

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0124]

JANUARY 2024

Sub. Code: 1522

(JUNE 2023 / OCTOBER 2023 EXAM SESSIONS)

**B.N.Y.S. DEGREE EXAMINATION
THIRD YEAR**

(For the candidates admitted from the academic year 2011-12)

PAPER VII – MASSAGE, CHIROPRACTICE OSTEOPATHY & AROMATHERAPY

Q.P. Code: 821522

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Define essential oils and explain in detail about various techniques used in the extraction of aroma oils and methods used in storage of essential oils.
2. Classification of massage movements with its physiological and therapeutic effects.

II. Write Notes on:

(10 x 5 = 50)

1. Massage to head and their indications.
2. Effect of Eucalyptus oil and camphor oil.
3. Basic principles of osteopathy with their benefits.
4. Contraindications of sesame oil and safflower oil.
5. Techniques of chiropractic.
6. Different methods of using essential oils.
7. Rules and regulations followed during massage.
8. Ill effects of aroma oils.
9. Massage to women and their importance.
10. Oils used in Insomnia and dandruff with their benefits.

III. Short Answers on:

(10 x 2 = 20)

1. Define massage.
2. Uses of Grape seed oil.
3. Derivative massage.
4. Myofascial release technique.
5. Side effects of massage.
6. Vibro massage.
7. Oils contraindicated in epilepsy.
8. Oils used for headache.
9. Carrier oils.
10. Father of massage therapy.
