

MARCH 2009

[KU 421]

Sub. Code: 2328

M.Sc (Nursing) DEGREE EXAMINATION

First Year

(Regulations for candidates admitted from 2008-2009 Session onwards)

Paper IV – CLINICAL SPECIALITY - 1

Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays:

(2 x 20=40)

1. Define stress. Explain psychological adaptation to stress. Discuss nurse's role in the management of stress.
2. Discuss briefly normal reaction and problems related to pregnancy and puerperium. How do you manage these problems? Write a note on premarital counseling.

II. Write Short Notes on :

(7 x 5 = 35)

1. Mental Health and Mental illness.
2. Neuro psychiatric disorders.
3. Cognitive development theory.
4. Assertive training.
5. Components of self concepts and its manifestations in low self- esteem.
6. Mental status examination.
7. Electro convulsive therapy.

SEPTEMBER 2009

[KV 421]

Sub. Code: 2328

M.Sc (Nursing) DEGREE EXAMINATION

First Year

(Regulations for candidates admitted from 2008-2009 Session onwards)

Paper IV – CLINICAL SPECIALITY – 1

Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays:

(2 x 20=40)

1. Discuss in detail about the role of the nurse in electro convulsive therapy.
2. How will you establish, maintain and terminate a therapeutic nurse patient relationship.

II. Write Short Notes on :

(7 x 5 = 35)

1. Mental status examination.
2. Neurotransmitters.
3. National mental health programme.
4. Side effects of anti psychotics.
5. Standards of psychiatric nursing practice
6. Sullivan's interpersonal theory.
7. Therapeutic impasses and its management.

MARCH 2010

[KW 421]

Sub. Code: 2328

M.Sc (Nursing) DEGREE EXAMINATION

First Year

(Regulations for candidates admitted from 2008-2009 Session onwards)

Paper IV – CLINICAL SPECIALITY – 1

Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays:

(2 x 20=40)

1. a) Define theory. **(2)**
b) Enumerate the types of theory. **(6)**
c) Explain the cognitive development theory in detail. **(12)**
2. a) Explain the normal reaction to conception, pregnancy and puerperium. **(5)**
b) Problems related to conception, pregnancy and puerperium. **(7)**
c) Counselling process in premarital, marital and genetic – write in detail. **(8)**

II. Write Short Notes on :

(7 x 5 = 35)

1. Occupational therapy.
2. Explain about the documentation process in problem - oriented recording and focus charting.
3. Effect of herbal medicine on mental health.
4. Psychoanalytic's theory - Freud's.
5. Standards of psychiatric nursing.
6. Explain the stress management.
7. Implications for nursing in psychobiology.

SEPTEMBER 2010

[KX 421]

Sub. Code: 2328

M.Sc (Nursing) DEGREE EXAMINATION

First Year

(Regulations for candidates admitted from 2008-2009 Session onwards)

Paper IV – CLINICAL SPECIALITY – 1

Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays:

(2 x 20=40)

1. a) Define Stress.
b) Explain the stress as a Biological response and environmental event.
c) Apply the Nursing theory in stress management.
2. a) Explain communication process in detail.
b) Techniques and Therapeutic attitudes of communication.
c) Barriers of communication.

II. Write Short Notes on :

(7 x 5 = 35)

1. Explain the role of the Nurse in promoting self-esteem.
2. Erikson theory.
3. Role of the Nurse in Psychopharmacological therapy:
 - i) Mood stabilizers
 - ii) Anti-Anxiety agents.
4. Mental status examination.
5. Use of Yoga in mental health.
6. Classification of mental illness:- ICD.
7. Behavioural therapy.

APRIL 2011

[KY 421]

Sub. Code: 2328

M.Sc (Nursing) DEGREE EXAMINATION

First Year

(Regulations for candidates admitted from 2008-2009 Session onwards)

Paper IV – CLINICAL SPECIALITY – 1

Branch V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

Time : Three hours

Maximum : 100 marks

Answer All questions.

