

**DIPLOMA IN HEALTH CARE AIDE**  
**SECOND YEAR**  
**PAPER III – MENTAL HEALTH NURSING**

*Q.P. Code: 841833*

**Time : Three Hours**

**Maximum : 100 Marks**

**Answer All questions.**

**I. Elaborate on:**

**(3 x 10 = 30)**

1. Explain about ECT and Nursing care given before, during and after ECT.
2. Write detail about the legal responsibilities of a Nurse.
3. a) Define community psychiatry.  
b) Role of a Nurse in community mental health services.

**II. Write notes on:**

**(10 x 5 = 50)**

1. Describe about lithium Toxicity.
2. Difference between psychosis and neurosis.
3. Nurses responsibility on alcoholism.
4. Occupational Therapy – Explain.
5. Depression.
6. Describe mental status examination.
7. Anti depressive drugs.
8. Brief the Therapeutic communication.
9. Classification of mental disorder.
10. Behavior Therapy.

**III. Short answers on:**

**(10 x 2 = 20)**

1. List four types of phobias.
2. What is Denial?
3. Define Echolalia and Ecopraxia.
4. Substance abuse.
5. Four qualities of a psychiatric nurse.
6. Write down any four psychiatric emergencies.
7. Define Hysteria.
8. Indications of Psychoanalysis.
9. List any four types of delirium.
10. Classify Schizophrenia.

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**Time : Three Hours**

**Maximum : 100 Marks**

**Answer All questions.**

**I. Elaborate on:**

**(3 x 10 = 30)**

1. Define community mental health nursing? Elaborate on preventive psychiatry.
2. Explain in detail about therapeutic nurse patient relationship and techniques which are used during therapeutic process?
3. a) Define obsessive compulsive disorder.  
b) Specify the causes and signs and symptoms of OCD and role of nurse.

**II. Write notes on:**

**(10 x 5 = 50)**

1. Group therapy.
2. Steps in history taking.
3. Care of suicide patient.
4. Antipsychotics.
5. Principles of Psychiatric Nursing.
6. Difference between mania and depression.
7. Misconceptions about mentally ill patients.
8. Types of personality.
9. Trends in psychiatric Nursing.
10. Legal responsibilities of mentally ill.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Mention any three defence mechanisms.
2. Define mental illness.
3. Define premorbid personality.
4. Characteristics of mentally healthy person.
5. Dementia.
6. Define delusion and illusion.
7. Define circumstantiality.
8. Any two antianxiety drugs.
9. Define conversion disorder.
10. Two objectives of national mental health programme.

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**Time : Three Hours**

**Maximum : 100 Marks**

**Answer All questions.**

**I. Elaborate on:**

**(3 x 10 = 30)**

1. Define schizophrenia. Explain in detail about etiology signs and role of nurse.
2. Define OCD apply the nursing interventions while patient with OCD.
3. Explain in detail about the behavior therapy and techniques.

**II. Write notes on:**

**(10 x 5 = 50)**

1. Difference between mania and depression.
2. Hypochondriasis.
3. Antidepressants.
4. Psychotherapy techniques.
5. Principles of psychiatric nursing.
6. Acute brain syndrome.
7. Steps in history taking.
8. Types of personality.
9. Mechanism of Lithium.
10. Role of nurse in psychopharmacology.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Define psychoactive substance.
2. Define insight.
3. Stages of mania.
4. Techniques of therapeutic communication.
5. Difference between hallucination and illusion.
6. Admission procedure in mentally ill patients.
7. Process recording.
8. Dementia.
9. Two objectives of National Mental Health Programme.
10. Positive symptoms of schizophrenia.

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**PAPER III – MENTAL HEALTH NURSING**

*Q.P. Code: 841833*

**Time : Three Hours**

**Maximum : 100 Marks**

**Answer All questions.**

**I. Elaborate on:**

**(3 x 10 = 30)**

1. Define ECT? Specify the indications? Elaborate on role of nurse in Pre, Intra, Post ECT procedure.
2. Write in detail about legal responsibilities of mental health nurse.
3. Describe in detail about psychiatric emergencies in psychiatry.

