

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[AHS 0424]

APRIL 2024

Sub. Code: 3015

**B.Sc. CLINICAL NUTRITION
SECOND YEAR - (Regulation 2018-2019 onwards)
PAPER V – FAMILY MEAL MANAGEMENT
Q.P. Code: 803015**

Time: Three hours

Answer ALL Questions

Maximum: 100 Marks

I. Elaborate on: (3 x 10 = 30)

1. Physiology of lactation and nutrient requirements during lactation.
2. Nutrition requirement, feeding pattern and Nutrition related problems during Early Childhood.
3. Importance of nutrition during adolescence and factors influencing in achieving the needs.

II. Write notes on: (8 x 5 = 40)

1. Physiological stages of Pregnancy.
2. Factors affecting food intake and nutrition related problem in Geriatric population.
3. Diet therapy.
4. Food faddism and faulty food habits.
5. Principles of Meal Planning for the Family.
6. Role of school lunch on nutrition of school children.
7. Supplementary foods and its types.
8. Indian meal pattern – vegetarian and non-vegetarian.

III. Short answers on: (10 x 3 = 30)

1. What is Balanced diet?
2. What is formula feed?
3. Factor affecting the growth of Pre-schoolers.
4. Importance of planning of Balanced diet.
5. Food selection during pregnancy.
6. Contribution of snacks for nutrition of School children.
7. Nutritional requirement during adulthood.
8. Food groups.
9. What is Recommended Dietary Allowances?
10. What is Anorexia Nervosa?
