

[LP 1412]

OCTOBER 2019

Sub. Code: 1412

**M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION**

**BRANCH I & II – (NATUROPATHY AND YOGA)**

**SECOND YEAR**

**PAPER III – YOGIC PSYCHOLOGY AND PSYCHO-NEURO IMMUNOLOGY**

*Q.P. Code : 461412*

**Time: Three Hours**

**Maximum : 100 Marks**

**Answer All questions**

**I. Essay Questions:**

**(2 x 20 = 40)**

1. Abnormal psychology related to Psychoneuro Immunology.
2. Immune Mechanism.

**II. Short Notes on:**

**(10 x 6 = 60)**

1. Mechanism of exercises in immunity.
2. Defense through Fever and Inflammation.
3. Immunoglobulins.
4. Mechanical immunity.
5. Properties of Tattwas.
6. Twenty features of Mooladhara.
7. Prana Shuddhi and Physiology of Nadi Shodana.
8. Tantra Yoga.
9. Yogic way of Life.
10. Yoga of the Gita.

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