

[LN 1522]

AUGUST 2018

Sub. Code: 1522

THIRD B.N.Y.S. DEGREE EXAMINATION

**PAPER VII – MASSAGE, CHIROPRACTICE OSTEOPATHY AND
AROMATHERAPY**

Q.P. Code : 821522

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. a) Massage therapy for paralysis.
b) Aromatherapy for anxiety and depression.
2. Describe the effects, indications and contraindications of friction and percussion movements.

II. Write Notes on:

(10 x 5 = 50)

1. Write a note on Chiropractice.
2. Joint movement, its types and effects.
3. Facial massage – procedure, effects and indications and contraindications.
4. Bergamot, its properties, benefits, indications and contraindications.
5. Difference between Ayurvedic and Swedish massage.
6. Rosemary, its properties, benefits, indications and contraindications.
7. Aromatherapy for Jaundice.
8. Effect of massage on Nervous system.
9. Distillation process and purification of Aroma oils.
10. Massage for children and infants.

III. Short Answers on:

(10 x 2 = 20)

1. Navarakizhi.
2. Define basil oil.
3. Dry brush massage.
4. Precautions of massage for sensitivity of skin.
5. Massage movements indicated for Hypertension.
6. Thumb kneading.
7. Kellog's method.
8. Define Osteopathy.
9. Uses of Vetriver.
10. Toogi Toogi.