I. Essays:

(2 x 20=40)

1. Mr. Arul 25 years got admitted at Acute condition with severe psychotic features
 - a) Define communication.
 - b) Explain how will you communicate with the patient and the family members.
2. Mr. Anil 35 years old get admitted with Psychiatric features for the chemical management.
 - a) Classify Neuroleptics.
 - b) Explain Antipsychotics including pharmaco dynamics and pharmaco kinetics.

II. Write Short Notes on :

(10 x 6=60)

1. Interpersonal theory.
2. ICD-10.
3. Therapeutic community.
4. Individual therapy.
5. Mood stabilizer.
6. Self esteem.
7. Counselling.
8. Critical pathway of care.
9. Neurological assessment.
10. National mental health programme.

October 2011

[KZ 421]

Sub. Code: 2328

M.Sc (Nursing) DEGREE EXAMINATION

FIRST YEAR

(Regulations for candidates admitted from 2008-2009 Session onwards)

PAPER IV – CLINICAL SPECIALITY – 1

BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code : 302328

**Time : 3 hours
(180 Min)**

Maximum : 100 marks

Answer ALL questions in the same order.

I. Elaborate on :

	Pages (Max.)	Time (Max.)	Marks (Max.)
1. a) Define therapeutic nurse-patient relationship and explain the conditions essential for development of it.	15	40	20
b) Discuss in detail about various phases of relationship and the tasks associated with each phase.			
2. a) Define behaviour therapy.			
b) Discuss in detail about various techniques used to modify the patient's behaviour.	15	40	20

II. Write notes on :

1. Circadian Rhythms.	3	10	6
2. Sullivan's Interpersonal Theory.	3	10	6
3. Rights of mentally ill.	3	10	6
4. Concept mapping in psychiatric nursing.	3	10	6
5. Use of pet therapy in mental health.	3	10	6
6. Occupational therapy.	3	10	6
7. Mini mental status examination.	3	10	6
8. Non therapeutic communication techniques.	3	10	6
9. Psycho analytic therapy of Freud's.	3	10	6
10. Standards of psychiatric nursing.	3	10	6

[LA 421]

MAY 2012

Sub. Code: 2328

**M.Sc (Nursing) DEGREE EXAMINATION
FIRST YEAR**

(Regulations for candidates admitted from 2008-2009 Session onwards)

PAPER IV – CLINICAL SPECIALITY – 1

BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

**Time: 3 hours
(180 Min)**

Maximum: 100 marks

Answer ALL questions in the same order.

I. Elaborate on:

**Pages Time Marks
(Max.) (Max.) (Max.)**

- | | | | |
|--|----|----|----|
| 1. Mr. Felix 30 years old admitted with the complaints of catatonic feature. Psychiatrist suggests physical treatment along with the neuroleptics. | | | |
| a) Define E.C.T. with historical perspectives. | 17 | 40 | 20 |
| b) What are the indication and contra indications? | | | |
| c) How E.C.T. works? Explain with side effects complications with nurse's role. | | | |
| 2. Discuss briefly normal reaction and problems related to pregnancy and puerperium. How do you manage these problems? Write a note on pre-marital counseling. | 17 | 40 | 20 |

II. Write notes on:

- | | | | |
|---|---|----|---|
| 1. Psycho-social development. | 4 | 10 | 6 |
| 2. Anxiolytic agents. | 4 | 10 | 6 |
| 3. Milieu therapy. | 4 | 10 | 6 |
| 4. Family therapy. | 4 | 10 | 6 |
| 5. Autonomic nervous system. | 4 | 10 | 6 |
| 6. Psychological adaptation to stress and management. | 4 | 10 | 6 |
| 7. Application of techniques that promote assertive behaviour. | 4 | 10 | 6 |
| 8. Psycho immunology and its implications for psychiatric illness. | 4 | 10 | 6 |
| 9. Application of appropriate alternative system of medicine in mental health problems. | 4 | 10 | 6 |
| 10. Nurses role in behavioural therapy. | 4 | 10 | 6 |

[LB 421]

NOVEMBER 2012

Sub. Code: 2328

First Year M.Sc - NURSING EXAM

PAPER IV – CLINICAL SPECIALITY – 1

BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: 3 hours
(180 Min)

Maximum: 100 marks

Answer ALL questions in the same order.

