

**THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY**

**[MSCN 1223]**

**DECEMBER 2023  
(OCTOBER 2023 EXAM SESSION)**

**Sub. Code: 2328**

**M.Sc. NURSING DEGREE EXAMINATION  
(Regulations for candidates admitted from 2011-2012 Sessions onwards)**

**FIRST YEAR  
PAPER IV – CLINICAL SPECIALITY – I  
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

***Q.P. Code: 302328***

**Time: Three Hours**

**Maximum: 75 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. a) Define Stress.  
b) Explain stress as a biological response and environmental event.  
c) Apply the nursing theory in stress management.
  
2. a) Define behavior therapy.  
b) Explain the indications and techniques of behavior therapy.

**II. Write notes on:**

**(7 x 5 = 35)**

1. Electro convulsive therapy.
2. Challenges of Psychiatric Nurse.
3. Group therapy.
4. Occupational therapy.
5. Uses of yoga in mental health.
6. Theory of object relations.
7. Rights of mentally ill.

\*\*\*\*\*