**II. Write notes on:**

**(10 x 5 = 50)**

1. Difference between psychosis and neurons.
2. Characteristics of mentally health person.
3. Principles of psychiatric nursing.
4. Ant anxiety.
5. Role of nursing discharge procedure.
6. Phobic disorders.
7. Group psychotherapy.
8. Care of patient suicide.
9. Difference between mental health act and Indian lunacy act.
10. Crisis intervention.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Side effects of antipsychotics.
2. Define chronic brain syndrome.
3. Types of hallucinations.
4. Define psychiatric nursing.
5. Mention types of admissions in psychiatry.
6. Delirium.
7. Rationalization.
8. Specify two atypical drugs.
9. Define adolescence.
10. Withdrawal symptoms.

**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

**[LR 1220]**

**DECEMBER 2020  
(AUGUST 2020 EXAM SESSION)**

**Sub. Code: 1833**

**DIPLOMA IN HEALTH CARE AIDE  
SECOND YEAR – (Regulation from 2016-2017)  
PAPER III – MENTAL HEALTH NURSING  
Q.P. Code: 841833**

**Time: Three Hours**

**Answer ALL Questions**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(3 x 10 = 30)**

1. Define Mental Illness? Write in detail about principles of Psychiatric nurse.
2. Define Schizophrenia? Explain in detail about etiology, classification and signs and symptoms of Schizophrenia.
3. Define Occupational Therapy? Specify the indications of Occupational Therapy and elaborate on procedure of Occupational Therapy.

**II. Write notes on:**

**(10 x 5 = 50)**

1. Etiology of Mental Illness.
2. Concept of Mental Health.
3. Psychoanalysis.
4. Mental states Examination.
5. Legal responsibilities of Nursing.
6. Admission procedure in Mental Health Nursing.
7. Chronic Brain Syndrome.
8. Technique of Behavior Therapy.
9. Crisis Intervention.
10. Phobic Disorder.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Catatonic Schizophrenia.
2. Stages of Mania.
3. Word Salad.
4. Dissociative Disorder.
5. Delirium.
6. Attention and Concentration.
7. Process Recording.
8. Nihilistic Delusion.
9. Techniques of Psychotherapy.
10. Define Mental Health.

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**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

**[AHS 0122]**

**JANUARY 2022**

**Sub. Code: 1833**

**(FEBRUARY 2021 & AUGUST 2021 EXAM SESSION)**

**DIPLOMA IN HEALTH CARE AIDE  
SECOND YEAR – (Regulation from 2016-2017)  
PAPER III – MENTAL HEALTH NURSING  
*Q.P. Code: 841833***

**Time: Three Hours**

**Answer ALL Questions**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(3 x 10 = 30)**

1. (a) Define acute Psychosis.  
(b) Types of crisis.  
(c) Explain in detail about the Crisis Interventions.
2. Define Organic Mental Disorder. Role of nurse in Chronic Brain Syndrome.
3. Elaborate community services available for Patients with Mental Illness.

**II. Write notes on:**

**(10 x 5 = 50)**

1. Misconceptions towards Mentally Ill.
2. Hypochondriasis.
3. Antimanic Agents.
4. Principles of Psychiatric nursing.
5. Occupational Therapy.
6. Difference between Psychosis and Neurosis.
7. Role of nurse in substance Abuse.
8. Therapeutic nurse patient relationship.
9. Role of nurse in Old Age.
10. Trends in Psychiatric Nursing.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Define Mental Health Nurse.
2. Repression and Regression.
3. Clinical manifestations of Depression.
4. Extra Pyramidal symptoms.
5. Classification of Schizophrenia.
6. Any two Psychosomatic disorder.
7. Test down any four types of Phobia.
8. Systemic Desensitization.
9. Define Insight.
10. Any two Legal Responsibilities.

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**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

**[AHS 0922]**

**SEPTEMBER 2022**

**Sub. Code: 1833**

**(FEBRUARY 2022 & AUGUST 2022 EXAM SESSIONS)**

**DIPLOMA IN HEALTH CARE AIDE  
SECOND YEAR (Regulation from 2016-2017)  
PAPER III – MENTAL HEALTH NURSING  
Q. P. Code: 841833**

**Time: Three hours**

**Maximum : 100 Marks**

**Answer ALL Questions**

**I. Elaborate on:**

**(3 x 10 = 30)**

1. Define Electro Convulsive Therapy. Write the role of Nurse in before, during and after ECT period.
2. Define Therapeutic Nurse – patient relationship. Write the phases and factors determining the effective Nurse-patient relationship.
3. Define Schizophrenia. List its causes and clinical manifestation and draw a Nursing care plan “for a patient with Schizophrenia”.

