

**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

**[MD(Y&N) 0324]**

**MARCH 2024  
(OCTOBER 2023 EXAM SESSION)**

**Sub. Code: 1412**

**M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION  
SECOND YEAR  
COMMON TO BRANCH I (NATUROPATHY) AND BRANCH II (YOGA)  
PAPER III – YOGIC PSYCHOLOGY AND PSYCHONEURO-IMMUNOLOGY**

*Q.P. Code: 461412*

**Time: Three hours**

**Answer ALL Questions**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Yoga of Bhagavad Gita and Natural Immunity by Yoga.
2. Endocrine effects of Immunity.

**II. Write notes on:**

**(10 x 6 = 60)**

1. Neuro Inflammation and behaviour.
2. Hypothalamic – Pituitary – Ovarian axis.
3. Laya Yoga and Keerthi Yoga.
4. Yogic concept of disease.
5. Oncogenes and Proto oncogenes with examples.
6. Visual reflexes and name the extraocular Muscles.
7. Modern Psychological classification of mind.
8. Root cause of Tension – explain.
9. Importance of Pineal gland and explain functions and secretion of melatonin.
10. Psycho analysis and its evolution.

\*\*\*\*\*