

**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

**[MD(Y&N) 1021]**

**OCTOBER 2021  
(OCTOBER 2020 EXAM SESSION)**

**Sub. Code: 1402**

**M.D. (YOGA & NATUROPATHY) DEGREE EXAMINATION  
FIRST YEAR**

**BRANCH II – YOGA**

**PAPER I – PHILOSOPHY AND PRACTICES OF DIFFERENT SCHOOLS OF YOGA**

***Q.P. Code : 461402***

**Time : Three hours**

**Answer ALL Questions**

**Maximum : 100 Marks**

**I. Essay Questions:**

**(2 x 20 = 40)**

1. Write all the Patanjali's Yogasutras from Kaivalya Pada.
2. Write Fourty Aphorisms of Patanjali from Samadhipada.

**II. Short Notes on:**

**(10 x 6 = 60)**

1. Hatha Ratnavali.
2. Yogi paramahansa yogananda.
3. Six systems of indian Philosophy.
4. Yoga in Bhagawad gita.
5. PanchaDharana as per Gheranda Samhita.
6. Adikaara yoga.
7. Chhayopasanaa and draw tattwa yantras.
8. Karma Kanda and Jnana Kanda as per Siva Samhita.
9. Features of Mandukya Upanishad.
10. Functions of the Thinking principles.

**\*\*\*\*\***