

**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

[AHS 0122]

**JANUARY 2022**

**Sub. Code: 3023**

**(FEBRUARY 2021 & AUGUST 2021 EXAM SESSION)**

**B.Sc. CLINICAL NUTRITION  
THIRD YEAR – (Regulation from 2018-2019)  
PAPER III - DIETETICS COUNSELING  
Q.P. Code : 803023**

**Time: Three hours**

**Answer ALL Questions**

**Maximum: 100 Marks**

**I. Elaborate on:**

**(3 x 10 = 30)**

1. Conceptualizing entrepreneurs skills and behavior.
2. Plan, Execute and a nutrition counselling program on Diabetes mellitus.
3. Explain the basic communication required for a dietician.

**II. Write notes on:**

**(8 x 5 = 40)**

1. Determining the role of nutrition counselor.
2. How important is social and behavior change for communication.
3. Use of computers by dietician.
4. Types of listening.
5. Prepare a teaching material for a patient suffering from Hepatitis.
6. Prepare a diet chart for cirrhosis patients using frequency table.
7. Factors affecting individual food sources.
8. Discuss the importance of body language in counseling.

**III. Short answers on:**

**(10 x 3 = 30)**

1. Different types of approaches to counseling.
2. Define verbal and non-verbal communication.
3. What is counselling therapies?
4. How do you end a counselling session?
5. What do you mean by information storage?
6. Communication skills.
7. Client management care.
8. Define counseling.
9. Communication and conflict management.
10. Regression test.

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