I. Elaborate on :

	Pages (Max.)	Time (Max.)	Marks (Max.)
1. a) Define Mental Health and Mental illness. Explain the factors influencing development of Mental Health.	17	40	20
b) Explain the ICD Classification of Mental illness.			
2. a) Define Mileu therapy. Explain the role of the Mental Health Nurse in Mileu Therapy.	17	40	20
b) Explain the role of the Nurses in Psychopharmacological therapy.			

II. Write notes on:

1. Psychoimmunology.	4	10	6
2. Psychological adaptation to stress.	4	10	6
3. Peplau's interpersonal theory.	4	10	6
4. Barriers of therapeutic communication.	4	10	6
5. Manifestations of low self esteem.	4	10	6
6. Genetic counselling.	4	10	6
7. Mental status Examination.	4	10	6
8. Yoga and Mental Health.	4	10	6
9. Behaviour Therapy.	4	10	6
10. Drugs used in ECT.	4	10	6

[LC 421]

APRIL 2013

Sub. Code: 2328

First Year M.Sc - NURSING EXAM
PAPER IV – CLINICAL SPECIALITY – 1
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING
Q.P. Code: 302328

Time: 3 hours

Maximum: 100 marks

I. Elaborate on:

(2X20=40)

1. a. Define personality.
b. Enumerate the types of personality developmental theory.
c. Explain in detail Eric Ericson's developmental theory in detail.
2. a. Explain the psychological aspect of a pregnant mother.
b. Problems related to conception, pregnancy and Puerperium.
c. Write in detail about Marital counseling.

II. Write Notes on:

(10X6=60)

1. Neuro transmitters
2. Stress adaptation theory
3. Therapeutic communication
4. Assertive behavior
5. Yoga
6. Mental health and Mental illness
7. Cognitive behavioral therapy
8. Neuroleptics
9. Mental status examination
10. Role of nurse in promoting self esteem

[LD 421]

OCTOBER 2013

Sub. Code: 2328

M.Sc., (NURSING) DEGREE EXAMINATION

FIRST YEAR

PAPER IV – CLINICAL SPECIALITY - 1

BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three Hours

Maximum: 100 marks

Answer ALL questions in the same order.

I. Elaborate on:

(2 x 20 = 40)

1. a. Historical perspectives of mental health and mental health nursing
b. Trends and issues in mental health nursing
2. a. Define behavioural therapy
b. Discuss the theories behind behavioural therapy
c. Narrate the techniques of behavioural therapy

II. Write Notes on:

(10 x 6 = 60)

1. Cognitive development theory – Piaget's
2. Role of genetics in mental illness
3. Do's and don'ts of a nurse in psychopharmacological therapy
4. Types of Electro convulsive therapy
5. Dietary management of patient with mental illness
6. List down high risk individuals and groups for therapeutic communication
7. Basic human rights
8. Counseling
9. Suicide prevention
10. Stress management

[LE 421]

APRIL 2014

Sub. Code: 2328

M.Sc - NURSING DEGREE EXAMINATION

FIRST YEAR

PAPER IV – CLINICAL SPECIALITY – I

BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: 3 hours

Maximum: 75 marks

I. Elaborate on:

(2X20=40)

1. a. Define Communication. Discuss the techniques of therapeutic communication in phases of nurse patient relationships
- b. Explain the factors that determine an effective nurse – patient relationship.
2. a. Describe in detail anti depressant drugs
- b. Discuss the role of nurses in administration of drugs to mentally ill patients.

II. Write Notes on:

(7X5=35)

1. Behavior therapy
2. Role of nurses in pre-electro convulsive therapy
3. Therapeutic community
4. Ericson's theory of psycho social development
5. Characteristics of a Mentally healthy person
6. Extra pyramidal side effects
7. Techniques promoting assertive behavior

[LF 421]

OCTOBER 2014

Sub. Code: 2328

M.Sc., (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)
FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three hours

Maximum: 75 marks

I. Elaborate on:

(2 x 20 = 40)

1. a) Define Mental Health Nursing. Describe the concept of normalcy and abnormalcy.
b) Explain Freud's Psycho analytic theory in detail.
2. a) What are the objectives of National Mental Health Programme in India?
How can these objectives be achieved?
b) Explain the role of the nurse in community mental health programme.

