

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[AHS 0423]

APRIL 2023

Sub. Code: 3015

**B.Sc. CLINICAL NUTRITION
SECOND YEAR - (Regulation 2018-2019 onwards)
PAPER V – FAMILY MEAL MANAGEMENT
Q.P. Code: 803015**

Time: Three hours

Answer ALL Questions

Maximum: 100 Marks

I. Elaborate on:

(3 x 10 = 30)

1. Plan a menu for a Lactating Woman.
2. Discuss the Growth and Development during Infancy.
3. Nutritional requirements during Adulthood.

II. Write notes on:

(8 x 5 = 40)

1. Food guide.
2. Vegetarian Indian meal pattern.
3. Food selection during pregnancy.
4. Food choices during adolescence.
5. Plan a recipe for packed lunch.
6. Nutrition related problems for elderly person.
7. Feeding patterns of preschoolers.
8. Meal planning.

III. Short answers on:

(10 x 3 = 30)

1. Food groups.
2. Diseases caused by stress.
3. Soft diet.
4. Colostrum.
5. Weaning foods.
6. Pica.
7. Signs of vitamin A deficiency.
8. Food faddism.
9. Pregnancy induced hypertension.
10. Low birth weight baby.
