

[LN 1422]

OCTOBER 2018

Sub. Code: 1422

M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION

BRANCH II – YOGA

THIRD YEAR

PAPER IV – CLINICAL YOGA

Q.P. Code : 461422

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 20 = 40)

1. Clinical examination of the patient with diabetes and justify any three yoga prescription for type 2 Diabetes mellitus.
2. Coronary heart diseases - stable and unstable angina, myocardial infarction and justify your yoga therapy for CHD patients.

II. Short Notes on:

(10 x 6 = 60)

1. Yogic Basti mechanism, types and Disorders of Defecation.
2. Visama Vritti Pranayama, Pratiloma Pranayam, Sahita and kevala Kumbhaka Pranayama.
3. Refractive Disorders of eyes and Eight yoga exercises for the eyes.
4. Spondylolysis and spondylolisthesis.
5. Causes, features of Polycystic ovarian syndrome and justify your yoga treatment.
6. Eleven Clinical features of Acromegaly.
7. Causes of neck pain and limitations of yoga in neck pain.
8. Aetiology, clinical features and diagnosis of Irritable Bowel syndrome.
9. Thyroid Function Test including antibody tests and justify your yoga prescription for Hypothyroidism.
10. Psychological disorders and mechanism of yoga nidra.