II. Write notes on:

(7 x 5 = 35)

1. Post – partum psychosis
2. Development of self esteem
3. Systematic desensitization
4. Nurse patient relationship
5. Neuro transmitters
6. Lithium toxicity
7. Half way homes

[LG 421]

APRIL 2015

Sub. Code: 2328

M.Sc., (NURSING) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Session onwards)

FIRST YEAR

BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

PAPER IV – CLINICAL SPECIALITY - I

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 marks

Answer All questions

I. Elaborate on:

(2 x 20 = 40)

1. a) Describe the trends in the field of mental health and mental health nursing.
b) Discuss the issues in the field of mental health and mental health nursing.
2. a) Describe the phases of nurse patient relationship in detail.
b) Discuss in detail on stress management.

II. Write notes on:

(7 x 5 = 35)

1. Behavior therapy.
2. ICD classification of mental illness.
3. Post partum depression.
4. National mental health program.
5. Mental Health Act.
6. Antipsychotics.
7. Freud's Psychoanalytic theory.

[LH 421]

OCTOBER 2015

Sub. Code: 2328

M.Sc., (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)
FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three hours

Maximum: 75 marks

I. Elaborate on:

(2 x 20 = 40)

1. a) Define Mental Health and discuss the continuum of Mental Health - mental illness.
b) Describe the characteristics of a mentally healthy individual.
2. a) Define Electro convulsive therapy and List out the indications, contra indications, mechanism of action and side effects of ECT.
b) Discuss the role of the nurse in administering Electro convulsive therapy for a mentally ill client.

II. Write notes on:

(7 x 5 = 35)

1. Human rights of mentally ill.
2. Psychoimmunology.
3. Stress management Strategies.
4. Therapeutic attitude.
5. Assertive communication.
6. Mood stabilizers.
7. Family Therapy.

[LI 421]

APRIL 2016

Sub. Code: 2328

M.Sc., (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)
FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three hours

Maximum: 75 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Define Stress. Brief on the concepts of Stress. Discuss in detail about Stress as a transaction between the individual and the Environment. Add a note on various Stress Management techniques.
2. Define Psychopharmacology. Enumerate the characteristics of an ideal Psychotropic Drug. Classify Psychopharmacological Drug. Explain in detail about Anti Psychotic Drugs. Add a note on the role of nurse in Psychopharmacological therapy.

II. Write notes on:

(7 x 5 = 35)

1. Standards of Psychiatric Nursing.
2. Circadian Rhythms.
3. Theory of Psychosocial development.
4. Therapeutic Communication.
5. Normal reactions of women to Pregnancy.
6. Guided imagery technique.
7. Group therapy.

[LJ 421]

OCTOBER 2016

Sub. Code: 2328

**M.Sc. (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)
FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three hours

Maximum: 75 Marks

I. Elaborate on: (2 x 20 = 40)

1. a) Define personality and the theories of personality and development.
b) Explain in detail about psychoanalytic theory.
2. a) Discuss about the expanded role of psychiatric nursing.
b) Describe the ICD Classification of mental illness.

II. Write notes on: (7 x 5 = 35)

1. National mental health programme.
2. Assertive behaviour.
3. Anti depressants.
4. Care of patient after ECT.
5. Behaviour therapy.
6. Techniques of therapeutic communication.
7. Stress management techniques.

[LK 421]

MAY 2017

Sub. Code: 2328

M.Sc. (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)
FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. a) What is behaviour therapy? Discuss the techniques of behaviour therapy.
b) Explain in detail about group therapy.
2. Describe the trends and issues in mental health.

II. Write notes on: **(7 x 5 = 35)**

1. Neurotransmitters.
2. Indications and contraindications of electro convulsive therapy.
3. Anti-anxiety drugs.
4. Standards of psychiatric nursing.
5. Occupational therapy.
6. Phases of therapeutic nurse-patient relationship.
7. Assertive communication.

