

[PBBSCN 0921]

SEPTEMBER 2021
(FEBRUARY 2021 SESSION)

Sub. Code: 4883

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

FIRST YEAR – NON SEMESTER

PAPER II – NUTRITION AND DIETETICS

Q.P. Code: 684883

Time: Two Hours

Maximum: 35 Marks

I. Elaborate on:

(1 x 15 = 15)

1. Define nutritional status. Discuss methods of nutritional assessment.

II. Write notes on:

(2 x 5 = 10)

1. Food additives.
2. Plan a menu for 50 year old male suffering from chronic kidney disease.

III. Short answers on:

(5 x 2 = 10)

1. Write four foods rich in Vitamin K.
2. Define empty calorie.
3. Write difference between water soluble and fat soluble vitamins.
4. What is trans fat?
5. What is bland diet?
