

[LN 1412]

OCTOBER 2018

Sub. Code: 1412

**M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION**

**BRANCH I & II – (NATUROPATHY AND YOGA)**

**SECOND YEAR**

**PAPER III – YOGIC PSYCHOLOGY AND PSYCHONEURO-IMMUNOLOGY**

*Q.P. Code : 461412*

**Time: Three Hours**

**Maximum : 100 Marks**

**Answer All questions**

**I. Essay Questions:**

**(2 x 20 = 40)**

1. Explain in detail about Neural effects on Immunity.
2. Psycho Neuro Immunological pathways involved in Acute Coronary syndrome.

**II. Short Notes on:**

**(10 x 6 = 60)**

1. Allergic Bronchitis and stress.
2. Yogic counselling in post traumatic stress disorder.
3. Auto Immune disorders.
4. Action of cytokines in the brain.
5. Wound healing related to stress.
6. Swara Yoga and diagnosis.
7. Yogic lifestyle.
8. Anatomy of the Koshas.
9. Neuro Inflammation and behaviour.
10. The role of sleep in Immune system.

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