

THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY

[PBBSCN 1122]

**NOVEMBER 2022
(AUGUST 2022 EXAM SESSION)**

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

(Regulations for candidates admitted from 2010-2011 Session onwards)

**FIRST YEAR
PAPER II – NUTRITION AND DIETETICS**

Q.P. Code: 684883

Time: Two Hours

Maximum: 35 Marks

I. Elaborate on:

(1 x 15 = 15)

1. a) Types of Routine Hospital Diet.
b) The role of ICDS in detail.

II. Write notes on:

(2 x 5 = 10)

1. Explain the Nutritional requirement needed for the diabetic patients.
2. Discuss on different types of supplementary foods for infants.

III. Short answers on:

(5 x 2 = 10)

1. Define Complex Carbohydrate.
2. Write any four functions of Folic acid.
3. List the sources of Antioxidant rich foods.
4. Define Boikost.
5. Write the principles of diet for CVD.
