

**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

**[MD(Y&N) 1122]**

**NOVEMBER 2022  
(OCTOBER 2022 EXAM SESSION)**

**Sub. Code: 1416**

**M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION  
SECOND YEAR  
BRANCH III – ACUPUNCTURE AND ENERGY MEDICINE  
PAPER III – ADVANCED THERAPEUTICS, PSYCHOLOGY IN AEM AND INDIAN  
MEDICAL SCIENCES IN RELATION WITH AEM  
*Q.P. Code: 461416***

**Time : Three hours**

**Answer ALL Questions**

**Maximum : 100 Marks**

**I. Elaborate on:**

**(2 x 20 = 40)**

1. Explain about roots of disease and pancha kosha diagnosis.
2. Marma and Acupuncture – Its Origin, History, Principles, types of Marmam.

**II. Write notes on:**

**(10 x 6 = 60)**

1. Benefits of vegetarian diet.
2. Research findings in Yoga Nidra.
3. Scientific truths behind religious rituals.
4. Yogic psychology.
5. 60 points of command.
6. Body mind balancing techniques: Kinesiology.
7. Basic principles of workout of Taichi.
8. Muscles which are acting during the practice of pachimottanasana including kinematics of paschimottanasana.
9. Three dhoshas and food.
10. Pharmacokinetics of herbs.

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