THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[AHS 0423] APRIL 2023 Sub. Code: 3011

B.Sc. CLINICAL NUTRITION SECOND YEAR (Regulation 2018-2019 onwards) PAPER I – BASIC DIETETICS

Q.P. Code: 803011

Time: Three hours Answer ALL Questions Maximum: 100 Marks

I. Elaborate on: $(3 \times 10 = 30)$

1. Principles of Diet Therapy and Therapeutic Nutrition.

- 2. Diet and Nutrition in Kidney Diseases.
- 3. Psychology of Feeding the patient, assessment of Patient needs.

II. Write notes on: $(8 \times 5 = 40)$

- 1. Dietary management for Obesity.
- 2. List down the foods allowed and avoided in Low residue diet.
- 3. List the Cardiovascular diseases and stages of their development.
- 4. Food exchange list and Hypoglycemia.
- 5. Nutritional care of Cancer patient.
- 6. Diet plan for Diabetes Mellitus.
- 7. Dietary modification for Peptic Ulcer patient.
- 8. Diet Counseling and Nutritional Education follow up.

III. Short answers on:

 $(10 \times 3 = 30)$

- 1. High and Low Calorie Diet.
- 2. Cirrhosis.
- 3. Nephritis.
- 4. Problems in feeding children.
- 5. Bulimia nervosa.
- 6. Galactosemia.
- 7. Maple syrup urine disease.
- 8. Food allergy.
- 9. Functions of Kidney.
- 10. List low Sodium sources of Vegetables and Fruits.
