

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 1021]

**OCTOBER 2021
(OCTOBER 2020 SESSION)**

Sub. Code: 1521

**B.N.Y.S. DEGREE EXAMINATION
THIRD YEAR**

(For the candidates admitted from the academic year 2013-14)

PAPER VI – NUTRITION AND HERBOLOGY

Q.P. Code : 821521

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail about the causes of malnutrition, disease prevention and specific managements.
2. Write a notes on a) Azadirachta indica b) Withania somnifera c) Caica papaya.

II. Write Notes on:

(10 x 5 = 50)

1. Functions of Vitamin D.
2. Anthropometry assessment.
3. Anti nutritional factors.
4. Adverse effects of alchohol.
5. RDA for Pregnancy.
6. Mid- day meal Program.
7. Cuminum cyminum.
8. Adverse effects of using Plastic vessels.
9. Anemia and its management.
10. Determination of BMR.

III. Short Answers on:

(10 x 2 = 20)

1. Advantage of water.
2. Nelumbo nucifera.
3. Five food groups and Examples.
4. Referred Women and Men.
5. Nutritive value of Fenu greek.
6. Adverse effects of food additives.
7. Trans fat and Side effects.
8. Geriatric diet.
9. Use of dairy products.
10. Over nutrition.
