:

(10 x 2 = 20)

1. Define demography.
2. Define epidemiology.
3. Mention any two principles used in home visit.
4. Essential of menstrual hygiene.
5. Write any four warning signs of Cancer.
6. Define immunity.
7. Write any two principles used in community health services.
8. List out four advantages of exercises.
9. Write any two health records used in primary health center.
10. Mention two qualities of food community health center.

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PAPER IV – COMMUNITY HEALTH NURSING & HYGIENE**

Q.P. Code: 841824

Time : Three Hours

Maximum : 100 Marks

Answer All questions.

I. Elaborate on:

(3 x 10 = 30)

1. Define epidemiology, mention the aims and uses of epidemiology.
2. Define home visit, explain the roles and responsibilities of community health nurse role in home visit.
3. Define family planning, describe the permanent methods used for male and female.

II. Write notes on:

(10 x 5 = 50)

1. Disease transmission - Explain.
2. Dynamics of disease.
3. Documentation of records and its purposes.
4. Mental health of adolescence.
5. Explain the art of parenting.
6. Discuss the community health nurse role in diabetes mellitus patient in community setting.
7. Menstrual hygiene.
8. Explain the child safety in home setup.
9. Health practices need to maintain healthy life - Explain.
10. Urbanization.

III. Short answers on:

(10 x 2 = 20)

1. List out two family welfare objectives used in family welfare services.
2. Mention two disinfectant to prevent cross infection.
3. How to prevent easily H₁N₁ influenza?
4. Mention two foods that prevent night blindness.
5. Write the two benefits of foot massage.
6. Define oral hygiene.
7. Write the four functions of community health nurse in the primary health center.
8. Define cold chain.
9. Mention any four types of records.
10. List down four infectious diseases.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[AHS 0321]

MARCH 2021

Sub. Code: 1824

(AUGUST 2020 EXAM SESSION)

DIPLOMA IN HEALTH CARE AIDE

FIRST YEAR (Regulation 2016-2017)

PAPER IV – COMMUNITY HEALTH NURSING AND HYGIENE

Q.P. Code : 841824

Time: Three hours

Answer ALL Questions

Maximum: 100 Marks

I. Elaborate on:

(3 x 10 = 30)

1. Define home visit write the purposes of home visit, describe the principles of home visit.
2. Enlist the objectives of family welfare program, explain about temporary methods of family planning.
3. Explain in detail about immunization schedule.

II. Write notes on:

(10 x 5 = 50)

1. Dimensions of health.
2. Write the uses of epidemiology.
3. Qualities of community health nurse.
4. Mental health of adolescent.
5. Epidemiological Triad.
6. Protein Energy malnutrition.
7. Menstrual hygiene.
8. Community assessment.
9. Levels of prevention of diseases.
10. Referral system.

III. Short answers on:

(10 x 2 = 20)

1. Define community health nursing.
2. Define Immunity.
3. Define Disinfection.
4. Define Primary health care.
5. Define Epidemiology.
6. Define Oral Hygiene.
7. Define balanced diet.
8. Define Antigen and Antibodies.
9. Define cold chain.
10. Define MMR.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[AHS 0122]

JANUARY 2022

Sub. Code: 1824

(FEBRUARY 2021 & AUGUST 2021 EXAM SESSION)

**DIPLOMA IN HEALTH CARE AIDE
FIRST YEAR (Regulation 2016-2017)
PAPER IV – COMMUNITY HEALTH NURSING AND HYGIENE
*Q.P. Code : 841824***

Time: Three hours

Answer ALL Questions

Maximum: 100 Marks

I. Elaborate on:

(3 x 10 = 30)

1. (a) Define community Health Nursing, Write the principles of community health nursing.
(b) Role of community Health Nurse in family planning services.
2. (a) Define family planning, Explain the temporary methods of family planning services.
(b) Write permanent methods of family planning services.
3. Define Epidemiology, mention the aims of epidemiology, describe the uses of epidemiology.

II. Write notes on:

(10 x 5 = 50)

1. Health education.
2. Principles of home visit.
3. Iron deficiency Anaemia.
4. Records and Reports.
5. Principles of primary health care.
6. Explain the disease Transmission.
7. Explain about the importance of exercise.
8. Immunization schedule.
9. Concept of Health.
10. Characteristics of mentally healthy person.

III. Short answers on:

(10 x 2 = 20)

1. List out the four qualities of community health nurse.
2. List down four indicators of health.
3. List out any four signs and symptoms of pregnancy.
4. List down four vitamin A deficiency disorder.
5. List down methods of data collections.
6. List down four causes for high risk pregnancies.
7. Write the four Types and purposes of clinic.
8. List down the four uses of records.
9. List down the six killer diseases.
10. List down four indicators of health.