**II. Write notes on:**

**(10 x 5 = 50)**

1. Phobia.
2. Play Therapy.
3. Anti depressants.
4. Mental status examination.
5. Delirium.
6. National Mental Health Program.
7. Difference between Psychosis and Neurosis.
8. Classification of mental disorder.
9. Mental Health Act.
10. Suicide.

**III. Short answers on:**

**(10 x 2 = 20)**

1. Define delusion.
2. Enlist any three types of Behavior Therapy.
3. List the steps in psychiatric nursing process.
4. List any four psychiatric emergencies.
5. Define Depression.
6. Write two characteristics of a mentally healthy person.
7. Enumerate four signs of violent behavior.
8. Write types of Hallucination.
9. List out indications of Psychoanalysis.
10. Define Anxiety.

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THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[AHS 0423]

APRIL 2023

Sub. Code: 1833

**DIPLOMA IN HEALTH CARE AIDE**  
**SECOND YEAR (Regulation 2016-2017 onwards)**  
**Paper III – MENTAL HEALTH NURSING**  
*Q. P. Code: 841833*

**Time: Three hours**

**Maximum : 100 Marks**

**Answer ALL Questions**

**I. Elaborate on:** **(3 x 10 = 30)**

1. a) Define Depression.  
b) Discuss the Nursing management of a Client with Endogenous Depression.
2. a) List down the indications for Electroconvulsive Therapy.  
b) Explain the role of the Nurse in Electroconvulsive Therapy.
3. a) Define Catatonic Schizophrenia.  
b) List the cardinal sign and symptoms.  
c) Explain the role of Nurse in Administrating Anti Psychotic drugs.

**II. Write notes on:** **(10 x 5 = 50)**

1. Occupational therapy.
2. Mental Health Act 1987.
3. Obsessive Compulsive Disorder.
4. Forensic Psychiatry.
5. Lithium.
6. Borderline Personality Disorder.
7. Extrapyramidal symptoms.
8. Senile dementia.
9. National Mental Health Programme.
10. Mental Status Examination.

**III. Short answers on:** **(10 x 2 = 20)**

1. What is Antabuse?
2. Define Ego.
3. Thought Echo.
4. Perception.
5. Types of Hallucination.
6. Delusion.
7. EPS.
8. Tangentiality.
9. Therapeutic communication.
10. Phobia.

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**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

[AHS 1123]

**NOVEMBER 2023**

**Sub. Code: 1833**

**DIPLOMA IN HEALTH CARE AIDE  
SECOND YEAR (Regulation 2016-2017 onwards)  
Paper III – MENTAL HEALTH NURSING  
Q. P. Code: 841833**

**Time: Three hours**

**Maximum : 100 Marks**

**Answer ALL Questions**

**I. Elaborate on: (3 x 10 = 30)**

1. Explain in detail about the Psychiatric emergencies.
2. Define Mental Health. Write about the characteristics of a mentally healthy person and the trends in Psychiatric Nursing.
3. Define Dementia. List its causes and clinical manifestation and draw a Nursing Care Plan “for a patient with Dementia”.

**II. Write notes on: (10 x 5 = 50)**

1. Management of Aggressive patient.
2. Role of Nurse in Psycho Pharmacology.
3. Techniques of Crisis intervention.
4. Forensic Psychiatry.
5. Admission procedure of mentally ill patients.
6. Family Therapy.
7. Obsessive Compulsive Disorders.
8. Alcohol abuse.
9. Misconceptions towards mentally ill.
10. Basic Rights of Psychiatric patients in Hospital.

**III. Short answers on: (10 x 2 = 20)**

1. Define Insomnia.
2. Enlist the types of Communication.
3. List the steps in history taking.
4. List any four Antidepressants.
5. Define Hypochondriasis.
6. State four Defense mechanisms.
7. Enumerate any two etiologies for Mental illness.
8. Define Psychiatric Nursing.
9. Mention the types of Relationship.
10. Enlist the types of Mood disorders.

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