

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0124]

**JANUARY 2024
(OCTOBER 2023 EXAM SESSION)**

Sub. Code: 1525

**B.N.Y.S. DEGREE EXAMINATION
FOURTH YEAR
(For the candidates admitted from the academic year 2011-12)
PAPER III – FASTING & DIET THERAPY**

Q.P. Code: 821525

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain the importance of nutrition during pregnancy. And plan supplementary foods to meet the additional need during 3rd trimester.
2. Explain Coronary heart disease. Add a note on role of diet therapy in the management of CHD.

II. Write Notes on:

(10 x 5 = 50)

1. Role of Vit A in Vision.
2. Effects of diet on plasma lipids.
3. Importance of Iodine.
4. Water balance.
5. PEM and its dietary management.
6. Role of a dietician.
7. Advantages of breastfeeding.
8. Methods of cooking.
9. Diet for constipation.
10. Food intolerance.

III. Short Answers on:

(10 x 2 = 20)

1. Balanced diet.
2. Water fasting.
3. Food Hygiene.
4. Food Combinations.
5. Low residue diet.
6. Trans fatty acids.
7. Paediatric nutrition.
8. Food additives.
9. Phytochemicals.
10. Function of Chromium.
