

**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

**[BNYS 1022]**

**OCTOBER 2022  
(FEBRUARY 2022 & MAY 2022 SESSIONS)**

**Sub. Code: 1522**

**B.N.Y.S. DEGREE EXAMINATION  
THIRD YEAR**

**(For the candidates admitted from the academic year 2011-12)  
PAPER VII – MASSAGE, CHIROPRACTICE OSTEOPATHY &  
AROMATHERAPY  
Q.P. Code : 821522**

**Time: Three Hours**

**Answer ALL questions**

**Maximum : 100 Marks**

**I. Essay Questions:**

**(2 x 15 = 30)**

1. Define Massage and classification of various movements of massage. Explain in detail about kneading movement, types and its physiological effects.
2. Describe about extraction, selection and usage of aroma oils.

**II. Write Notes on:**

**(10 x 5 = 50)**

1. Write a note on Basil, its properties, benefits, indications and contraindications.
2. Explain about Osteopathy.
3. Massage for pregnancy.
4. Physiological effects of massage upon nervous system.
5. Massage therapy for constipation.
6. Write a short note on reflexology massage.
7. Write notes on carrier oils.
8. Rules and Regulations of masseur.
9. Aromatherapy for dandruff.
10. Effect of massage on Circulation.

**III. Short Answers on:**

**(10 x 2 = 20)**

1. Skin patch test.
2. Hoffinger's method.
3. Define chiropractic.
4. Uses of bergamot.
5. Adverse effects of aroma oils.
6. Spiral friction.
7. Which Massage movements in indicated for varicose vein?
8. How essential oils are used as Diffuser?
9. Property of carrot oil.
10. "Amma" massage.

\*\*\*\*\*