[LL 421]

OCTOBER 2017

Sub. Code: 2328

**M.Sc. (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)
FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three hours

Maximum: 75 Marks

I. Elaborate on: (2 x 20 = 40)

1. a) Define psychiatric nursing.
b) Discuss the standards, challenges, scope, extended and expanded role of psychiatric nursing.
2. a) Differentiate the various response pattern of human being.
b) Explain the different techniques that promote assertive behavior with example.

II. Write notes on: (7 x 5 = 35)

1. Minor tranquilizers.
2. Group therapy.
3. Role of psychiatric nurse in ECT.
4. Mental status examination.
5. Problems related to puerperium.
6. Bio-psychosocial response to stress.
7. Neuro-psychiatric disorders.

[LM 421]

MAY 2018

Sub. Code: 2328

M.Sc. (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)
FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. a) Define mental health and mental illness. Explain the factors influencing development of mental health.
b) Rights of mentally ill.
2. a) Explain the normal reaction and problems related to pregnancy and puerperium. How do you manage the problems?
b) Write a note on genetic counselling.

II. Write notes on: **(7 x 5 = 35)**

1. Psycho-immunology and its implications for psychiatric illness.
2. Cognitive development theory.
3. Manifestations of low self-esteem.
4. Critical pathway of care.
5. Individual therapy.
6. Mood stabilizer.
7. Yoga on mental health.

[LN 421]

OCTOBER 2018

Sub. Code: 2328

M.Sc. (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)

FIRST YEAR

PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. Define therapeutic communication. Function and purpose of nurse-patient communication. Types of nurse-patient relationship. Explain the therapeutic impasses and its management.
2. a) Stress adaptation model.
b) Extra-pyramidal symptoms.

II. Write notes on: **(7 x 5 = 35)**

1. Johari window.
2. Guided imagery.
3. Define and elaborate on anti-psychotics drugs.
4. What is progressive muscle relaxation therapy? Guidelines of muscle relaxation therapy.
5. Light therapy.
6. Lithium salts.
7. Members of mental health team.

[LO 421]

MAY 2019

Sub. Code: 2328

**M.Sc. (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)**

FIRST YEAR

PAPER IV – CLINICAL SPECIALITY – I

BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. Define Electro convulsive therapy. Write the nursing responsibility for pre, during and post ECT care.
2. Define psychiatric nursing and differentiate between medical and psychiatric assessment and explain in detail the psychiatric history taking as an important assessment.

II. Write notes on: **(7 x 5 = 35)**

1. Therapeutic techniques.
2. Peplau's nursing model.
3. Anti-anxiety agents.
4. Self concept.
5. Acupressure and Acupuncture.
6. Family therapy.
7. Concept mapping.

[LP 421]

OCTOBER 2019

Sub. Code: 2328

**M.Sc. (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)**

FIRST YEAR

**PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. Define behavior therapy. Explain the indications and techniques of behavior therapy.
2. Describe the ICD and conventional classification of Mental Disorders.

II. Write notes on: **(7 x 5 = 35)**

1. Implications of Immune response in mental illness.
2. Freud's Psycho-analytic Theory.
3. Psychological adaptation to stress.
4. Phases of Nurse-patient relationship.
5. Techniques of Assertive Behavior.
6. Development of Self-Esteem.
7. Anti-psychotic Drugs.

0[LQ 421]

**NOVEMBER 2020
(MAY 2020 SESSION)**

Sub. Code: 2328

**M.Sc. (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)**

FIRST YEAR

**PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. Explain the Importance of Therapeutic Nurse-Patient Relationship and its phases while caring Mentally ill patients, by applying the Peplau's Inter-Personal Theory.
2. Discuss the Psycho-Social Therapies used while treating the Mentally ill Patients.

II. Write notes on: **(7 x 5 = 35)**

1. Mental Health Act.
2. Erikson's Theory of Psycho-Social Development.
3. Psycho-Metric Assessment.
4. Stress Management.
5. Characteristics of Aggressive and Passive-Aggressive Behavior.
6. Psycho-Social Problems Related to Pregnancy.
7. Extra-Pyramidal Side Effects.

