

[LN 1413]

OCTOBER 2018

Sub. Code: 1413

M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION

BRANCH II – (YOGA)

SECOND YEAR

PAPER II – APPLIED BASIC MEDICAL SCIENCES AND YOGA

Q.P. Code : 461413

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 20 = 40)

1. Write in detail about the procedure, the therapeutic indication, contra indications and benefits of shankhaprakshalana and Gaja karma Kriya.
2. Various routes of Drug Administration.

II. Short Notes on:

(10 x 6 = 60)

1. Write precautions, contraindications and benefits of Moorchha Pranayama.
2. Write contraindications and benefits of Jalandhara Bandha.
3. Write a very brief answer on benefits of Vipareeta Karni Mudra.
4. What are the indications and contraindications of Jalaneti?
5. Mention stages of Nauli and its few benefits.
6. Maximum voluntary ventilation.
7. Cause of Hypoventilation and hyperventilation.
8. Hypoxia and Oxygen therapy.
9. Types of abnormal breathing patterns.
10. Properties of Mucus in the gastrointestinal tract.
