

THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY

[PBBSCN 1123]

**NOVEMBER 2023
(AUGUST 2023 EXAM SESSION)**

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

(Regulations for candidates admitted from 2010-2011 Session onwards)

**FIRST YEAR
PAPER II – NUTRITION AND DIETETICS**

Q.P. Code: 684883

Time: Two Hours

Maximum: 35 Marks

I. Elaborate on:

(1 x 15 = 15)

1. Discuss in detail about principles of Diet, Dietary modification and importance of Diet therapy for Chronic Renal Failure Patients.

II. Write notes on:

(2 x 5 = 10)

1. Give a brief note on importance of Weaning and write any two Weaning food preparations.
2. Explain about importance and need of Nutritional support in Pregnancy and Lactation.

III. Short answers on:

(5 x 2 = 10)

1. List down the foods to be included and avoided in Cirrhosis.
2. Give any four examples of Dietary Fibre.
3. Give any two objectives of Mid- day Meal programme.
4. Any four symptoms of Iron Deficiency Anaemia.
5. Give two examples for Clear Fluid Diet.