[MSCN 0321]

**MARCH 2021
(OCTOBER 2020 SESSION)**

Sub. Code: 2328

**M.Sc. (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)**

FIRST YEAR

**PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. What is Therapeutic Communication? Explain the Techniques and Barriers of Therapeutic Communication.
2. Define Stress and describe in detail the General Adaptation Syndrome and Transaction Model of Stress Adaptation.

II. Write notes on: **(7 x 5 = 35)**

1. National Mental Health Program.
2. Neurotransmitters.
3. Peplau's Theory of Interpersonal Relationship.
4. Biological Response of Stress.
5. Manifestations of Low Self-esteem and its Implication in Mental Illness.
6. Lithium Toxicity.
7. Normal Reaction of Women to Conception and Pregnancy.

[MSCN 0821]

**AUGUST 2021
(MAY 2021 SESSION)**

Sub. Code: 2328

**M.Sc. (Nursing) DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)**

FIRST YEAR

**PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. Define stress. Explain psychological adaptation to stress. Demonstrate the psychiatric nurse in management of stress.
2. Define therapeutic communication. Explain the nurse – patient relationship with techniques involved.

II. Write notes on: **(7 x 5 = 35)**

1. Challenges and scope of psychiatric nursing.
2. Psycho immunology and its implications.
3. Assertive and non assertive behaviour.
4. Behaviour therapy.
5. Barriers of communication.
6. Touch therapy.
7. Status examination.

THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY

[MSCN 0522]

**MAY 2022
(OCTOBER 2021 SESSION)**

Sub. Code: 2328

**M.Sc. NURSING DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)**

**FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. a) Define Mental Health and discuss the Continuum of Mental Health – Mental Illness.
b) Describe the Characteristics of a Mentally Healthy Individual.
2. a) Discuss the Psychiatric Problems related to Conception, Pregnancy and Puerperium and its Nursing Management.
b) Explain the Assertive Techniques used for Personal and Professional Practices.

II. Write notes on: **(7 x 5 = 35)**

1. Neurotransmitters.
2. Interpersonal Theory.
3. Milieu Therapy.
4. Side effects of Anti-psychotics.
5. Contemporary Role of Nurse
6. Postpartum Depression.
7. Mental Health Act.

THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY

[MSCN 1022]

**OCTOBER 2022
(MAY 2022 EXAM SESSION)**

Sub. Code: 2328

**M.Sc. NURSING DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)**

**FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1.
 - a) Define Personality.
 - b) Enumerate the types of personality developmental theory.
 - c) Explain in detail on Erick Erikson's Psychosocial development theory.

2.
 - a) Describe briefly about anti depressant drugs.
 - b) Discuss the role of nursing in administration of drugs to mentally ill patients.

II. Write notes on: **(7 x 5 = 35)**

1. Role of Herbal Medicines in Health.
2. Autonomic Nervous System.
3. Barriers of Communication.
4. Neurological Assessment.
5. Genetic Counselling.
6. Cognitive Therapy.
7. Mood Stabilizer.

THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY

[MSCN 0523]

MAY 2023

Sub. Code: 2328

(OCTOBER 2022 EXAM SESSION)

M.Sc. NURSING DEGREE EXAMINATION

(Regulations for candidates admitted from 2011-2012 Sessions onwards)

FIRST YEAR

PAPER IV – CLINICAL SPECIALITY – I

BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Describe the concepts of Psychobiology in Mental disorders and its implications for Psychiatric Nursing.
2. Define Self-esteem. Discuss about the development of Self-esteem and the role of a Nurse to promote Self-esteem of clients with manifestations of Low Self-esteem.

II. Write notes on:

(7 x 5 = 35)

1. Techniques of Therapeutic Communication.
2. National Mental Health program.
3. Mental Illness classification.
4. Assertive Communication.
5. Family Therapy.
6. Mood Stabilizer.
7. Marital Counselling.

THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY

[MSCN 0923]

**SEPTEMBER 2023
(MAY 2023 EXAM SESSION)**

Sub. Code: 2328

**M.Sc. NURSING DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)**

**FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. a) Define Nursing Process.
b) Discuss about the Assessment and write the role of a Nurse in caring for clients with Mental Disorders.
2. a) Define Personality.
b) Discuss the Sullivan's Interpersonal theory of personality development and its relevance to Nursing.

