

[LQ 1521]

FEBRUARY 2020

Sub. Code: 1521

**THIRD B.N.Y.S. DEGREE EXAMINATION**  
**PAPER VI – NUTRITION AND HERBOLOGY**

*Q.P. Code : 821521*

**Time: Three Hours**

**Maximum : 100 Marks**

**Answer All questions**

**I. Essay Questions:**

**(2 x 15 = 30)**

1. Explain about Nutritional requirement during Pregnancy and Lactation.
2. Explain about : i) Jeera ii) Barley iii) Tulsi

**II. Write Notes on:**

**(10 x 5 = 50)**

1. Note on Nutrition and Immunity.
2. Note on Zingiber officinale.
3. Write on Nutritional education.
4. Non-nutrient food components.
5. Nutritive and therapeutic value of Lotus.
6. Note on Water balance in the body.
7. Nutritional programmes.
8. Factors influencing Basal Metabolic Rate.
9. Properties and uses of Emblica officinalis.
10. Write a note on nutritional diagnosis.

**III. Short Answers on:**

**(10 x 2 = 20)**

1. Nutritive value of Honey.
2. What is Xenobiotics?
3. Nutrients in Milk.
4. Vitamin B2 deficiency.
5. Iron rich foods.
6. Properties of Pomegranate.
7. Define Calorie.
8. What is Curcumin?
9. Dietary Fibre.
10. Composition of Starch.

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