

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[MPT 0921]

**SEPTEMBER 2021
(MAY 2021 EXAM SESSION)**

Sub. Code: 8186

**MPT DEGREE EXAMINATION
SECOND YEAR - (Regulations for the candidates admitted from 2018-2019)
SPECIALITY PAPER II – PHYSIOTHERAPY INTERVENTIONS
BRANCH VI – PHYSIOTHERAPY IN OBSTETRICS AND GYNAECOLOGY
*Q.P. Code : 278186***

Time : Three hours

Answer ALL Questions

Maximum : 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. A 23-year-old postnatal mother, who delivered a live female baby 2 months before, has been referred to the physiotherapist for a postnatal exercise session.
 - a) Prepare a postnatal assessment for this patient.
 - b) Plan individualized physiotherapy protocol suitable for this patient.
2. Discuss the risk factors of fall. How do you prevent falls and maintain mobility and independence in an osteoporotic patient?

II. Write notes on:

(10 x 6 = 60)

1. Use of biofeedback in pelvic floor rehabilitation.
2. Breathing in the first stage of labor.
3. Types of hysterectomy.
4. Common discomforts of pregnancy.
5. Benefits of exercise in pregnancy.
6. Principles of manual lymphatic drainage.
7. Contraindications to electrotherapy for pelvic floor muscles.
8. Restless leg syndrome.
9. Physiotherapy management of sacroiliac joint dysfunction.
10. Fetal malpresentation.