II. Write notes on: **(7 x 5 = 35)**

1. Premarital counselling.
2. Autonomic Nervous System.
3. Pet therapy.
4. Bio-feed Back.
5. Human Rights of Mentally ill.
6. Thought stopping techniques.
7. Antipsychotics.

THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY

[MSCN 1223]

**DECEMBER 2023
(OCTOBER 2023 EXAM SESSION)**

Sub. Code: 2328

**M.Sc. NURSING DEGREE EXAMINATION
(Regulations for candidates admitted from 2011-2012 Sessions onwards)**

**FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. a) Define Stress.
b) Explain stress as a biological response and environmental event.
c) Apply the nursing theory in stress management.
2. a) Define behavior therapy.
b) Explain the indications and techniques of behavior therapy.

II. Write notes on: **(7 x 5 = 35)**

1. Electro convulsive therapy.
2. Challenges of Psychiatric Nurse.
3. Group therapy.
4. Occupational therapy.
5. Uses of yoga in mental health.
6. Theory of object relations.
7. Rights of mentally ill.

THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY

[MSCN 0724]

**JULY 2024
(MAY 2024 EXAM SESSION)**

Sub. Code: 2328

**M.Sc. NURSING DEGREE EXAMINATION
(Regulations for the candidates admitted from the A.Y. 2011-2012 onwards)**

FIRST YEAR

**PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three Hours

Answer ALL Questions

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. Define Self-esteem, discuss the importance of promoting self-esteem, its manifestations for suicidal clients admitted in psychiatric wards.
2. Discuss Personality, explain about the Cognitive Development theory and its relevance to Mental Health Nursing Practice.

II. Write notes on: **(7 x 5 = 35)**

1. Standards of psychiatric nursing.
2. Neurotransmitters.
3. Johari window.
4. Mental Status examinations.
5. Implication of Immune response in Mental illness.
6. Critical pathways of care.
7. Sedatives.

THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY

[MSCN 0525]

MAY 2025

Sub. Code: 2328

**M.Sc. (NURSING) DEGREE EXAMINATION
(Regulations for candidates admitted from A.Y. 2011-2012 onwards)**

FIRST YEAR

**PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three Hours

Answer ALL Questions

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. Define Electro Convulsive Therapy. Discuss about the Nurse's responsibilities before during and after ECT.
2. Discuss briefly normal reaction and problems related to Pregnancy and Puerperium. Write a Nursing care plan for Mrs. X diagnosed as Post-Partum Depression.

II. Write notes on: **(7 x 5 = 35)**

1. Psychometric Assessment.
2. Anxiolytic agents.
3. National Mental Health Programme.
4. Individual therapy.
5. Herbal Medicine.
6. Guided imagery.
7. Neuro Psychiatric disorders.

THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY

[MSCN 1125]

**NOVEMBER 2025
(OCTOBER 2025 EXAM SESSION)**

Sub. Code: 2328

**M.Sc. (NURSING) DEGREE EXAMINATION
(Regulations for candidates admitted from A.Y. 2011-2012 onwards)**

**FIRST YEAR
PAPER IV – CLINICAL SPECIALITY – I
BRANCH V – MENTAL HEALTH (PSYCHIATRIC) NURSING**

Q.P. Code: 302328

Time: Three Hours

Maximum: 75 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. a) List down the multi-disciplinary team members and discuss the role of members in the team.
b) Explain Mental Health Act in detail.
2. a) What is a Neuroleptic drug and list down the classification and describe the mechanism of action with its side effects.
b) Explain role of a Nurse in administration of Neuroleptics and antidepressant drug.

II. Write notes on: **(7 x 5 = 35)**

1. Differentiate Assertiveness and Aggressive behaviour.
2. Legal issues related to Mental Health Nursing.
3. Johari window.
4. Application of neuroendocrinology in psychiatric nursing.
5. Family therapy.
6. Erikson's Theory of Psycho Social Development.
7. Unani.
