THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[AHS 0522] MAY 2022 Sub. Code: 3302

POST GRADUATE DIPLOMA IN DIABETES EDUCATION (From 2011-2012 onwards) PAPER II – MANAGEMENT OF DIABETES AND DIABETES EDUCATION Q.P. Code: 363302

Time: Three hours Answer ALL Questions Maximum: 100 Marks

I. Elaborate notes on:

 $(2 \times 20 = 40)$

- 1. A 41 year old Male with no significant past medical history, presents to the OPD with complaints of an abscess on his back, further testing and examination reveals RBS 298 mg/dl, HbA1c 8.9%. He denies a family history of Type 2 diabetes. He is lean and signs of insulin resistance on examination. Discuss in detail your clinical approach to this patient including diagnosis and management.
- 2. Enumerate the complications of diabetes. Describe the pathogenesis, clinical features and management of Diabetic Neuropathy.

II. Write Short Notes on:

(10x6 = 60)

- 1. CANVAS trial.
- 2. SMBG.
- 3. Patient education to prevent Hypoglycemia Add note on drugs with high risk of Hypoglycemia.
- 4. Incretin defect in type 2 diabetes.
- 5. Diet advice to a patient with newly detected diabetes.
- 6. Lab diagnosis and management of diabetic Nephropathy.
- 7. Use of Metformin in CKD.
- 8. Obstructive sleep Apnea.
- 9. Weight management in patients with diabetes.
- 10. Charcot foot.
